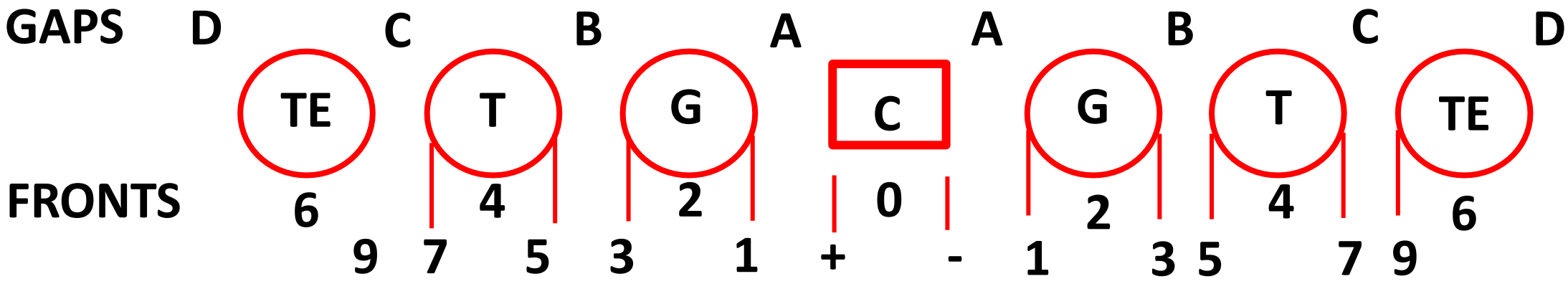
ITALIAN FOOTBALL LEAGUE 2

FEDERAZIONE ITALIANA FIDAF DI AMERICAN FOOTBALL

DEFENSE season 2027



D LINE FRONTS ALIGNMENTS



WRISTBAND



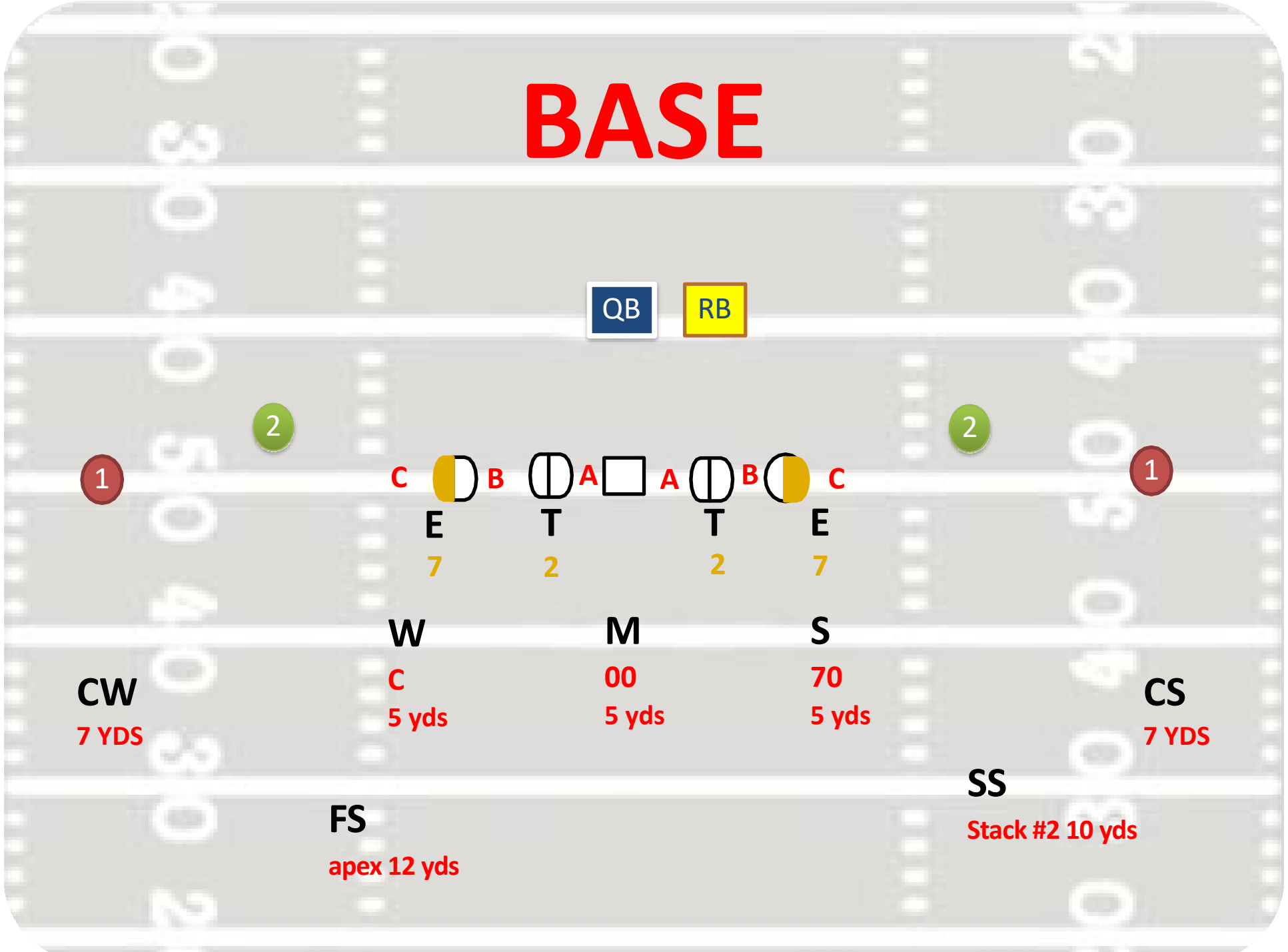
4 - 3 SHOW 2 SAFETY

FRONT				STUNTS		BLITZES		COVERAGES		
B	O	D	E	1	STRIKE	1	MAX	RED	0	JAM/LOCK/PRESS
A	D	U	A	2	AWAY	2	SAX	GREEN	2	JAM/LOCK/PRESS
S	D	K	G	3	PINCH	3	WAX	GOLD	2 MAN	*VS TE/SNIFFER*
E		E	L	4	DIVIDE	4	FUN	BLUE	3	
			E		FULL STRONG	5	SUN	PURPLE	4	
					FULL WEAK		CRUSH	LIME	4 READ	
7	7	7	9		CROSS STRONG		SNAKE	SILVER	5	
2	0	1	3		CROSS WEAK		STORM	NO CHECK TRIPS		
2		3	3		TOX	ARROW 3-3		FIRE 6-1		
7	7	7	9		TWIST	ARROW 707 + BK A-B STRG		FIRE 7 3 AA 3 7		
CLOCK				DA 42 A 43		ROCKET 707 + BK C STRG		SIX 73AA37 blitz MW		
HOP				DA 34 A 43		AXE 707 + BK C STRG BLITZ B ST		X 73AA37 blitz inv MW		
SKIP				DA 43 A 34		BOOM 707 + BK C STRG WILL C WEAK				

FRONTS

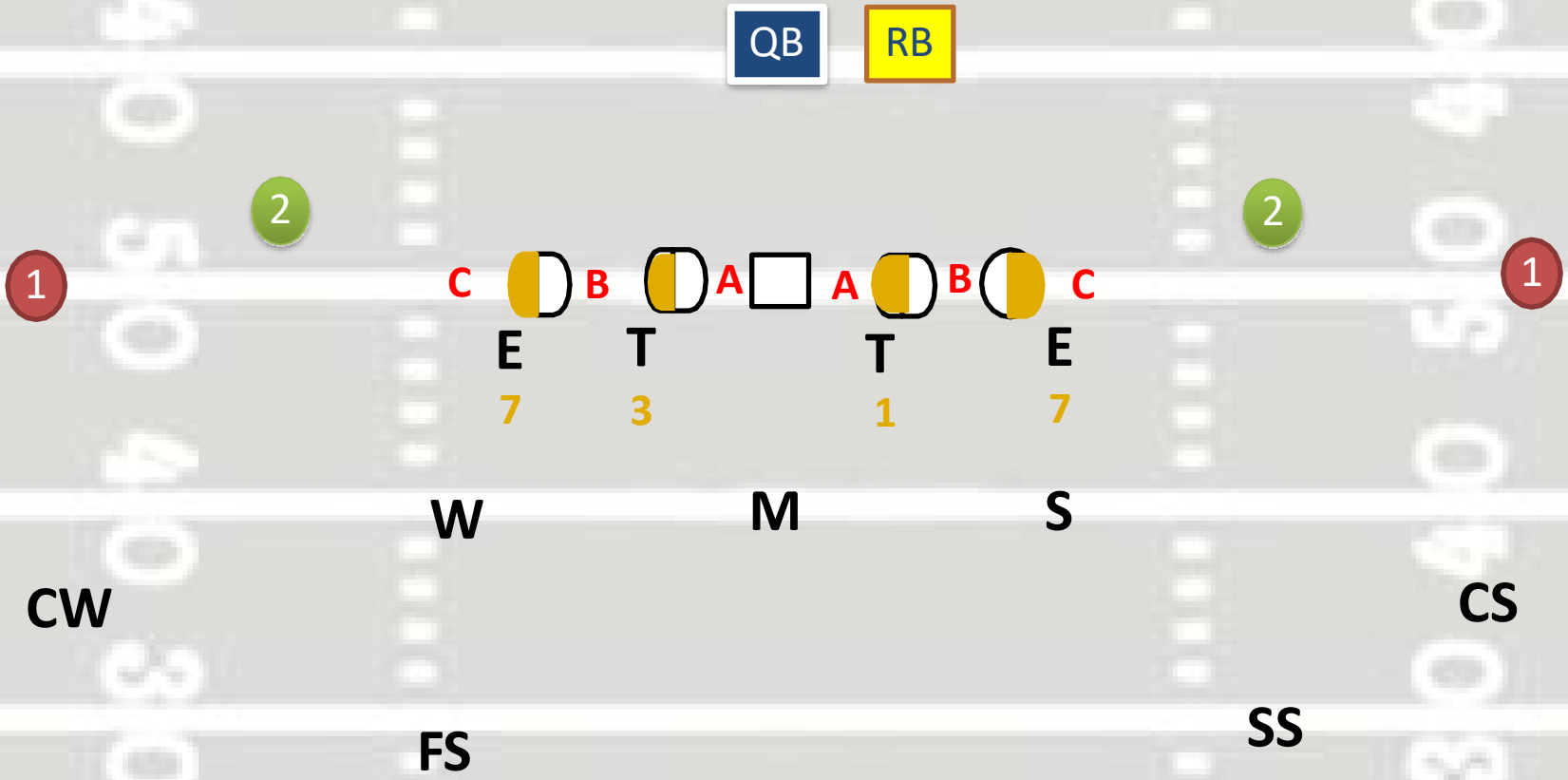


BASE


QB
RB
2
1
2
1
C
B
A
A
B
C
E
T
T
E
7
2
2
7
W
M
S
C
00
70
5 yds
5 yds
5 yds
CW
7 YDS
CS
7 YDS
FS
apex 12 yds
SS
Stack #2 10 yds

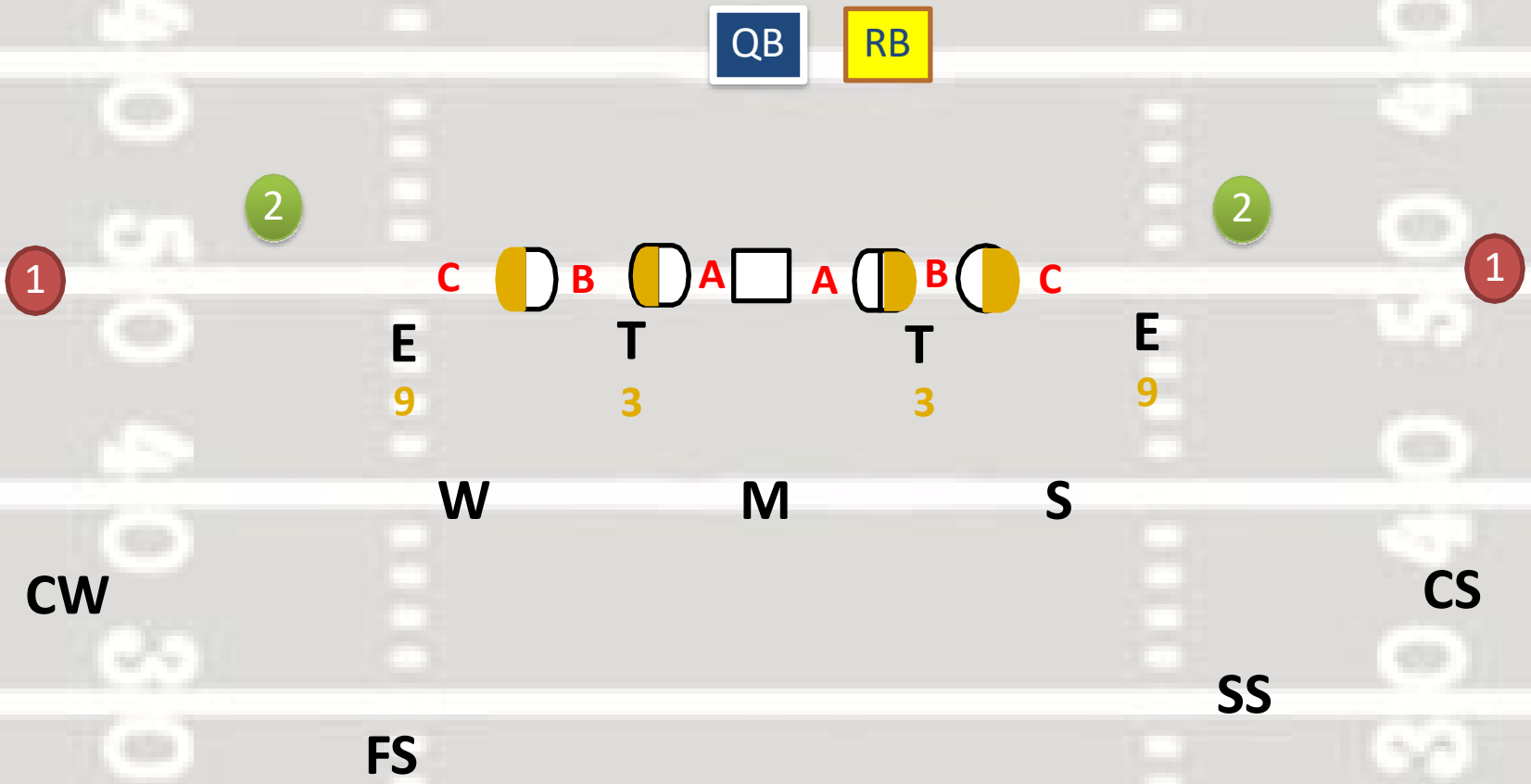


DUKE





EAGLE





ODD

QB RB

1 2 C B A A B C 2 1

E 7 N 0 E 7

W Apex 5 yds M 20 S 20 R Apex 5 yds

CW 8 YDS CS 8 YDS

FS hash 13 yds SS hash 13 yds

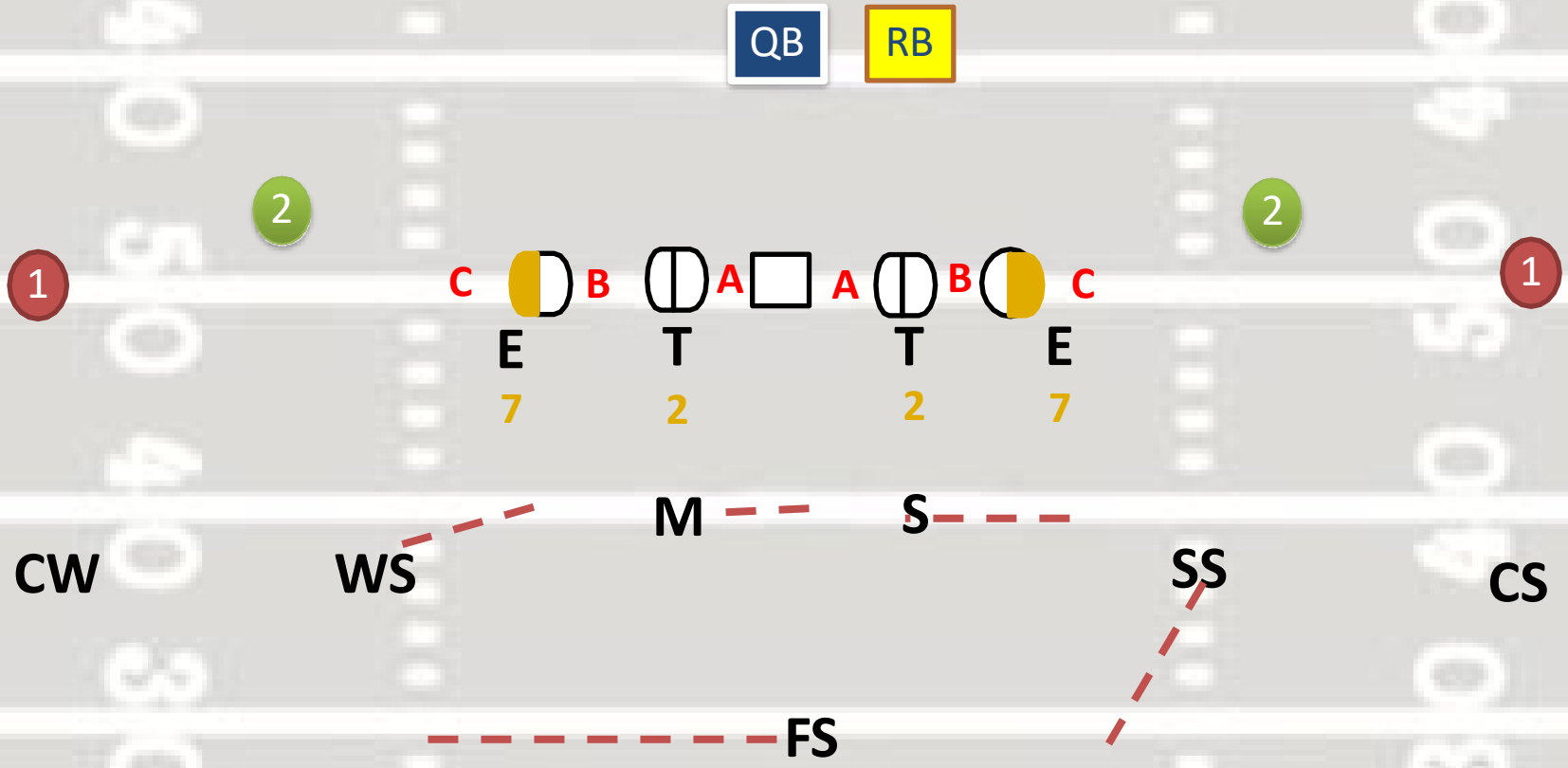
SHOW





CLOCK

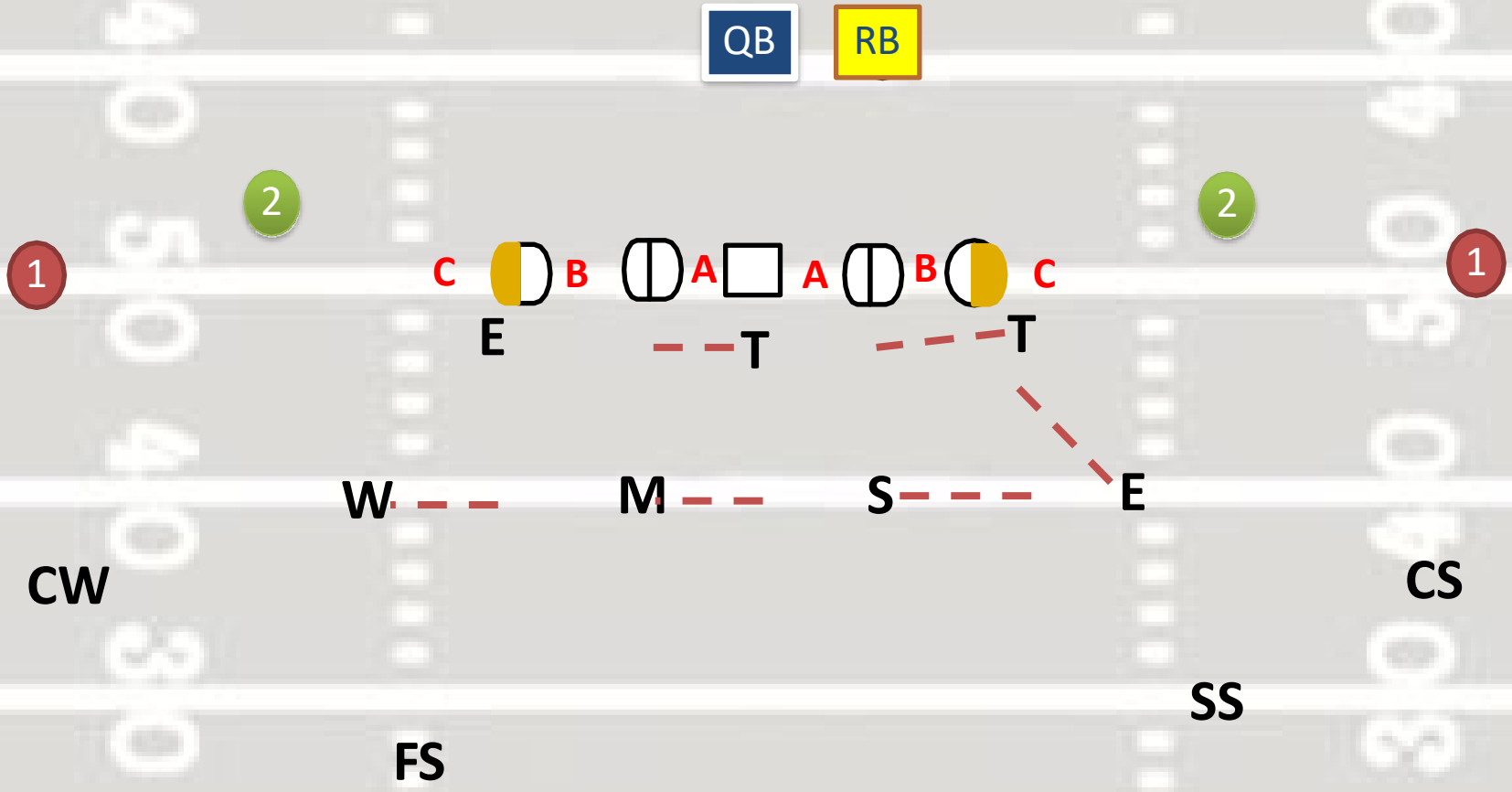
OLD 4-2 to NEW BASE 4-3





HOP

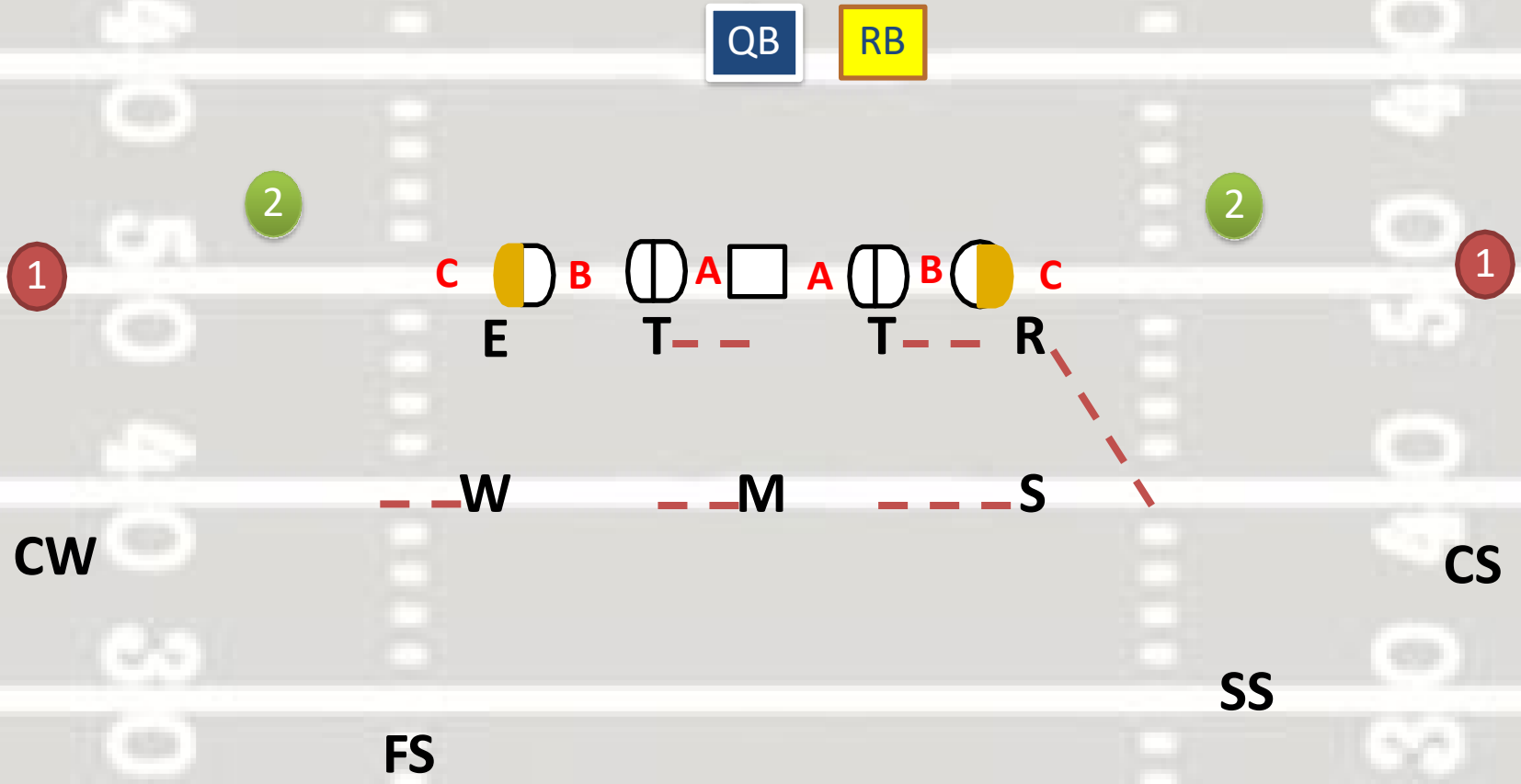
ODD 3-4 to NEW BASE 4-3





SKIP

NEW BASE 4-3 to ODD 3-4

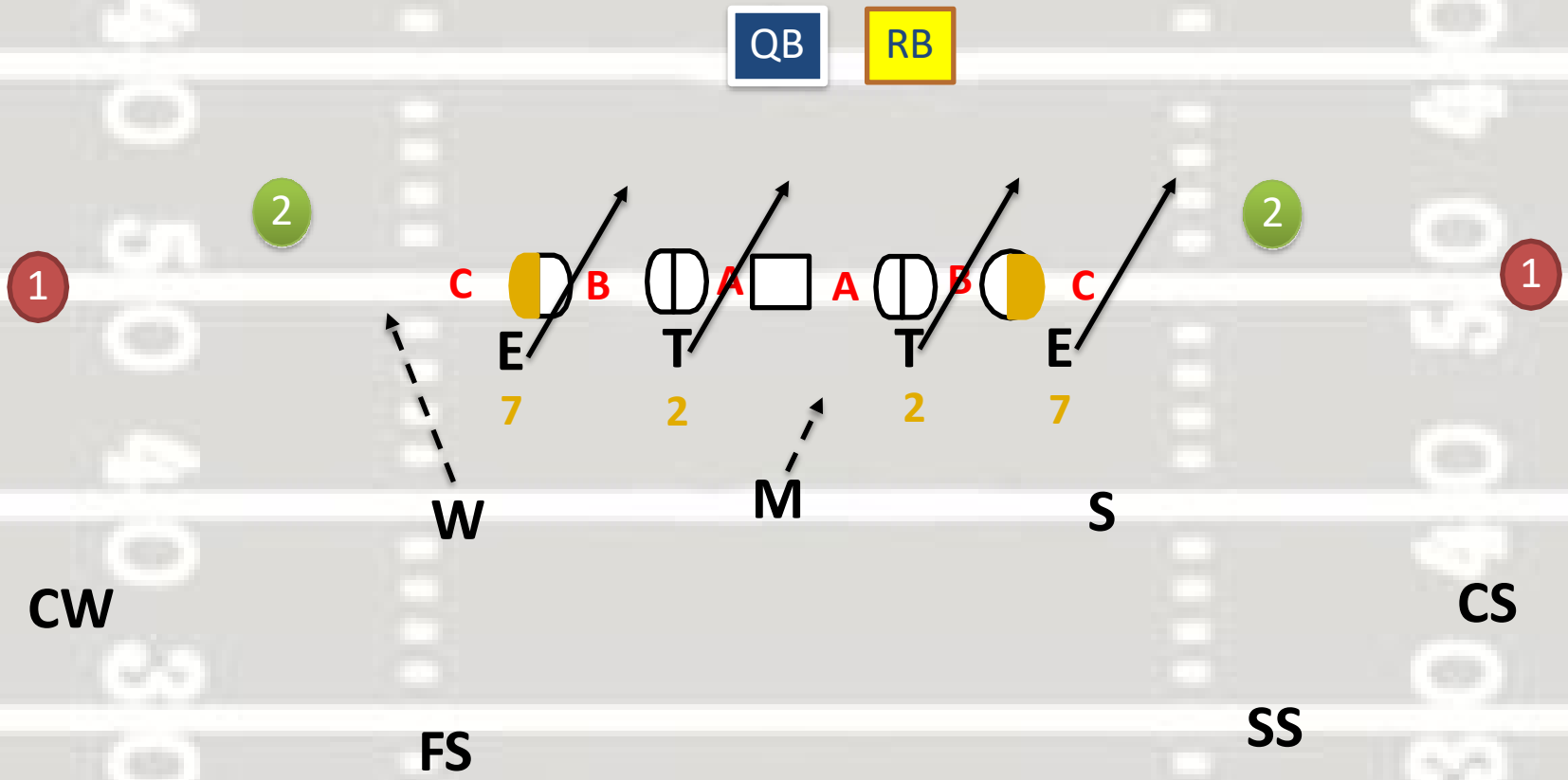


STUNTS



1

STRIKE



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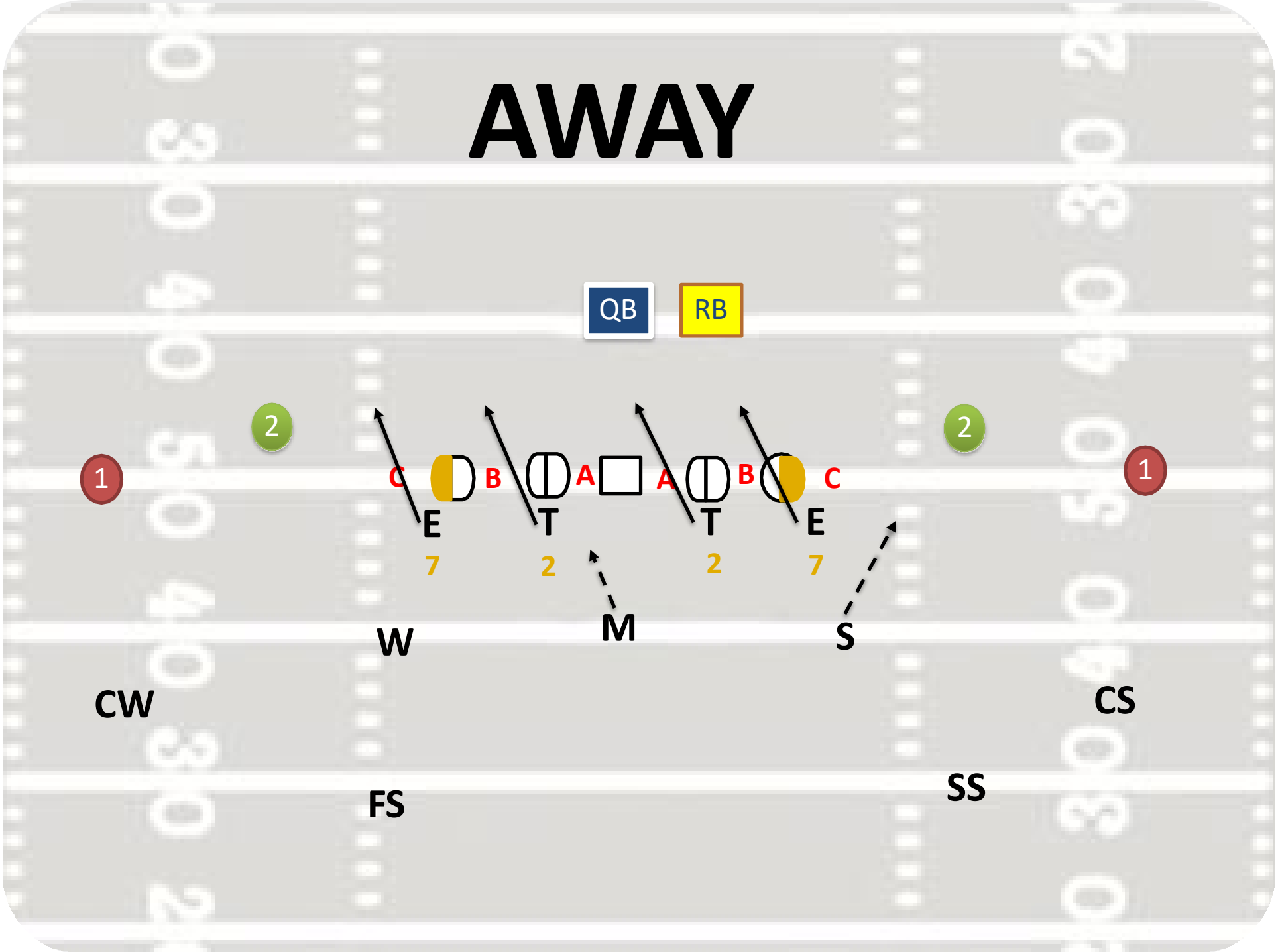
AWAY



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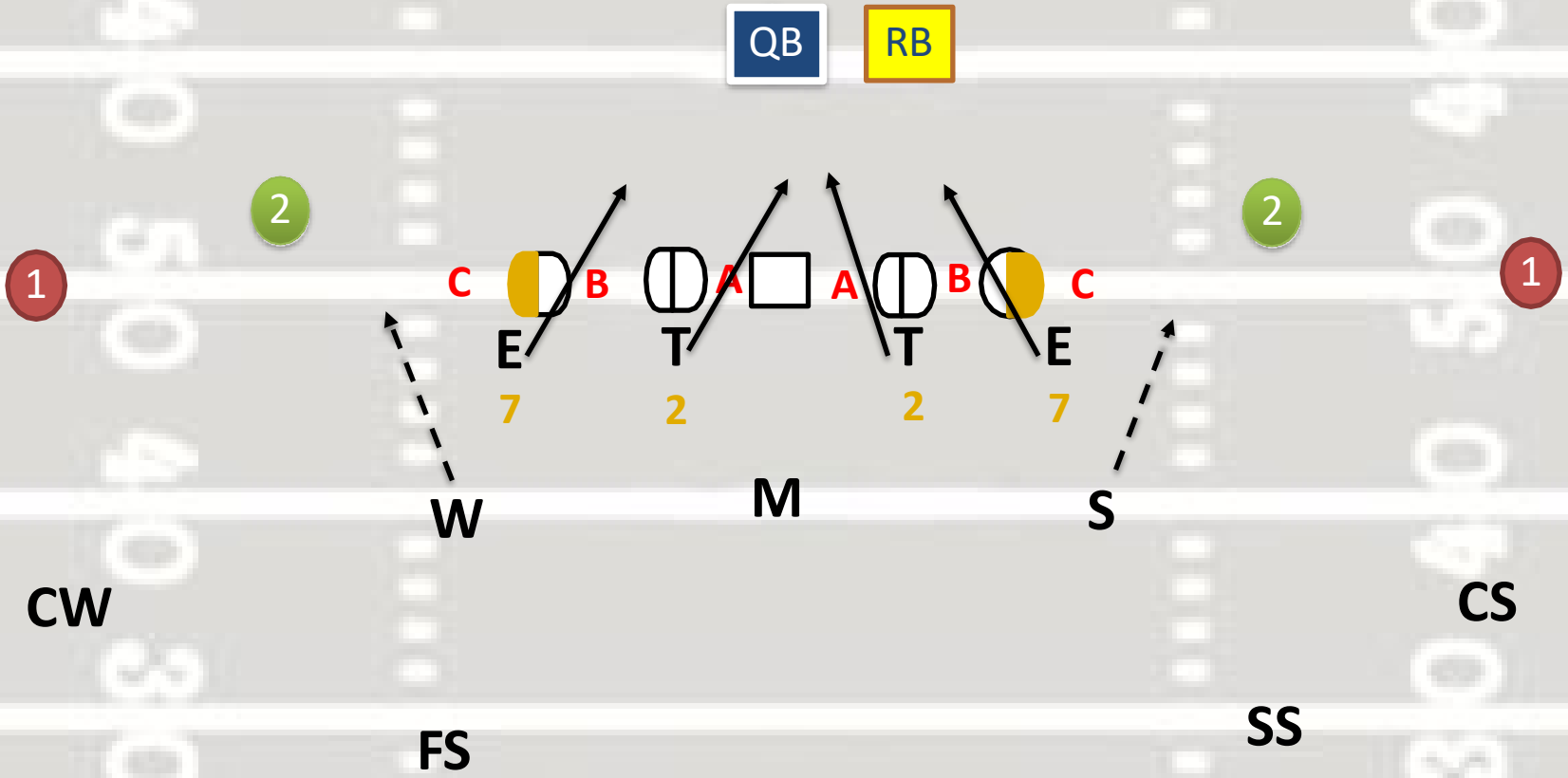
PINCH



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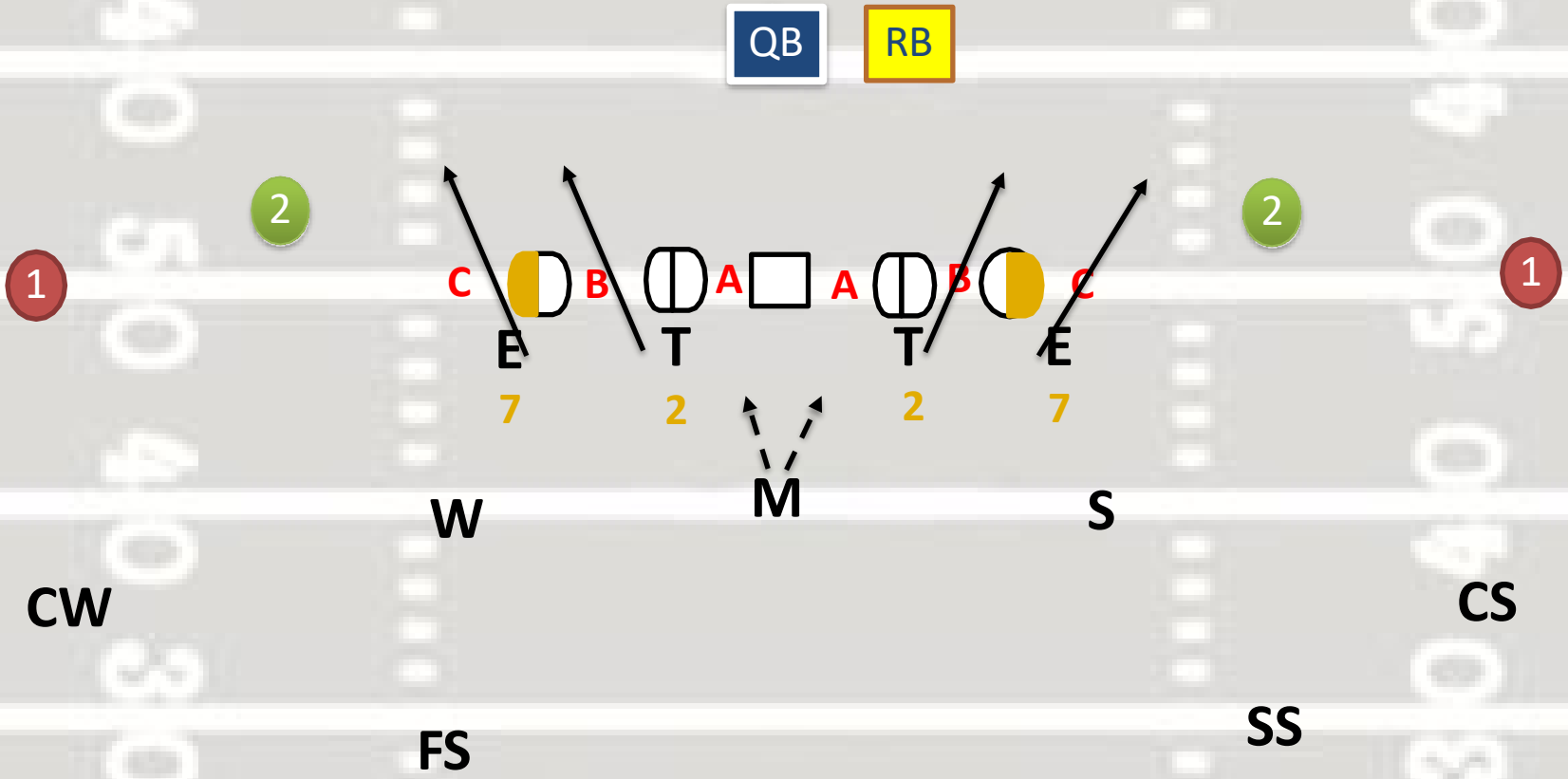
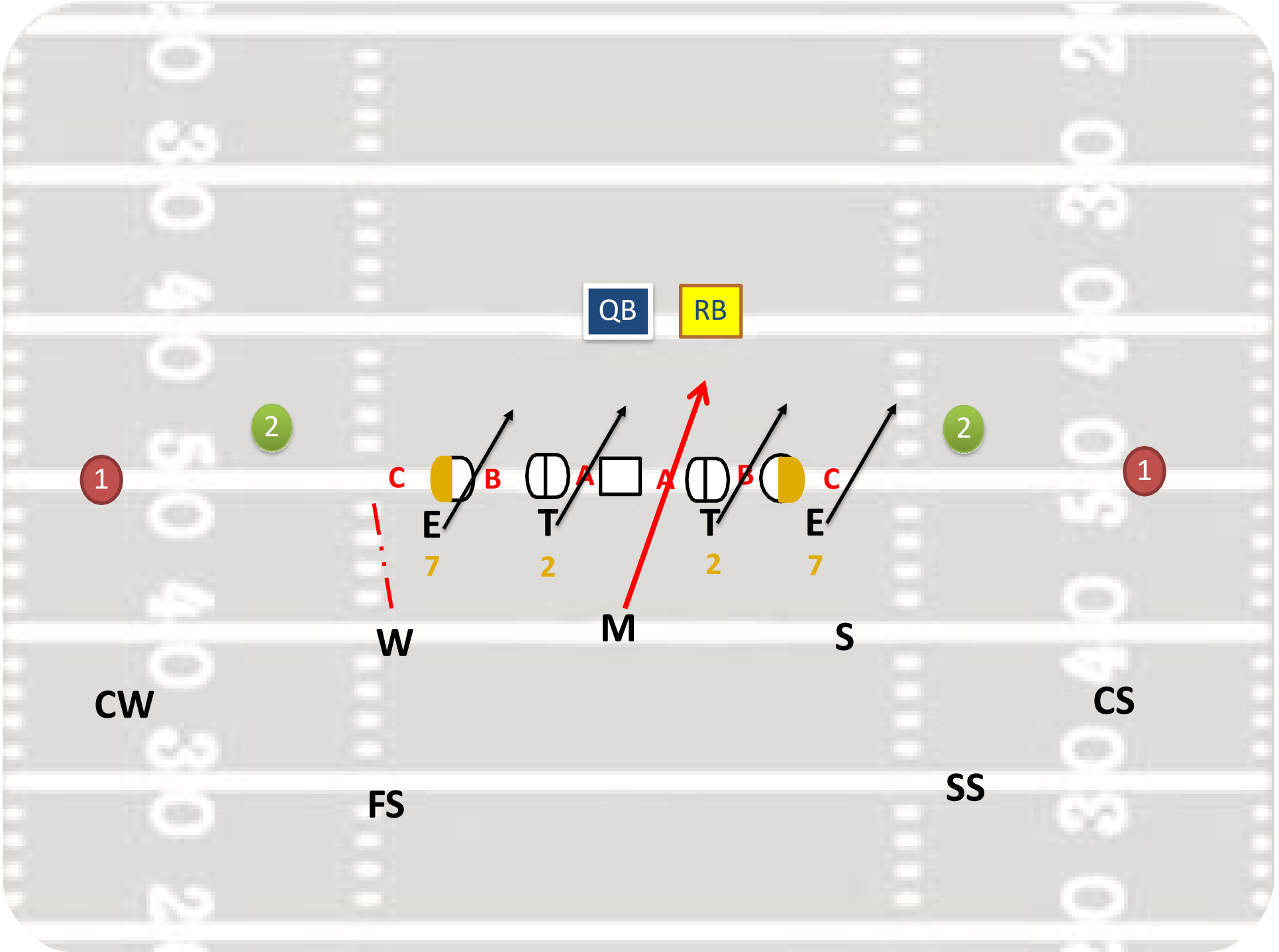
DIVIDE



COMBO STRIKE



11



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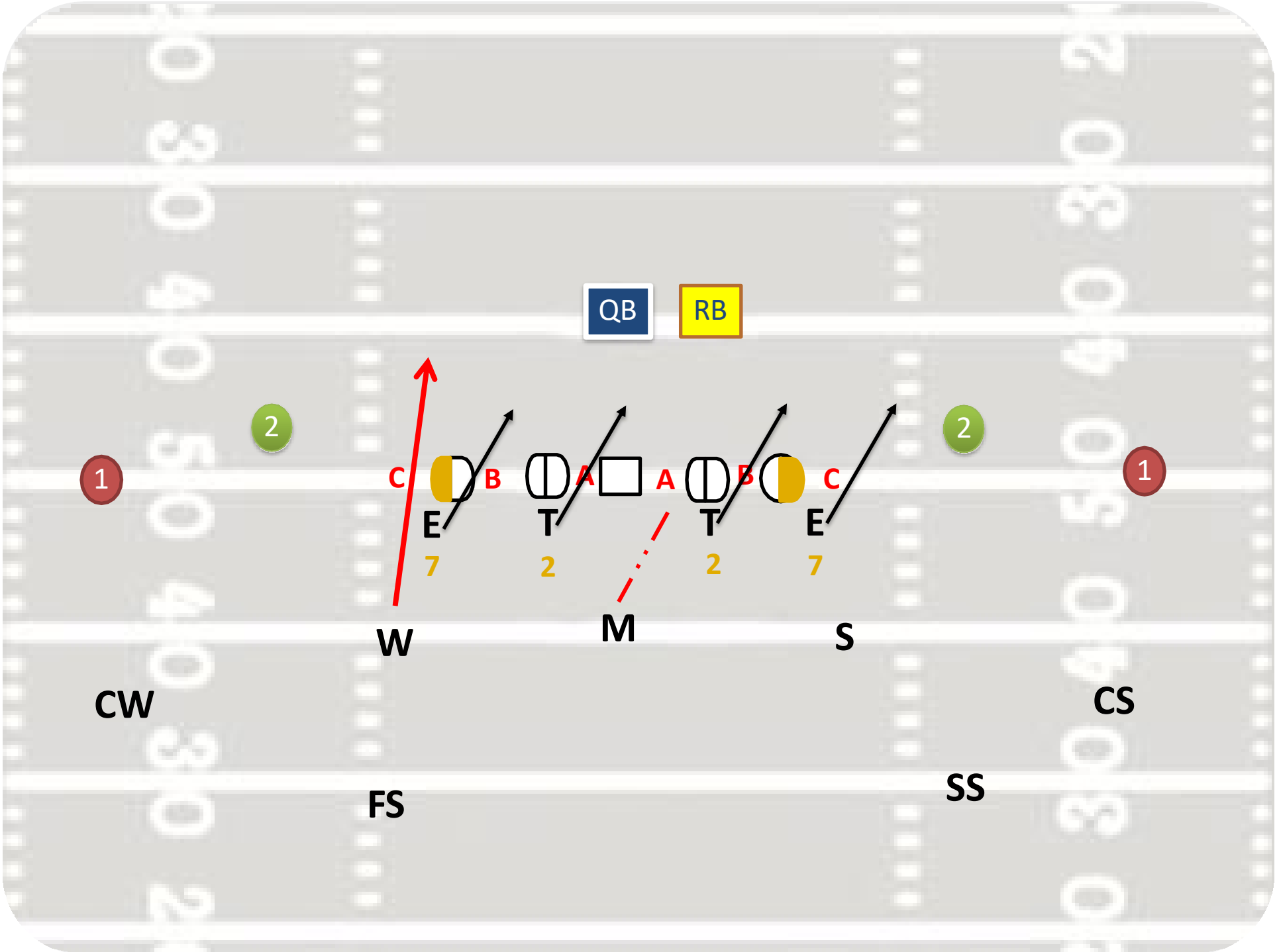
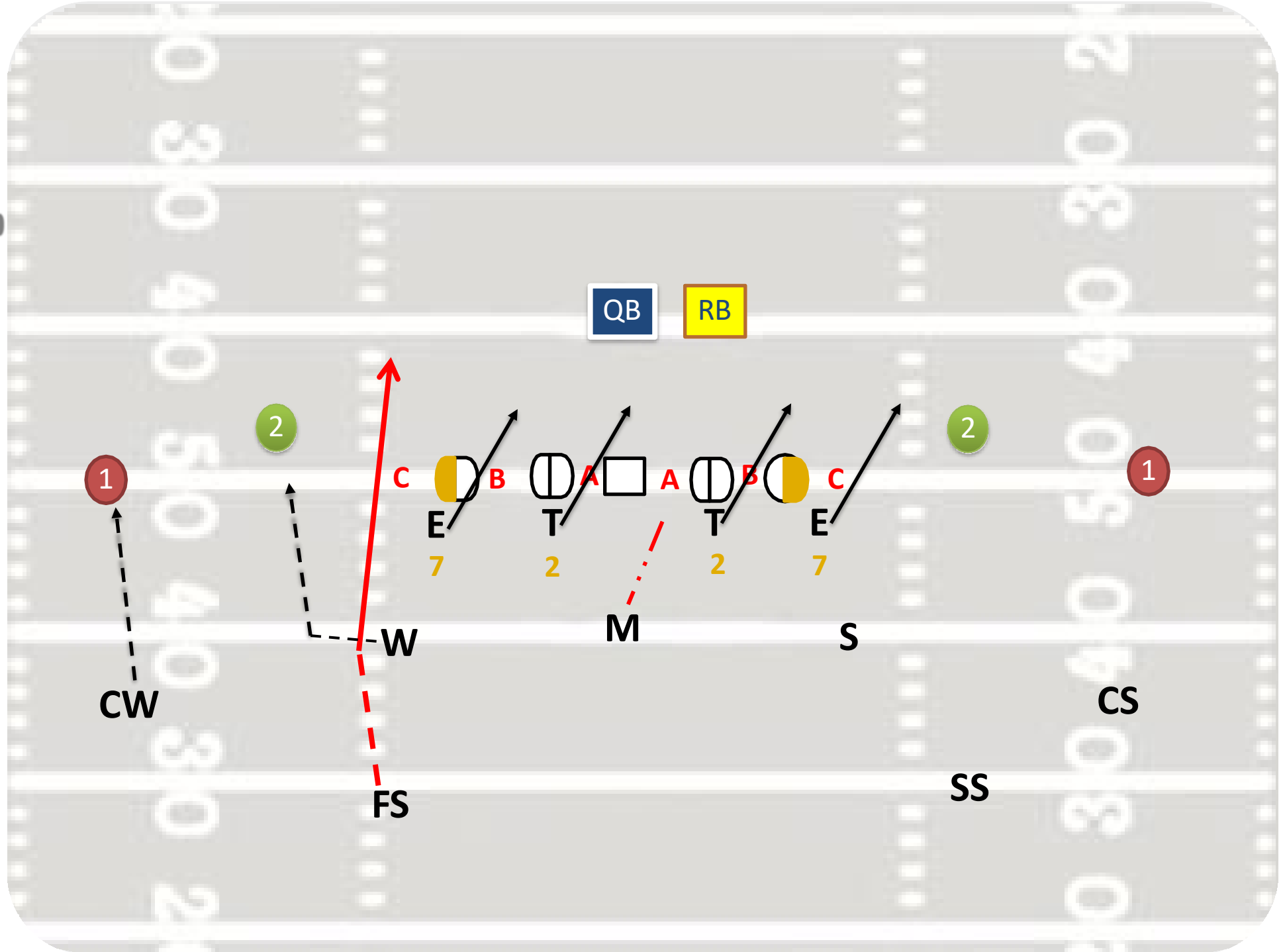


14

GOLD

2MAN



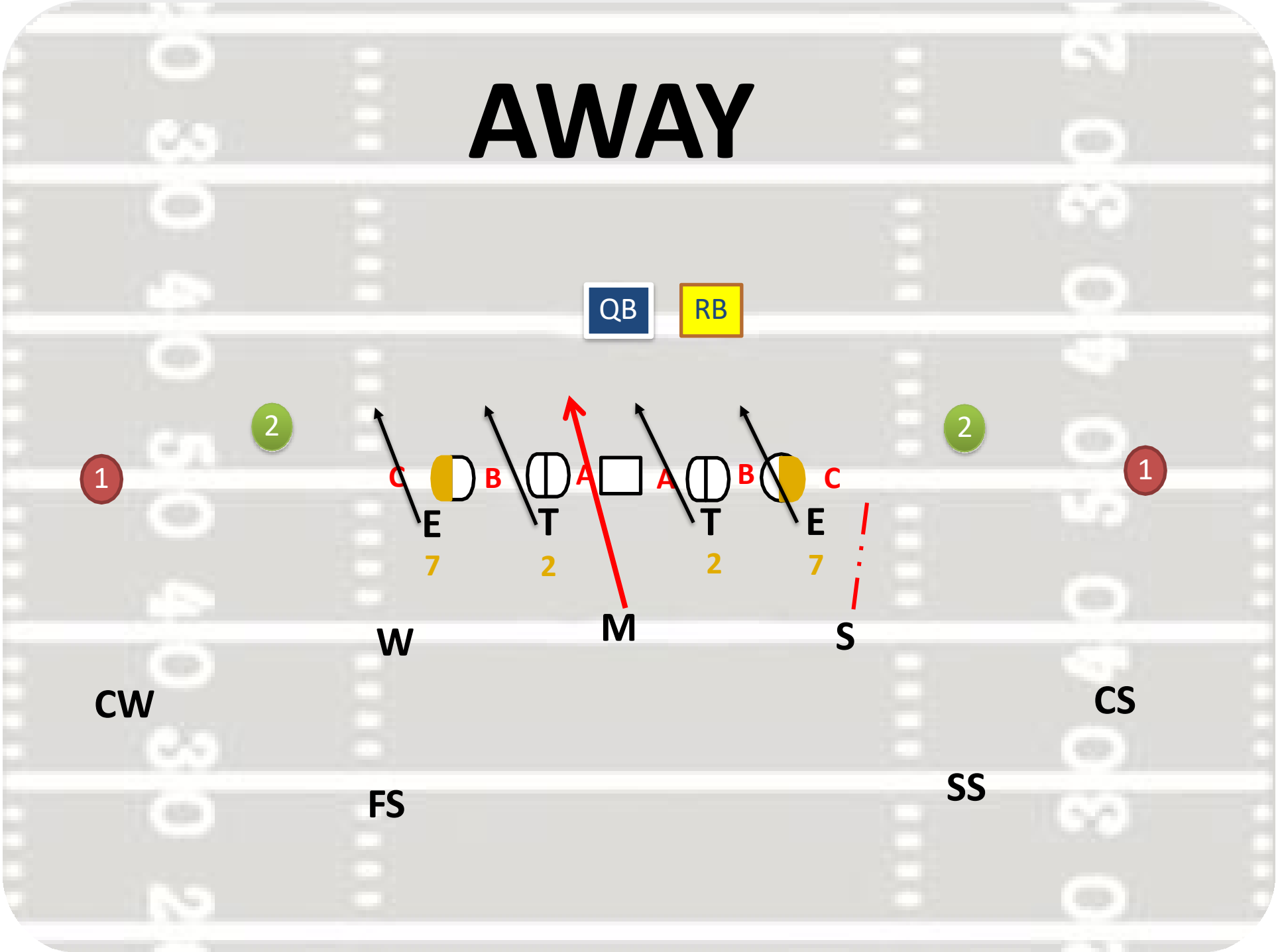
COMBO

AWAY



21

AWAY



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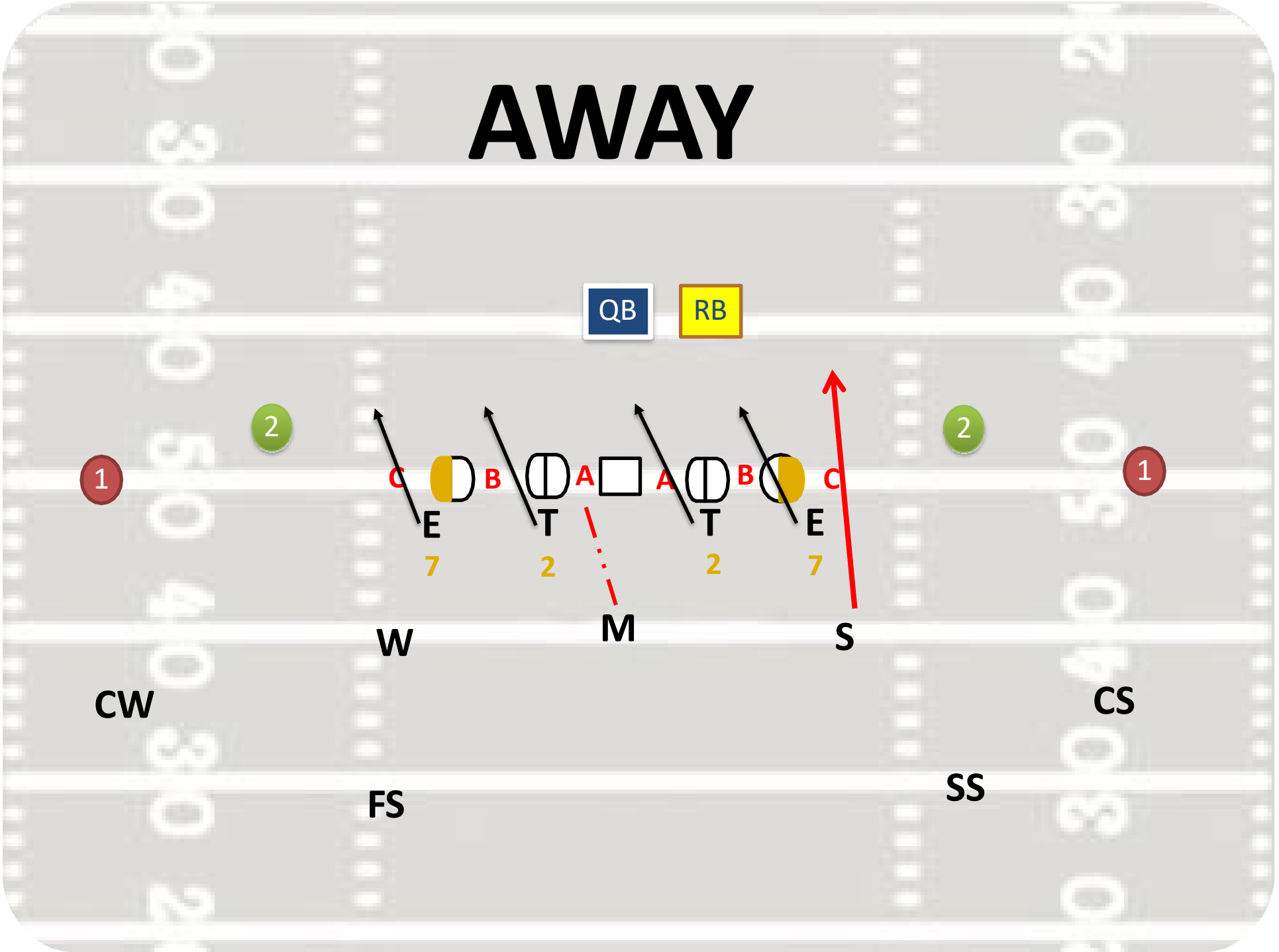
AWAY

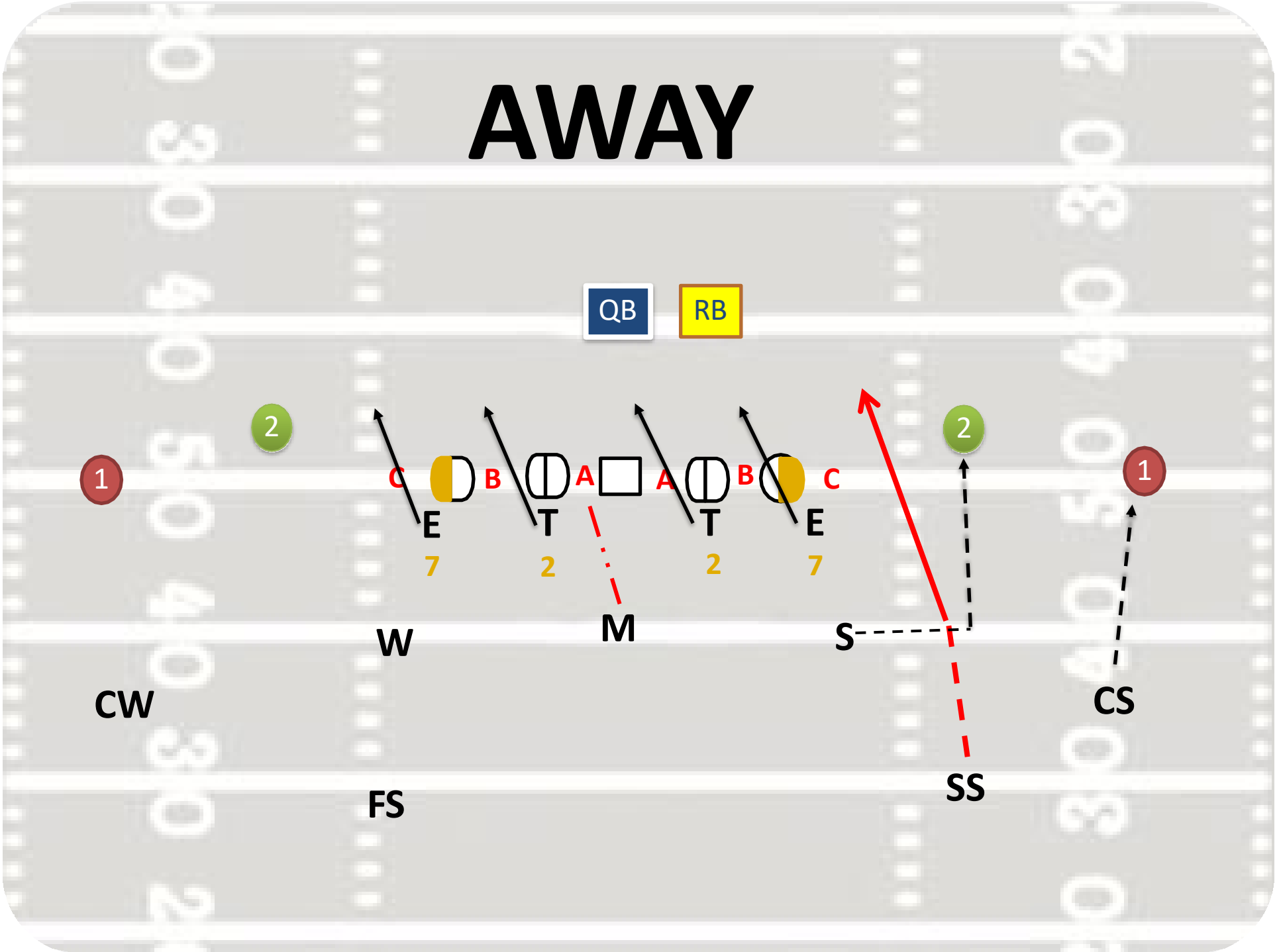


25

GOLD

2 MAN

AWAY

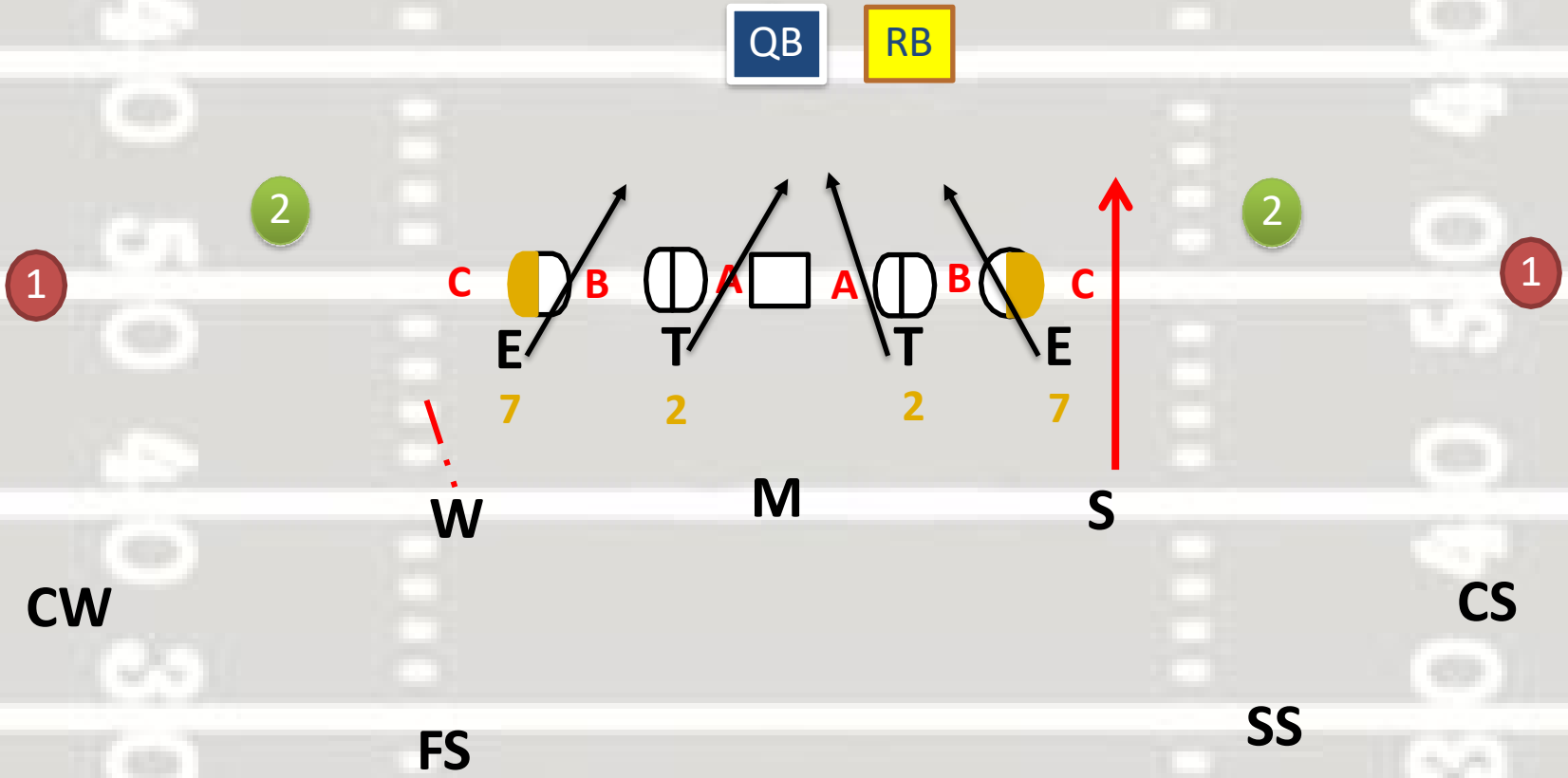


COMBO PINCH



32

PINCH



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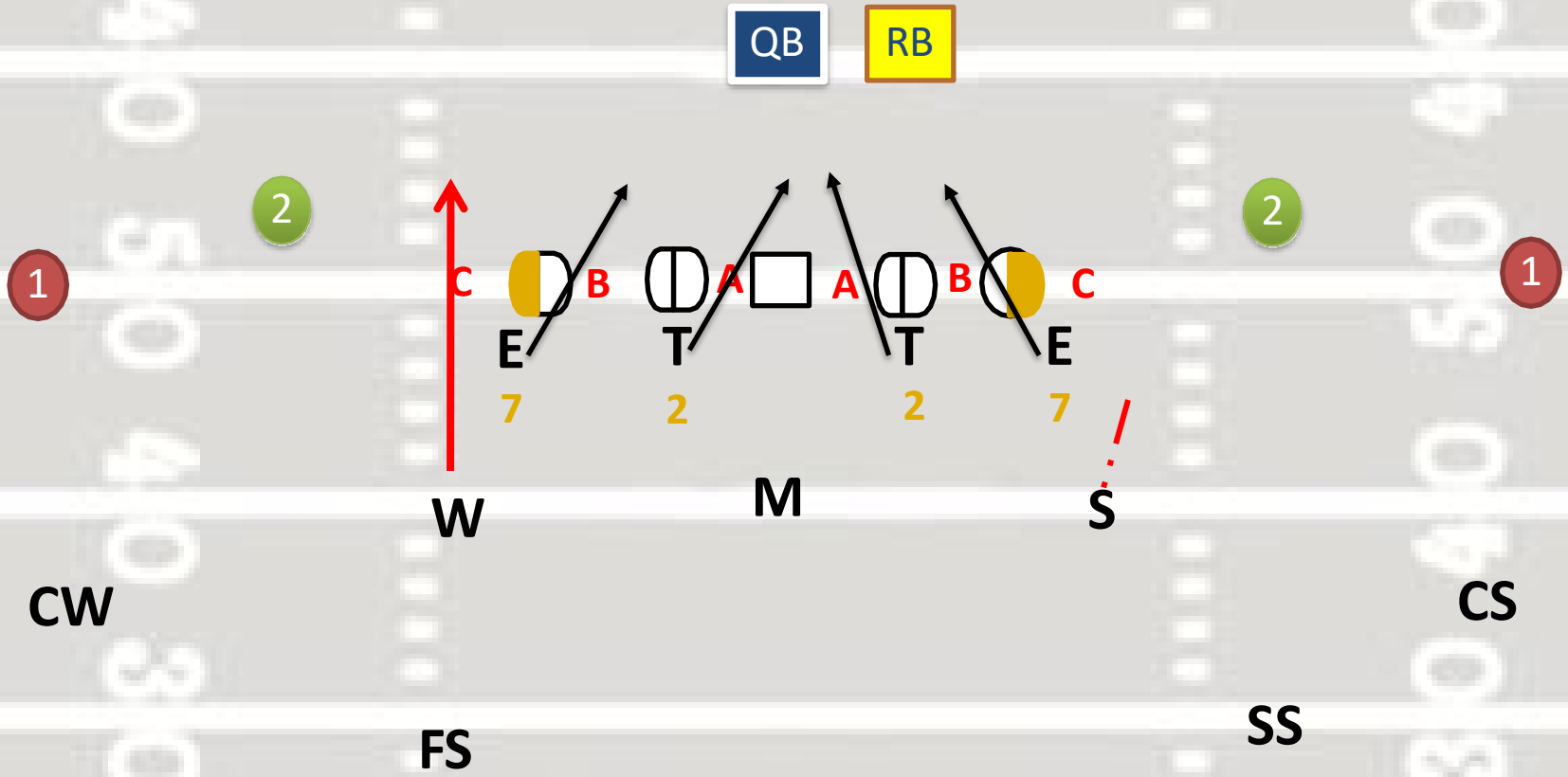
PINCH

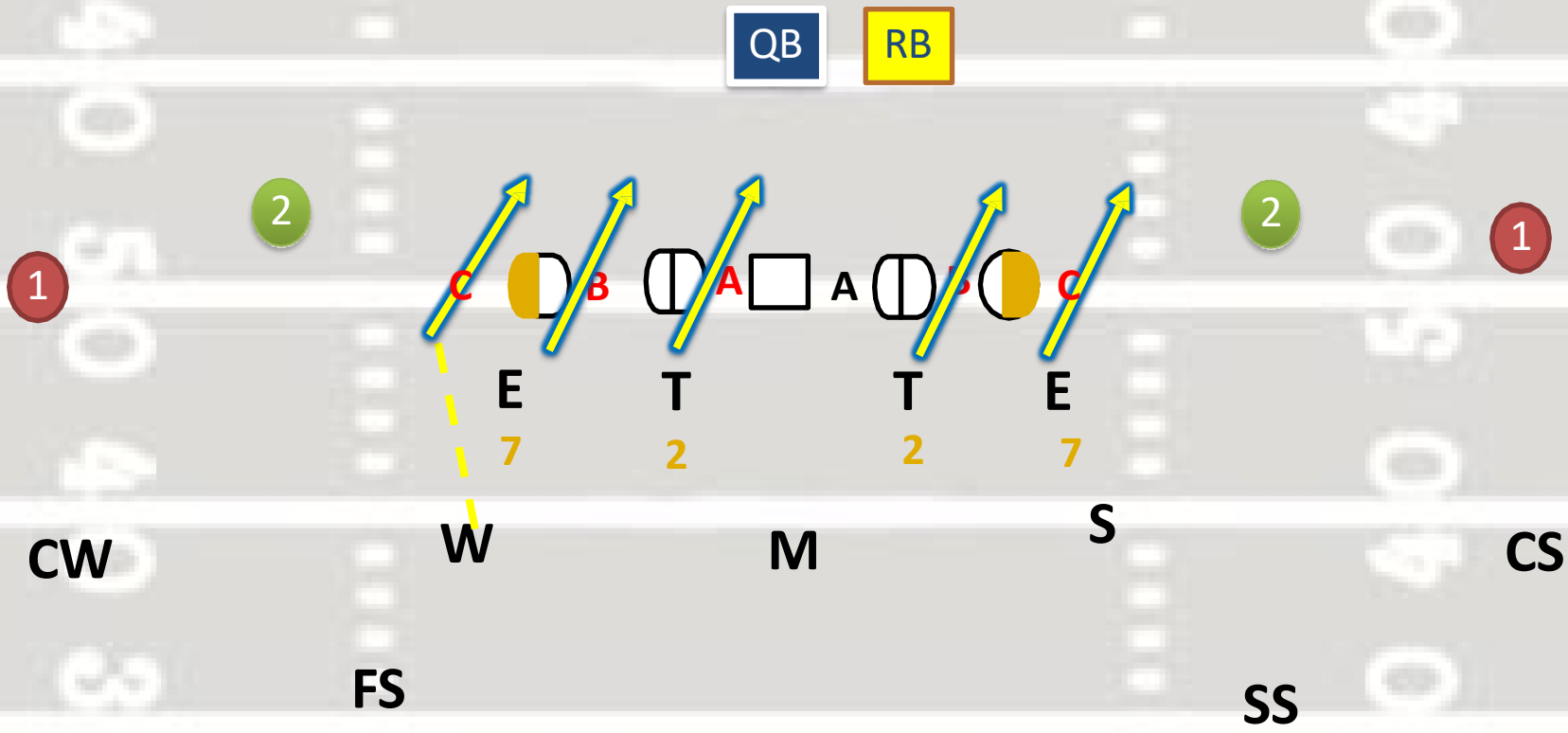


POWER STUNTS



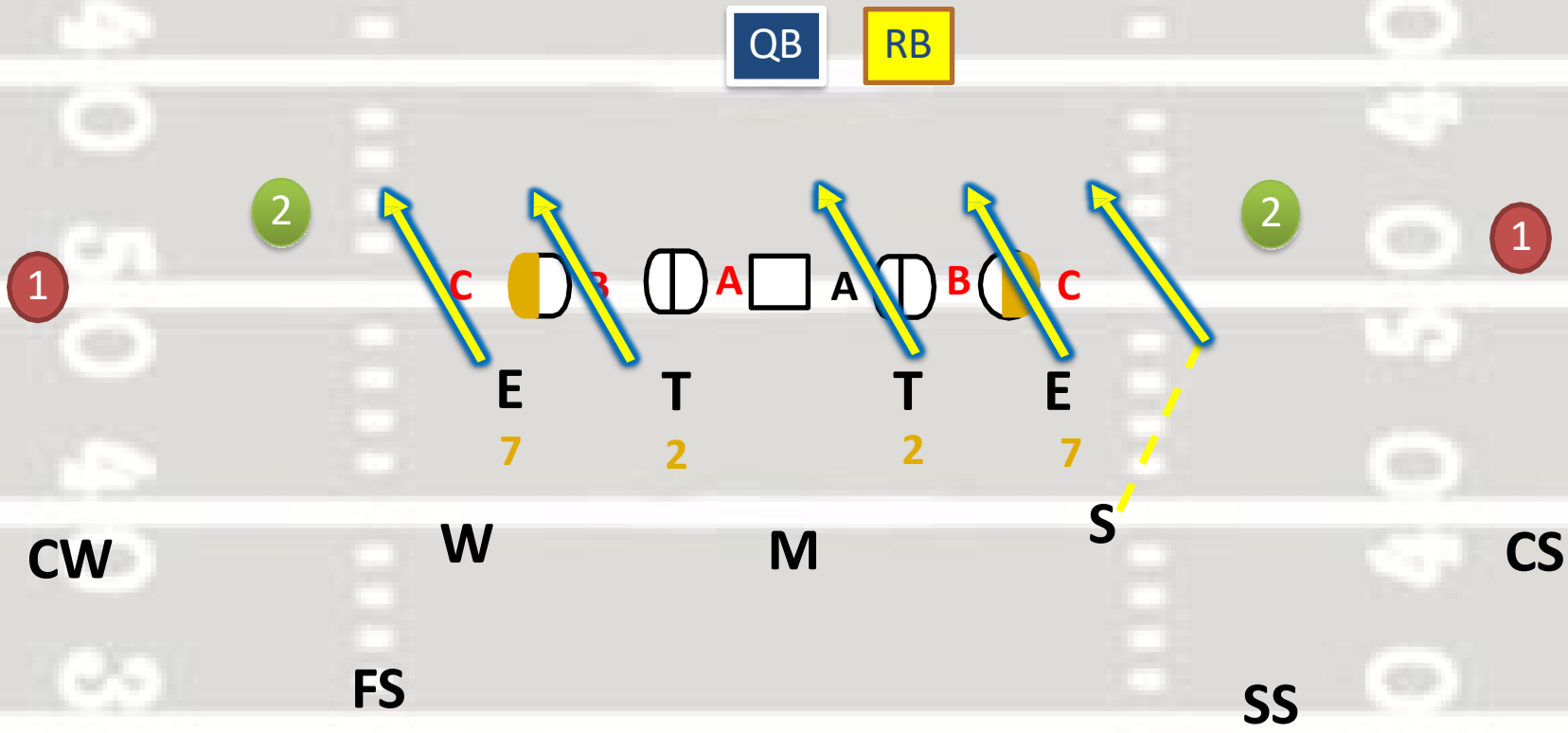


FULL STRONG





FULL WEAK





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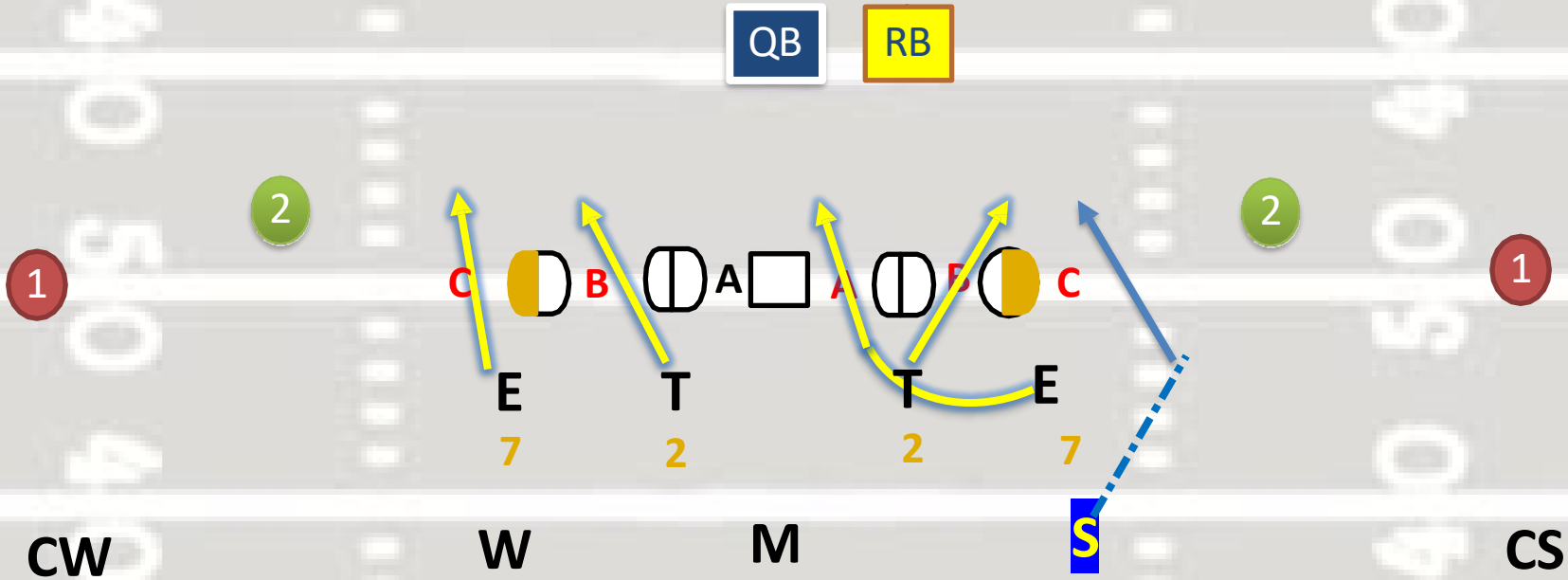
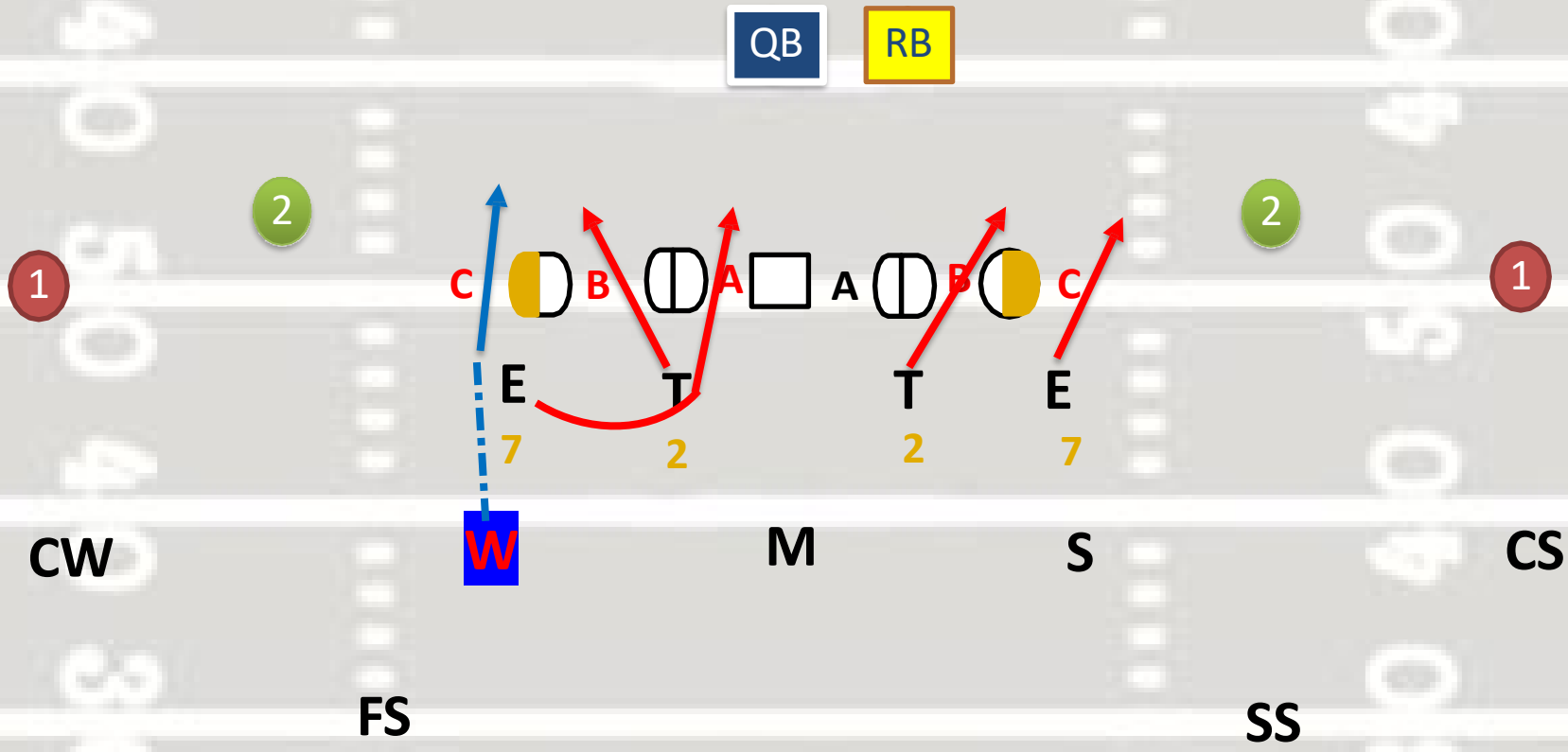


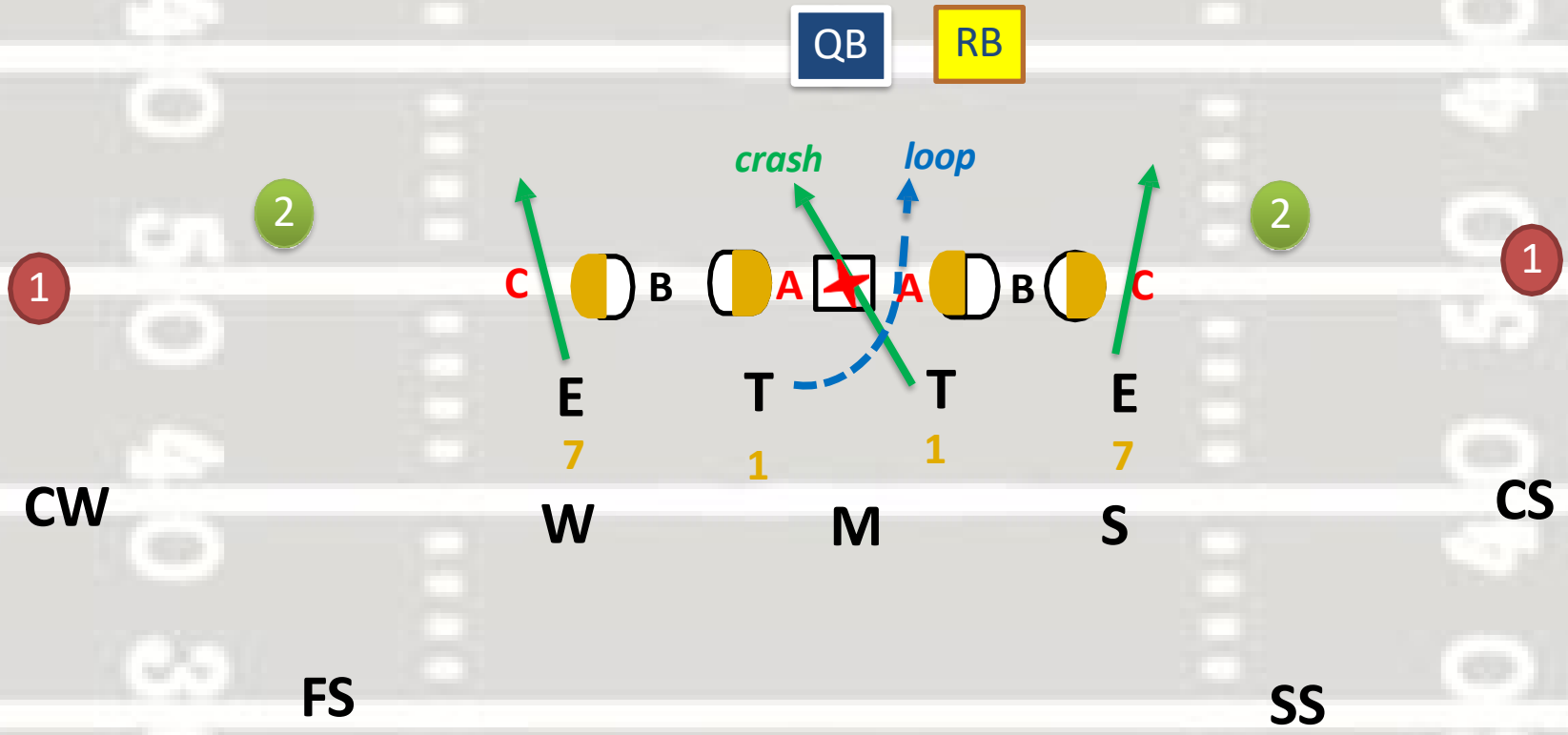


CROSS WEAK



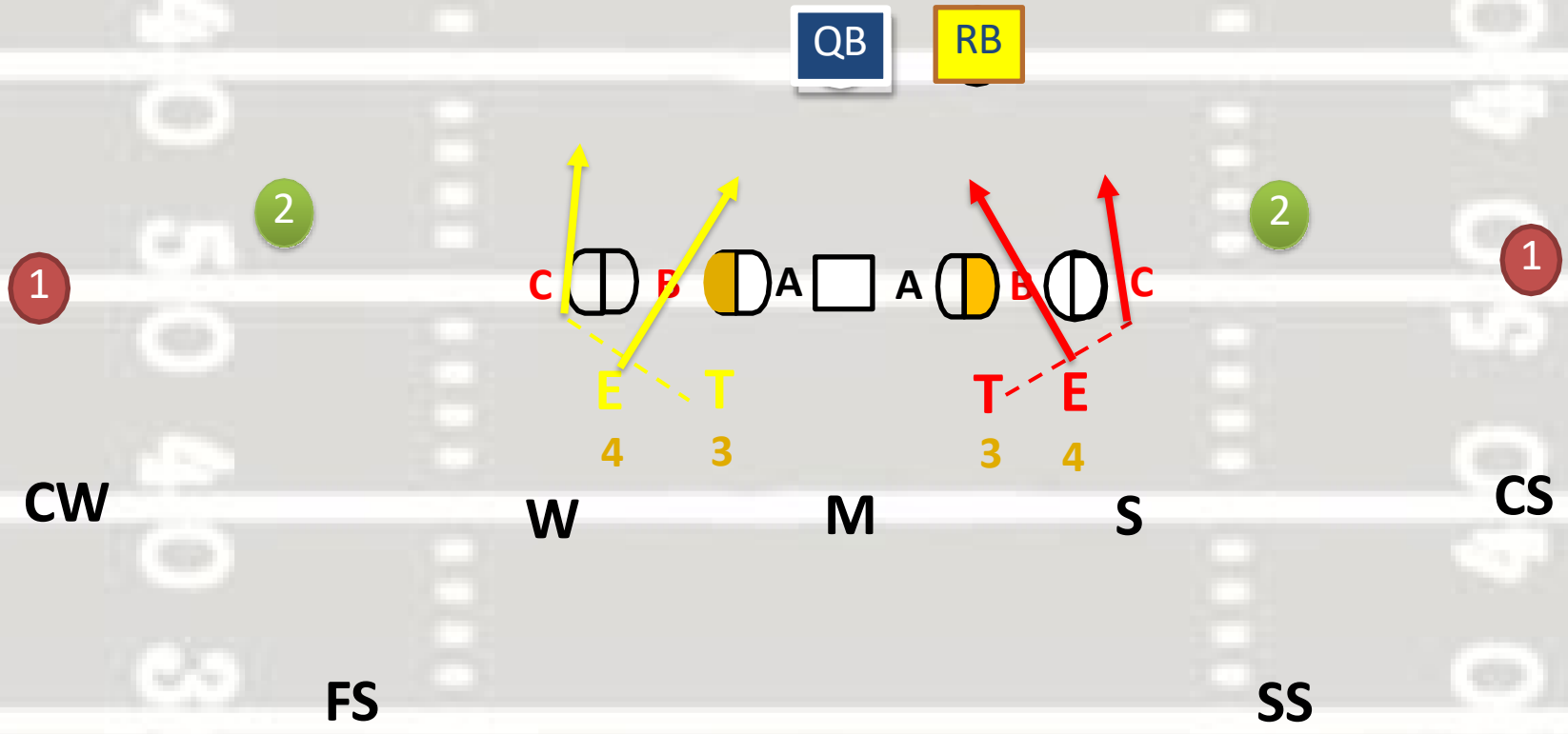


TOX





TWIST ST - WK



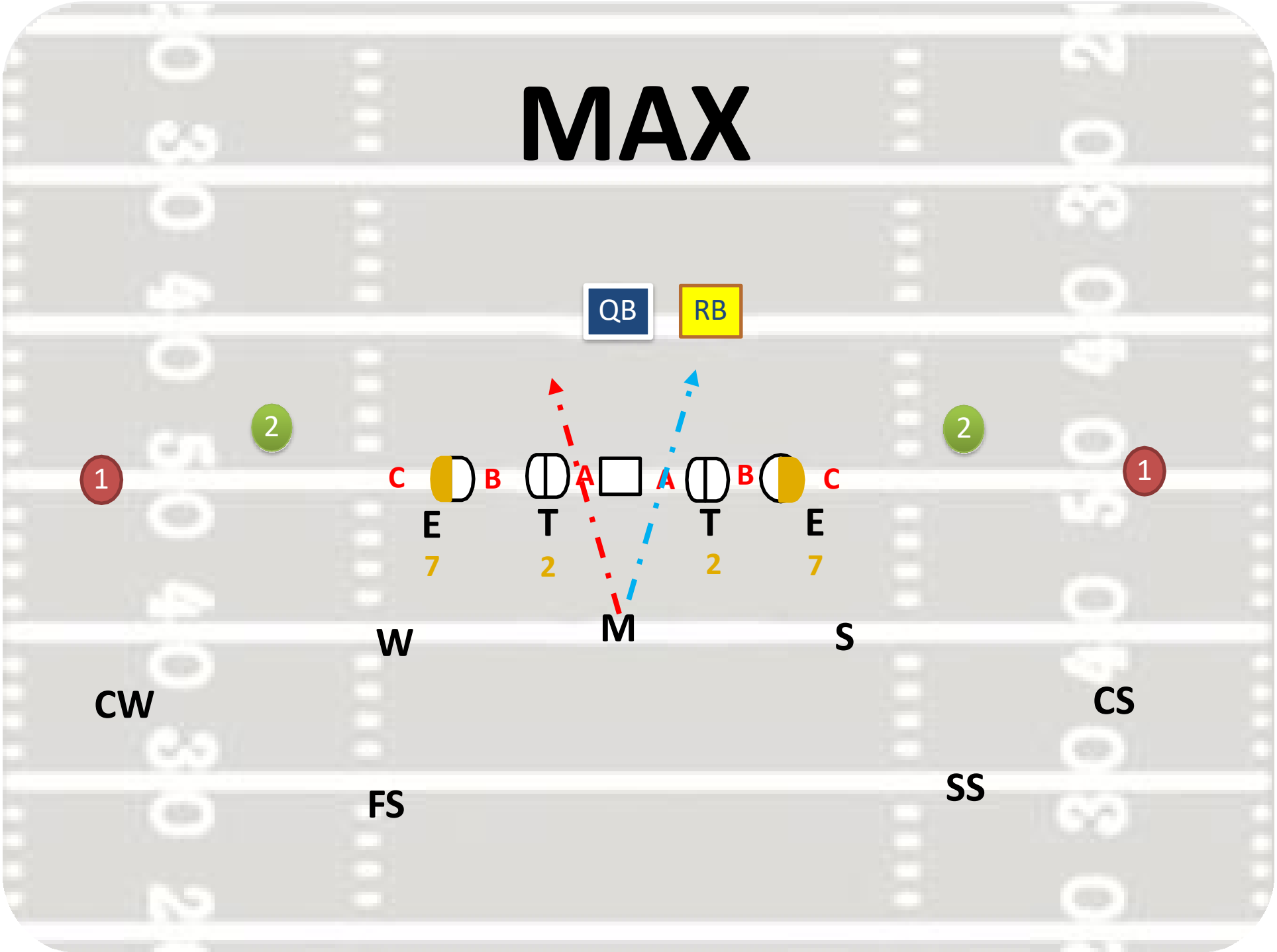
BLITZES



M grida Catania
o qualunque
Nome di città
blitza
WEAK

1

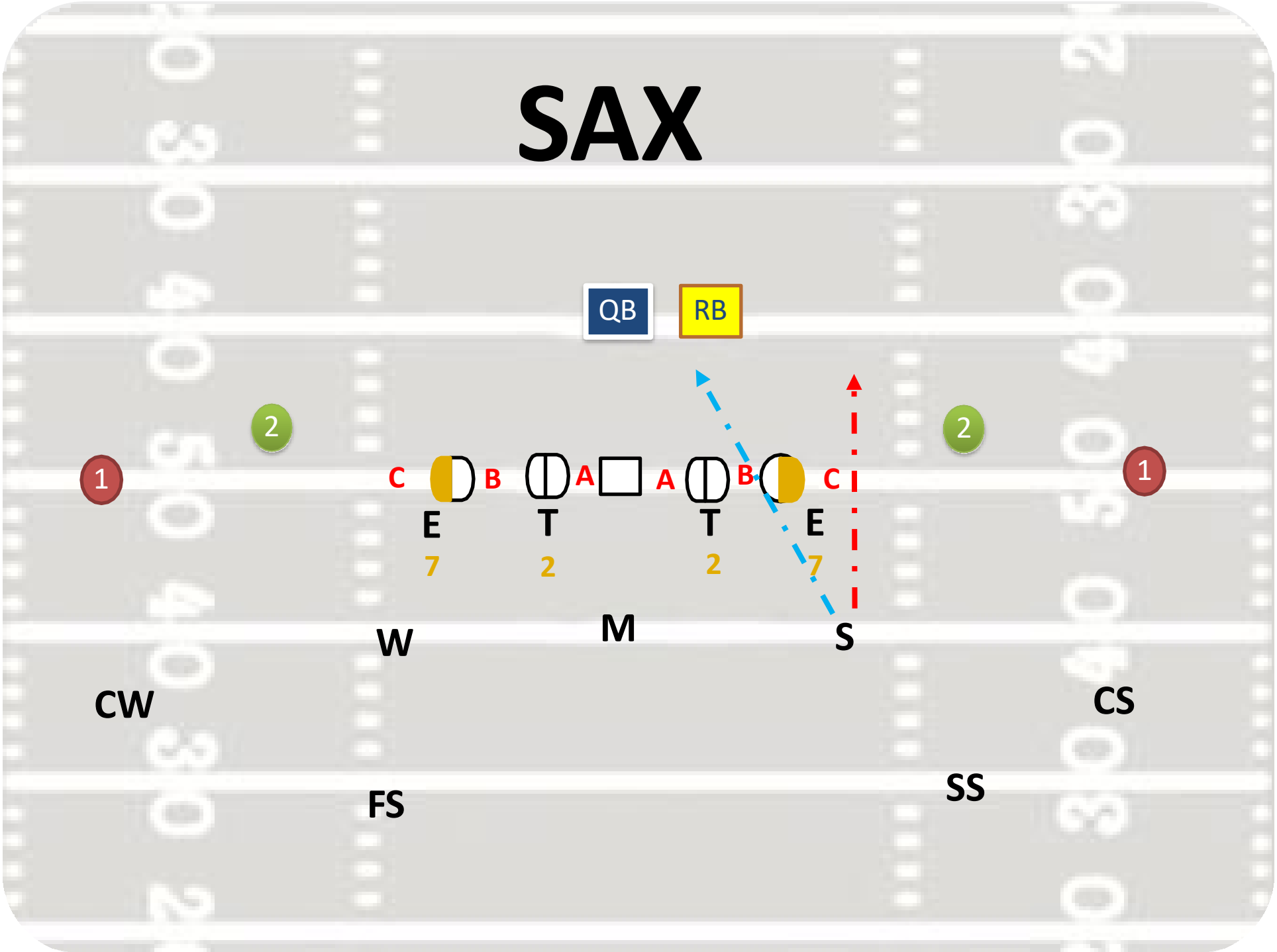
MAX



S grida Catania
o qualunque
Nome di città
blitza
OUT

2

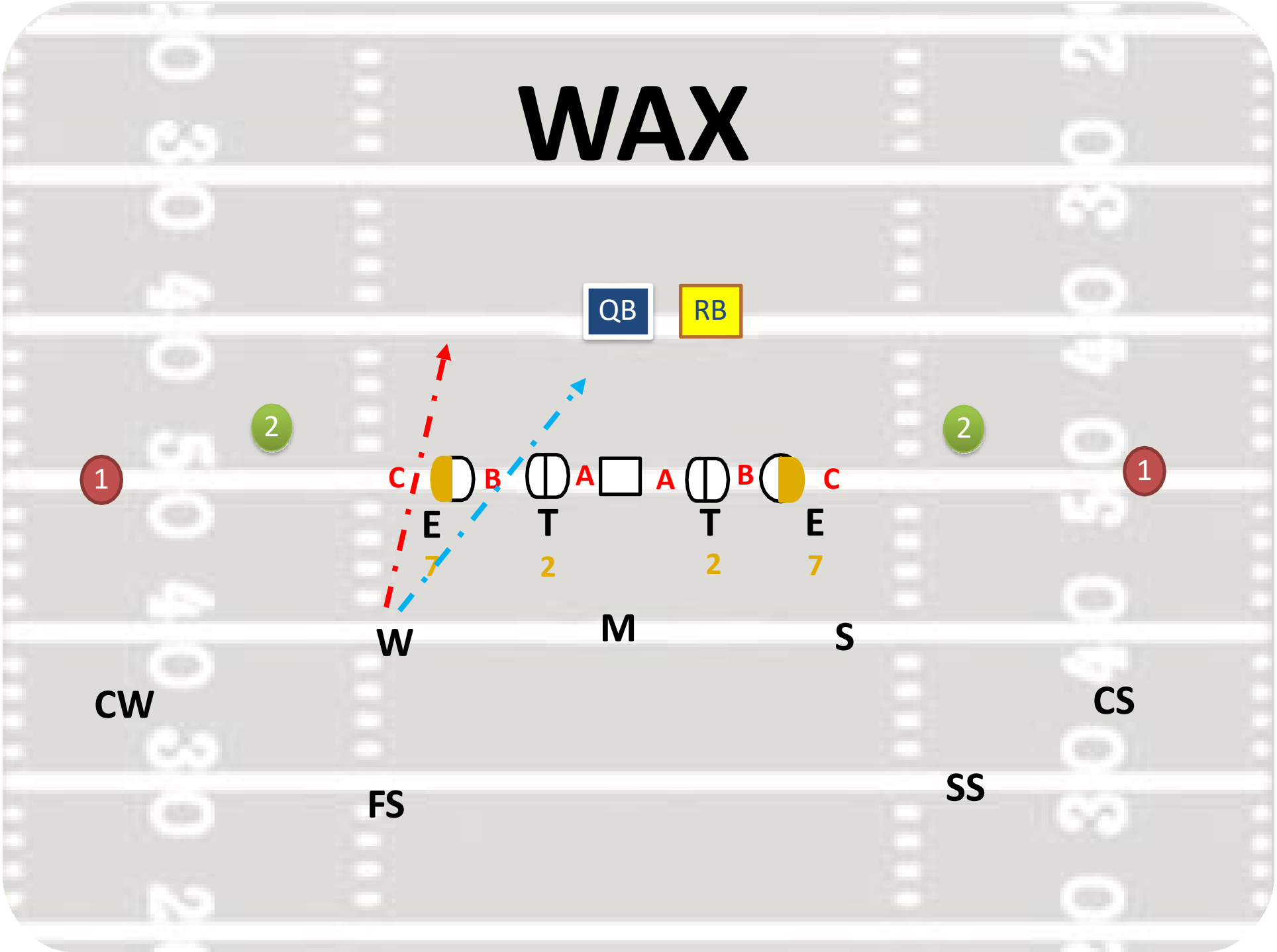
SAX



W grida Catania
o qualunque
Nome di città
blitza
OUT

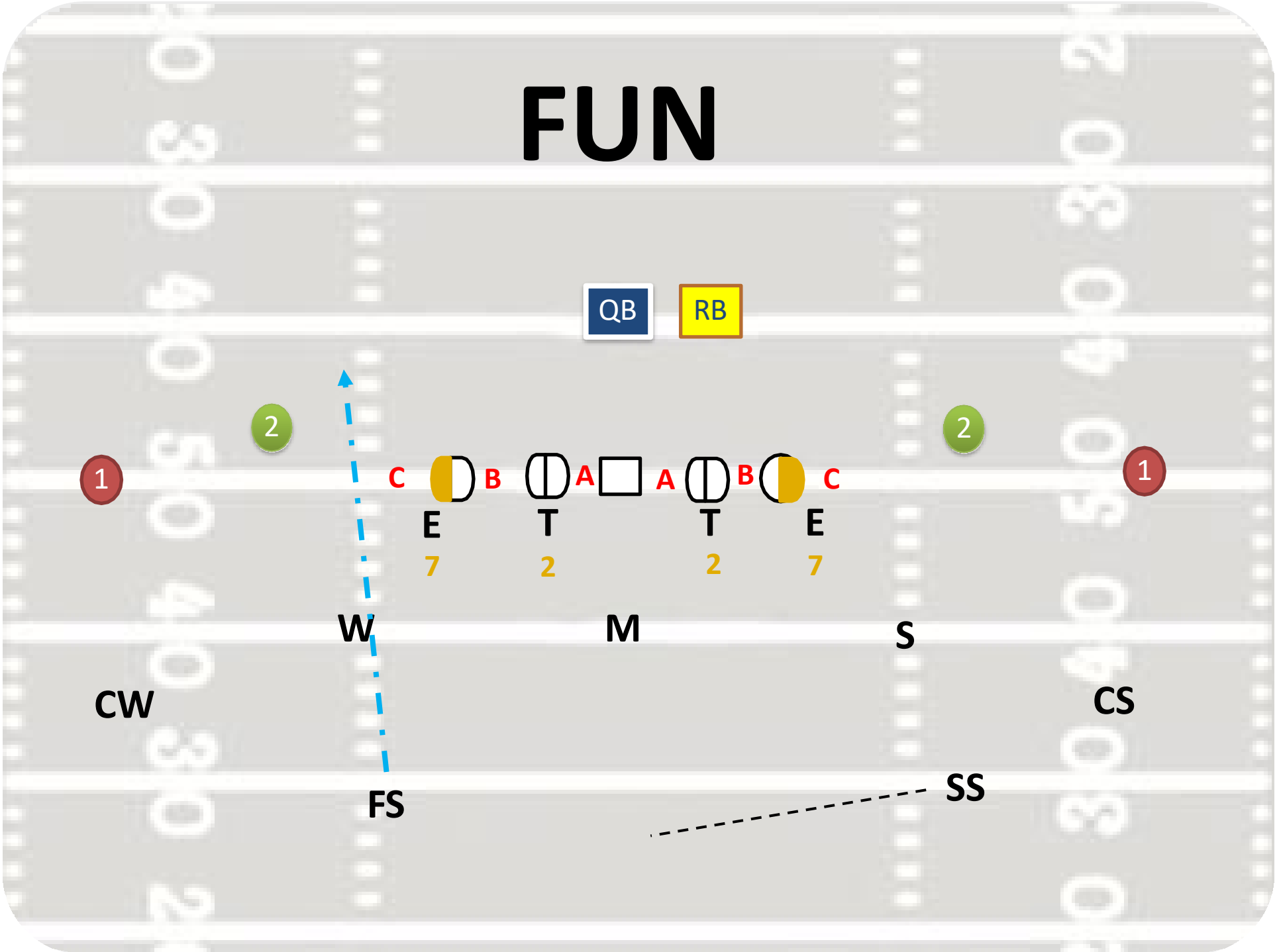
3

WAX



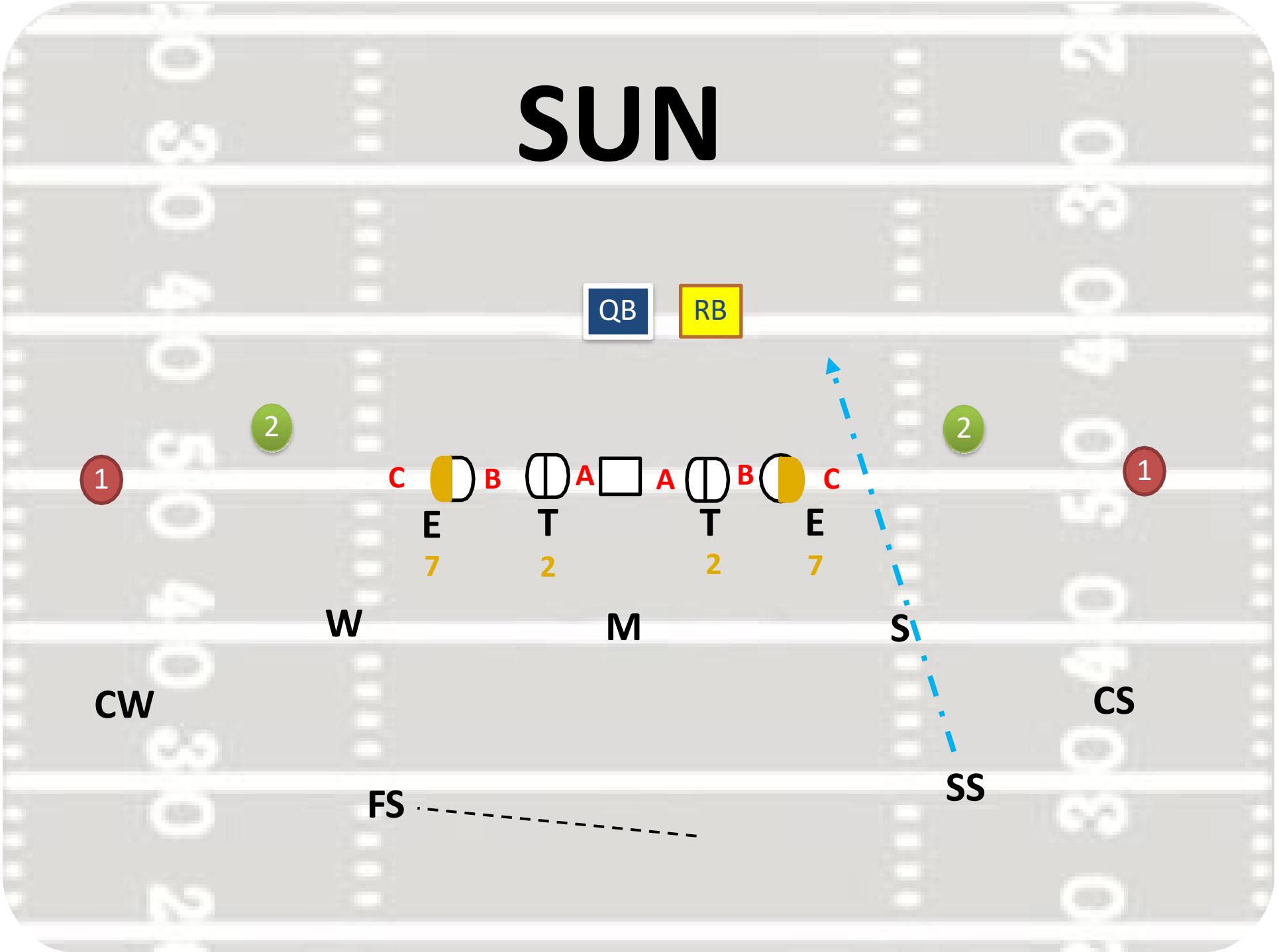
4

FUN



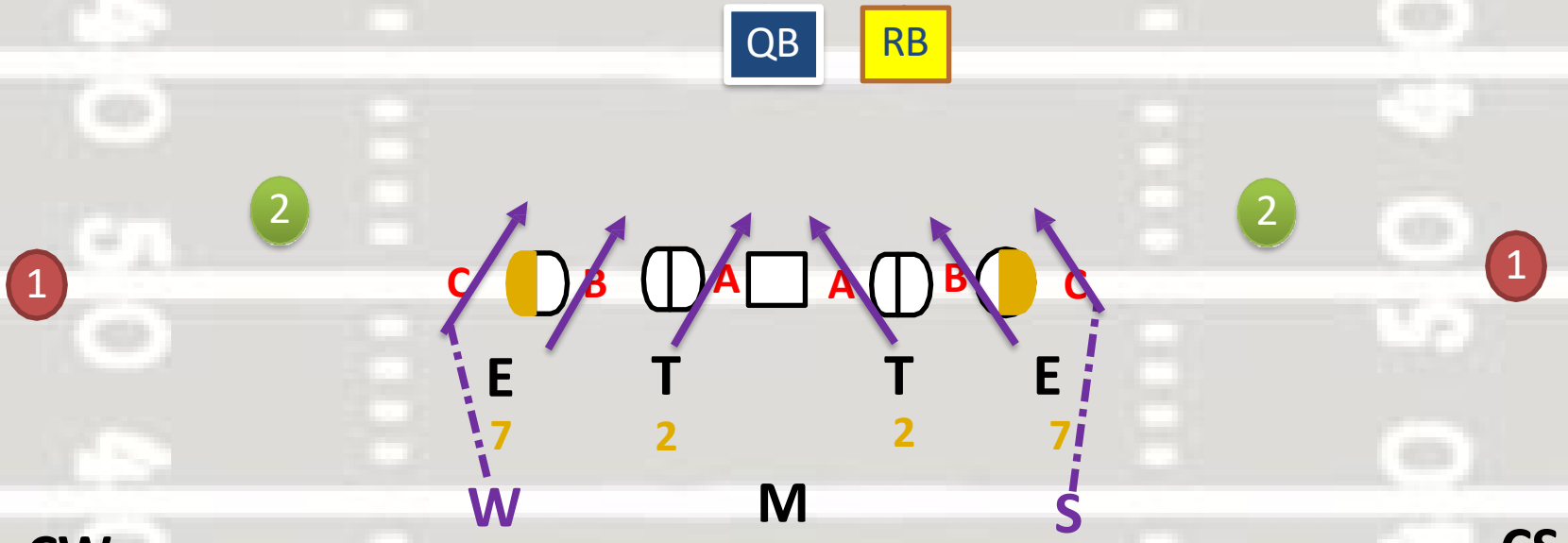
5

SUN



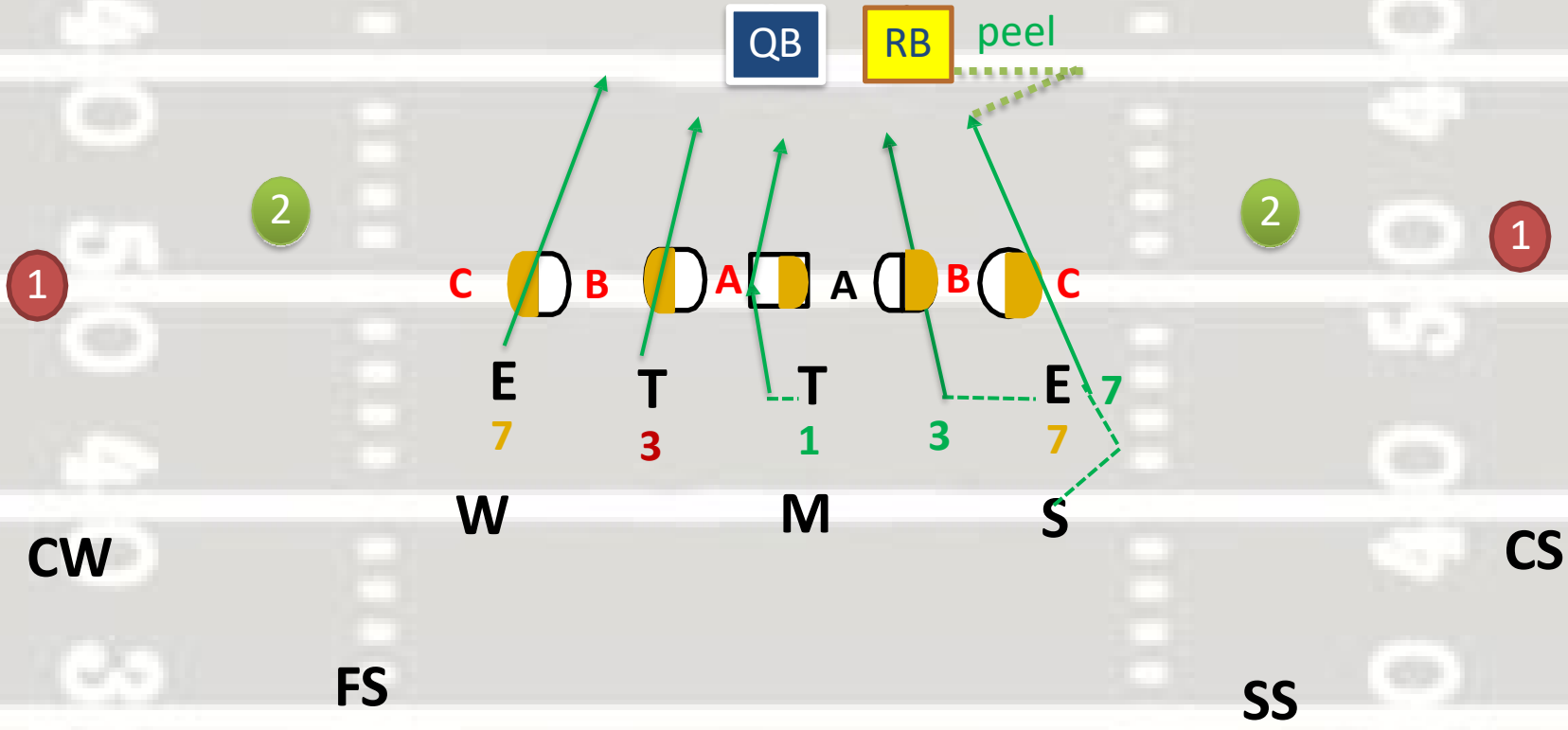


CRUSH



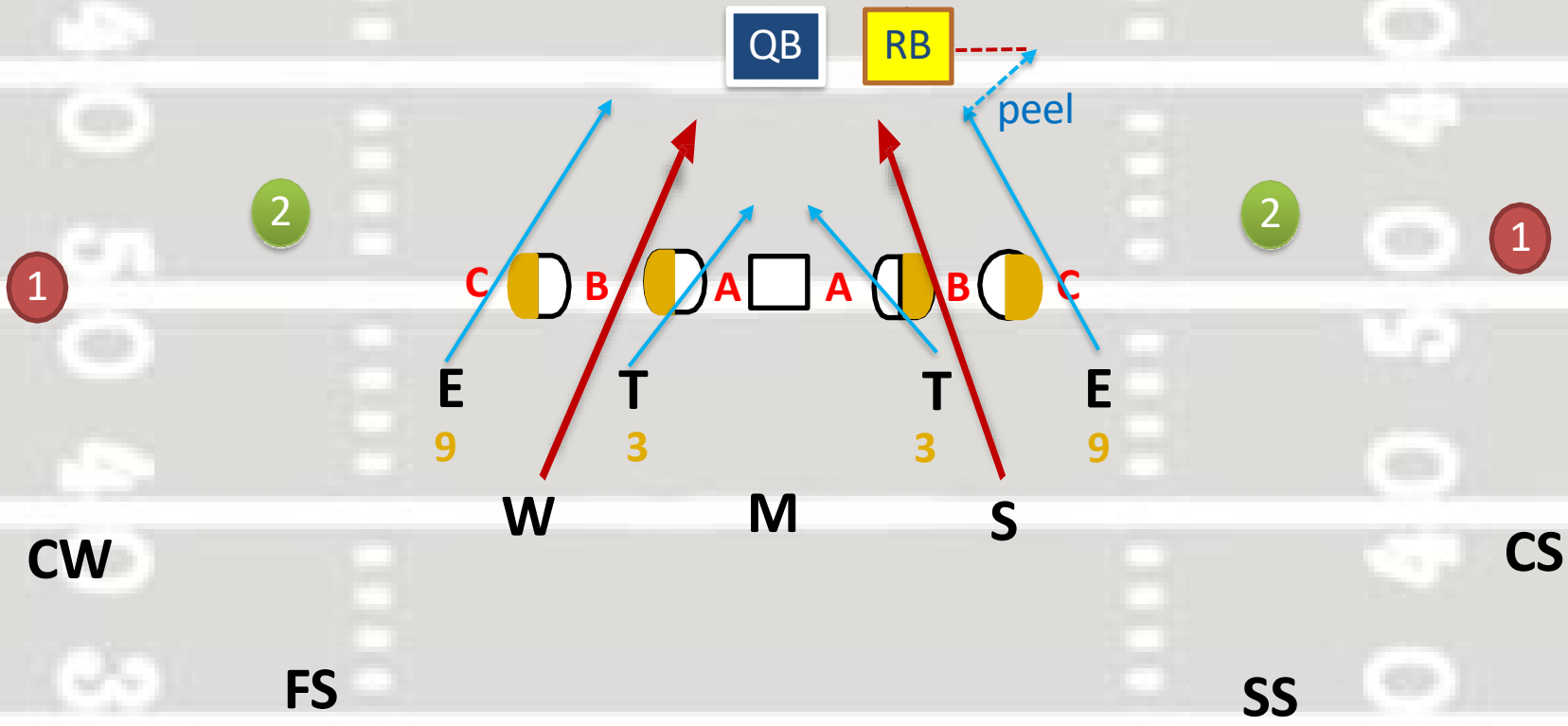


SNAKE





STORM




ARROW
BLACK UNIT
TEAM DEFENSE



ARROW

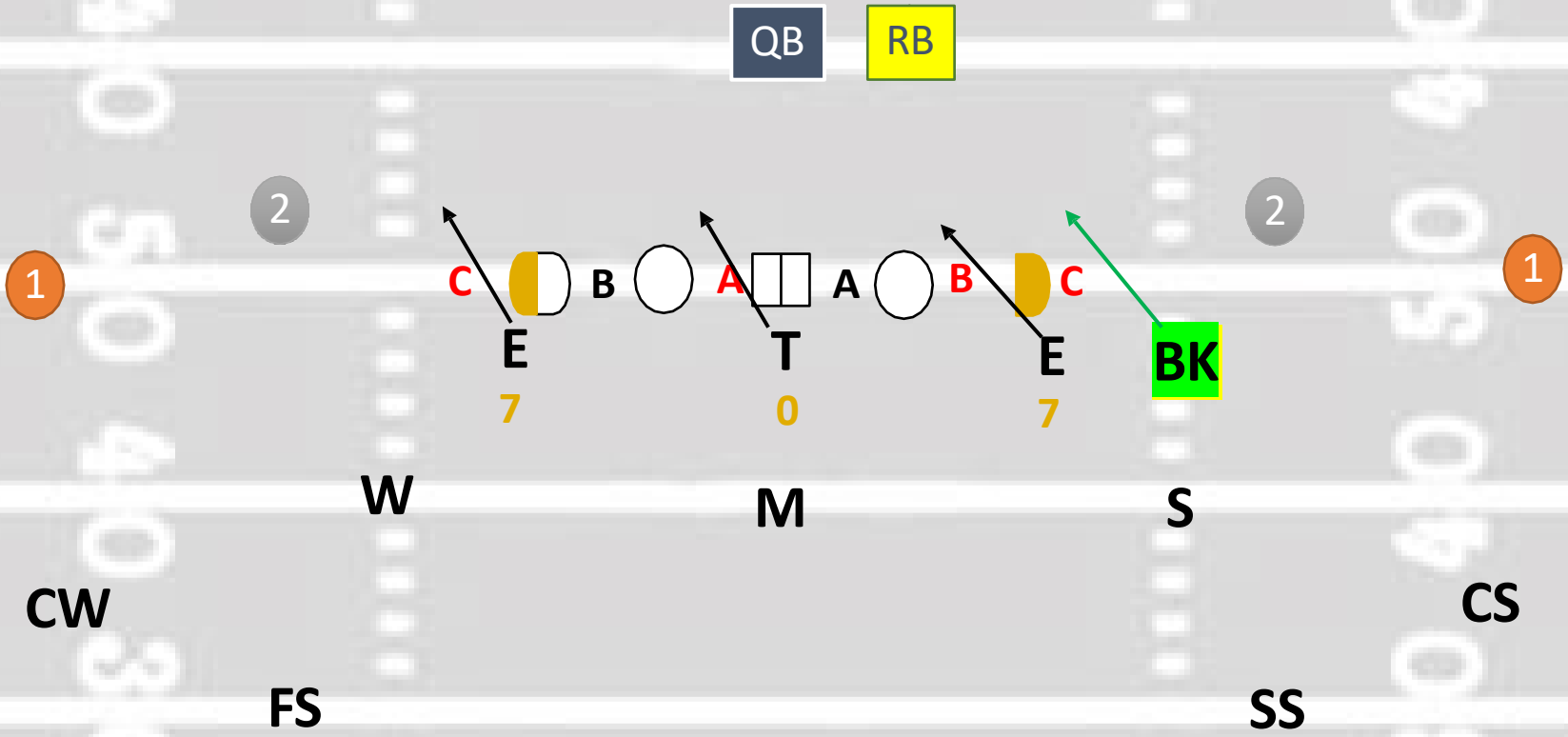
QB
RB
2
1
C
B
A
A
B
C
E
T
BK
E
7
0
7
2
1
W
M
S
Apex 5 yds
00 5 yds
Apex 5 yds
CW
CS
FS
SS

BK = DL



ROCKET

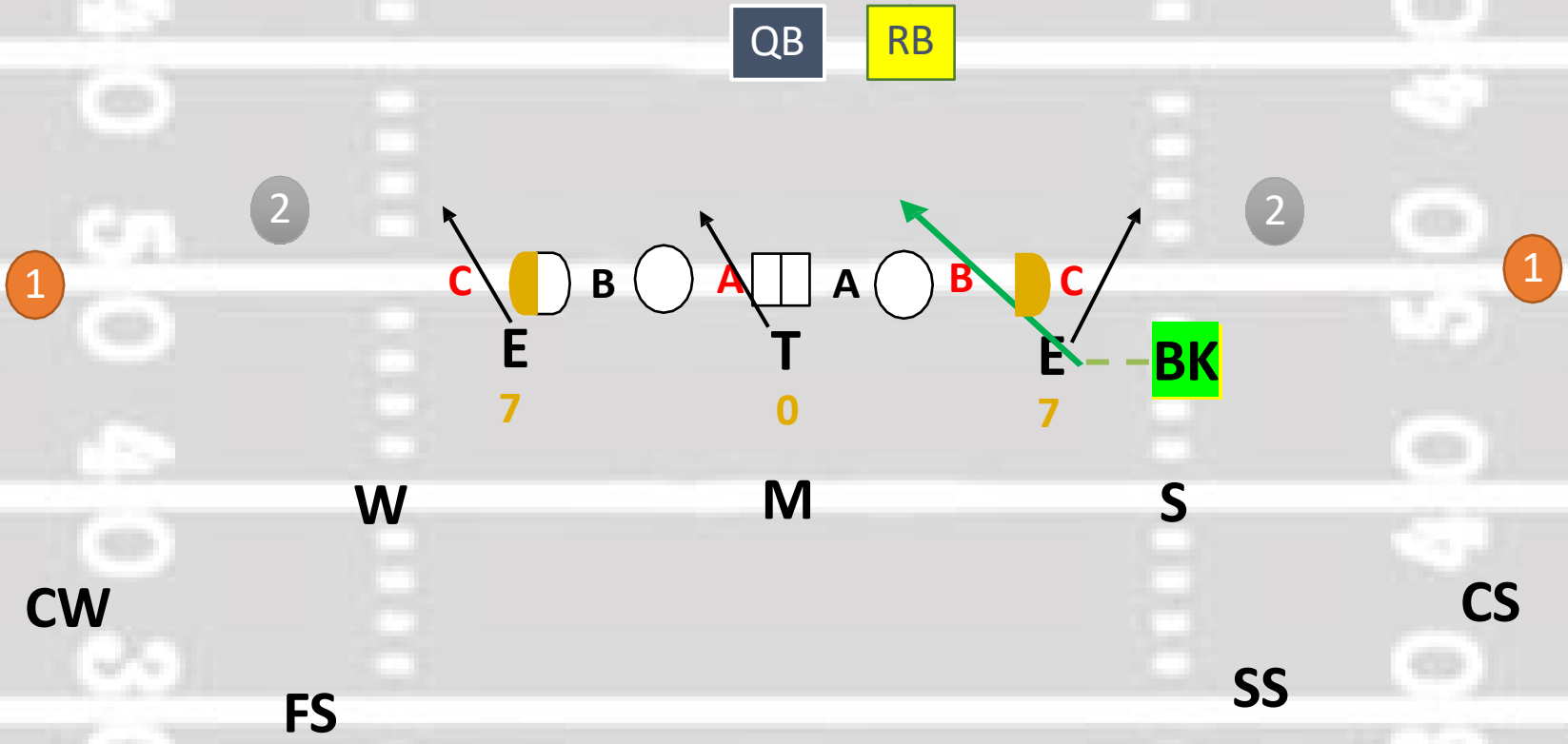
BK = NK





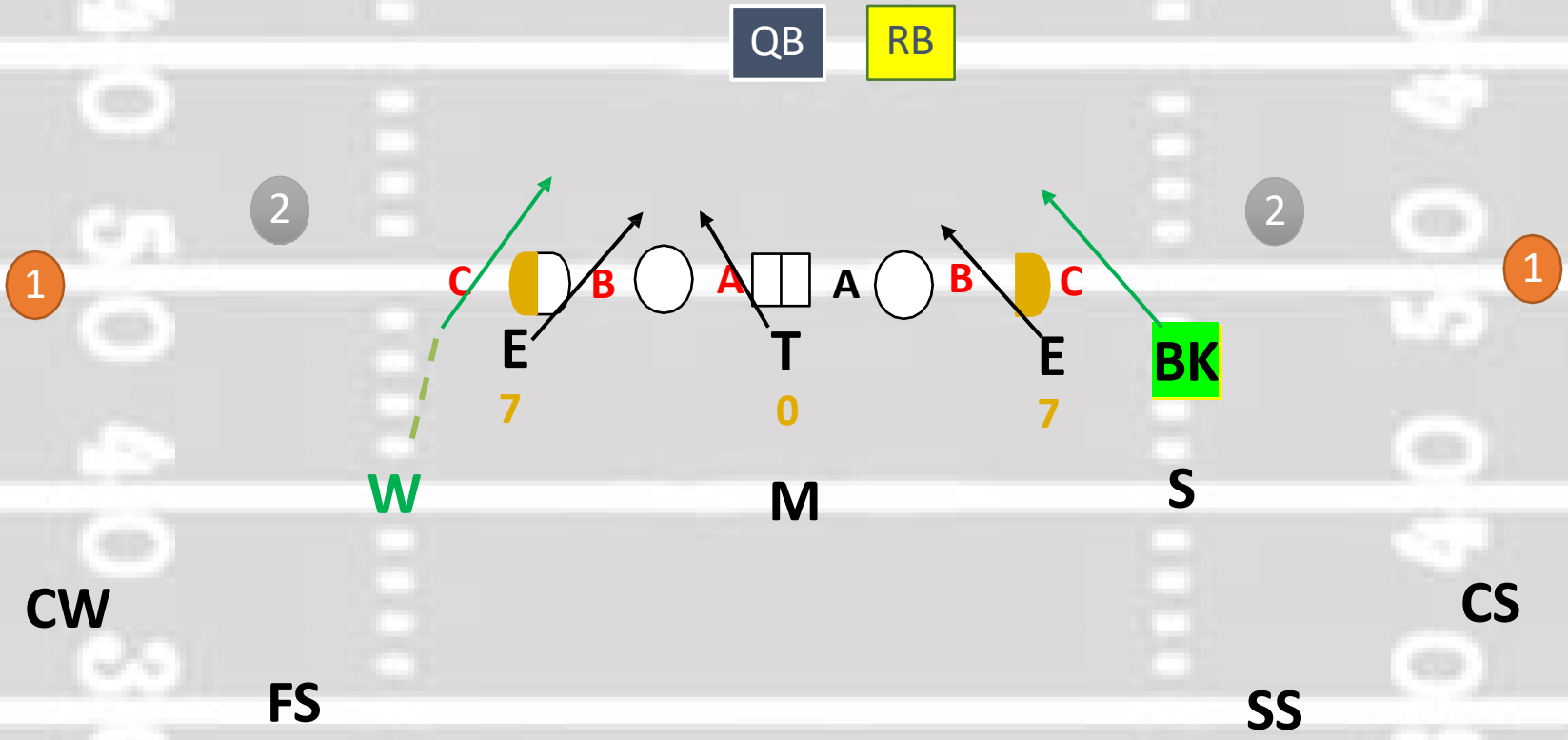
AXE

BK = NK





BOOM



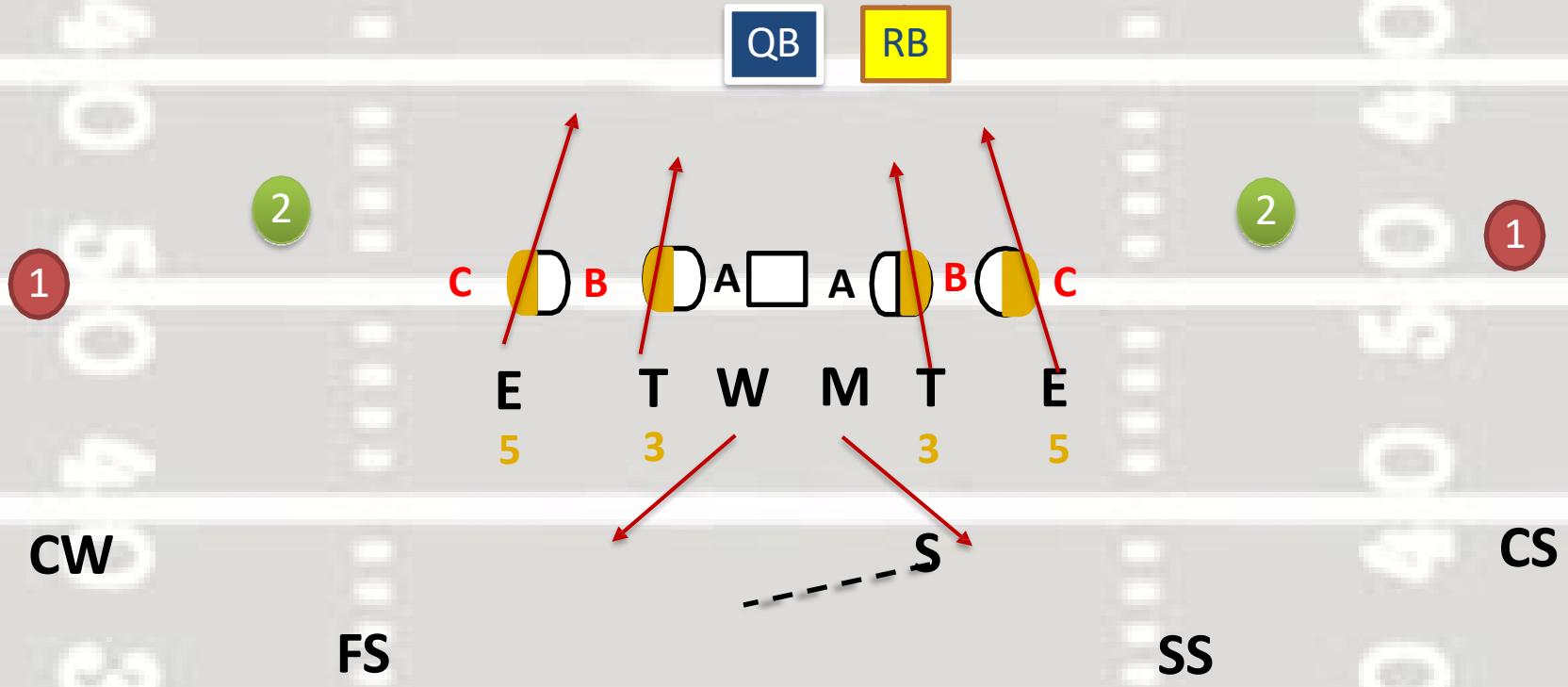
BK = NK

FIRE



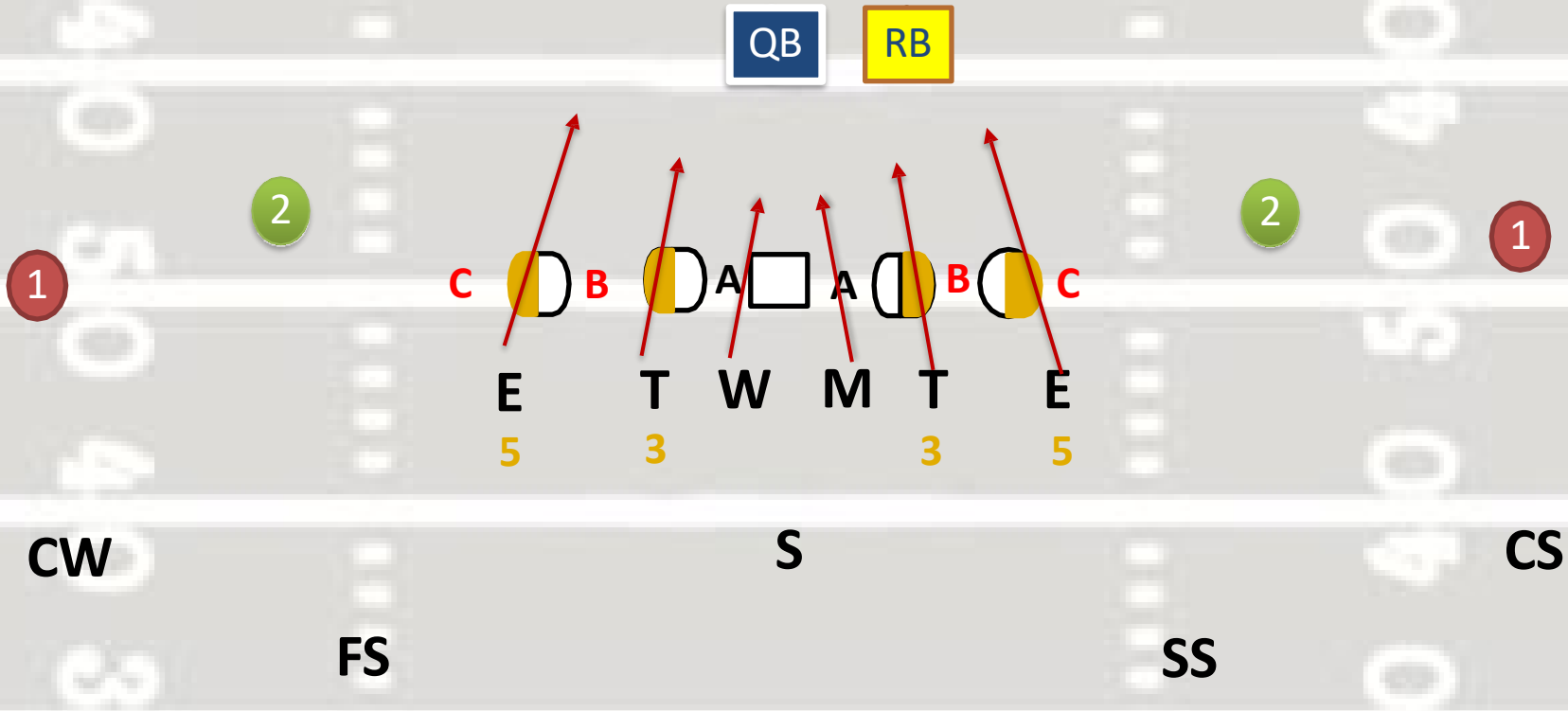


FIRE



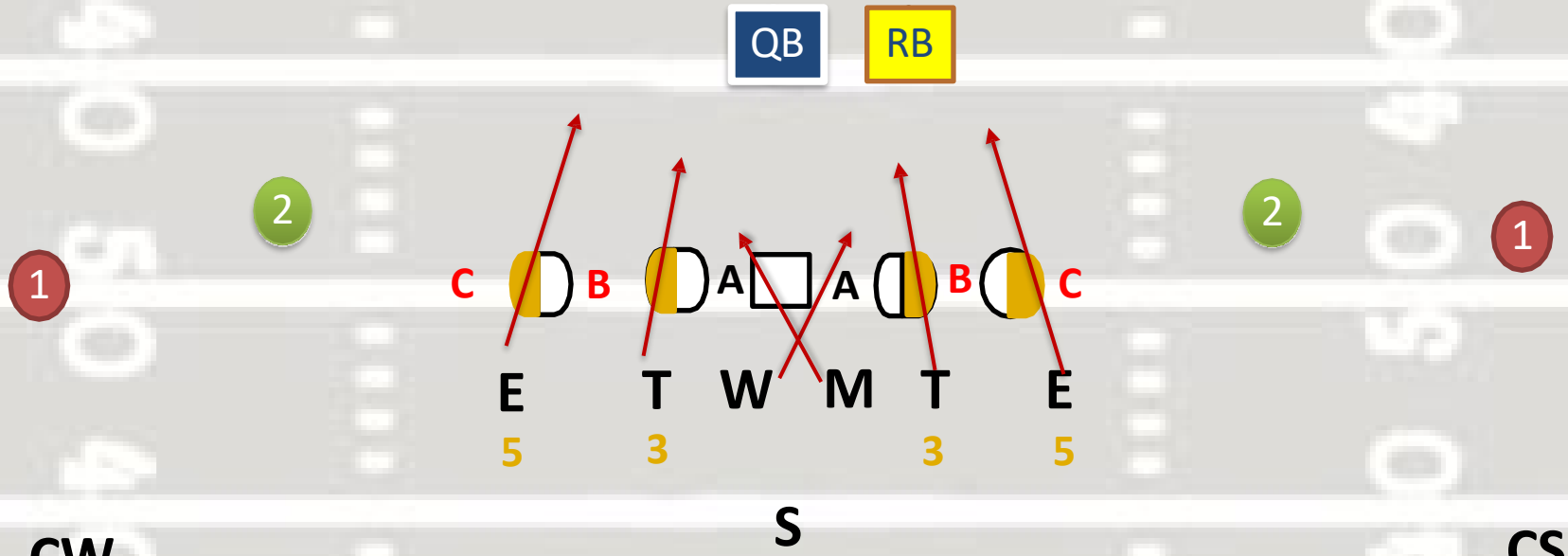


SIX





ICS



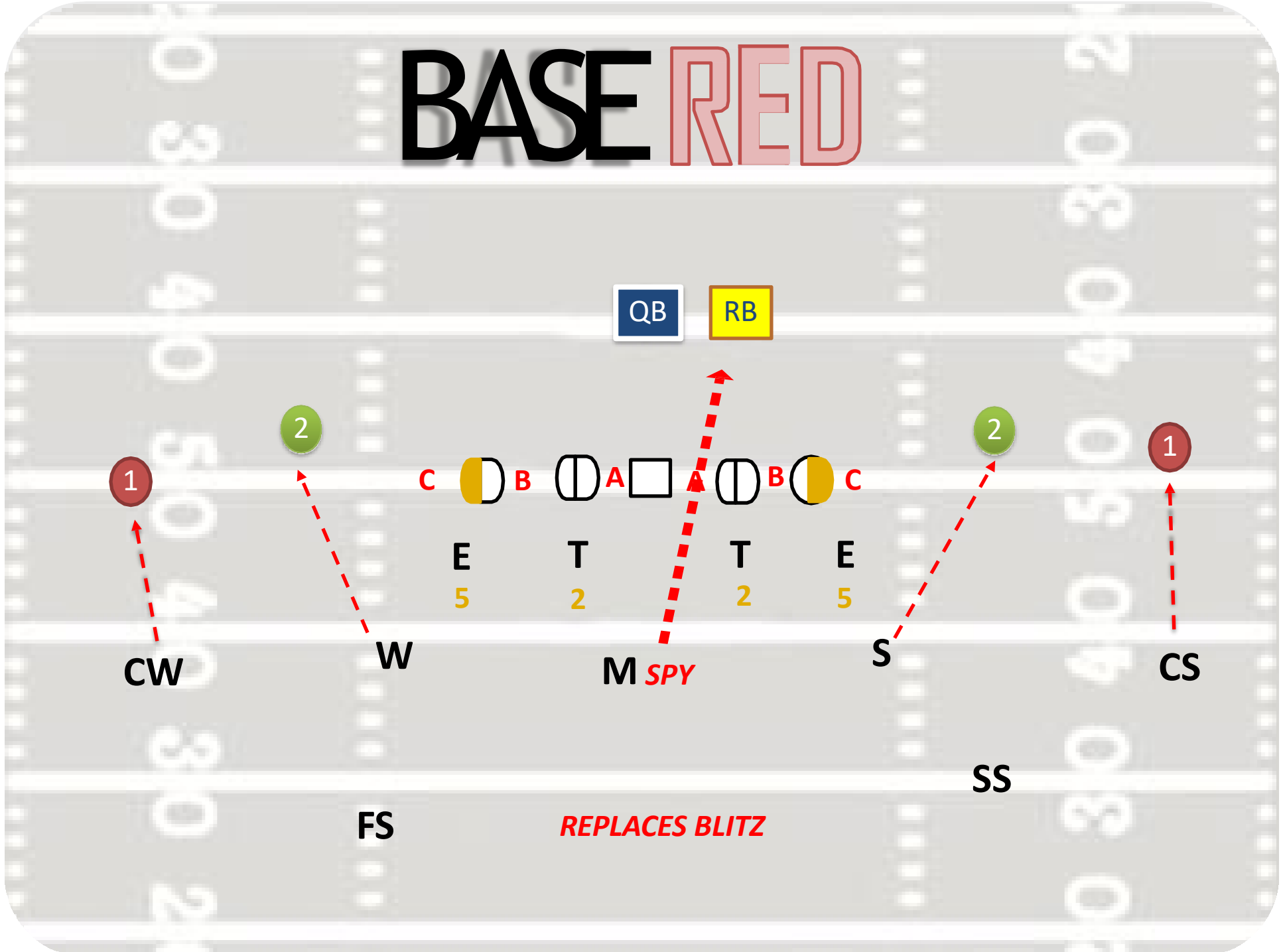
COVERAGES



on 4-3 FRONTS

BASE RED

COVER 0

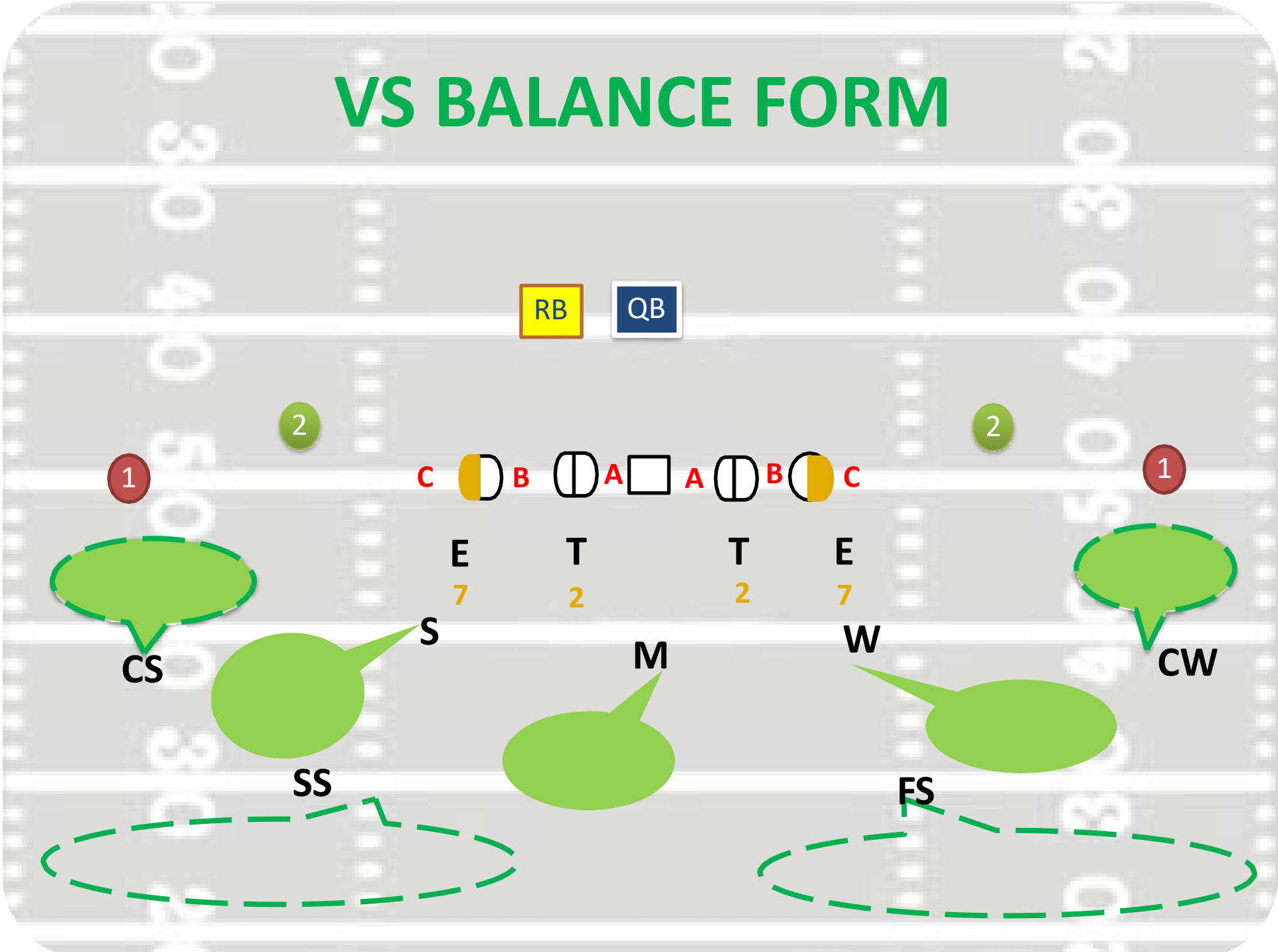


GREEN

COVER 2

POSSIBILE JAM x CBS

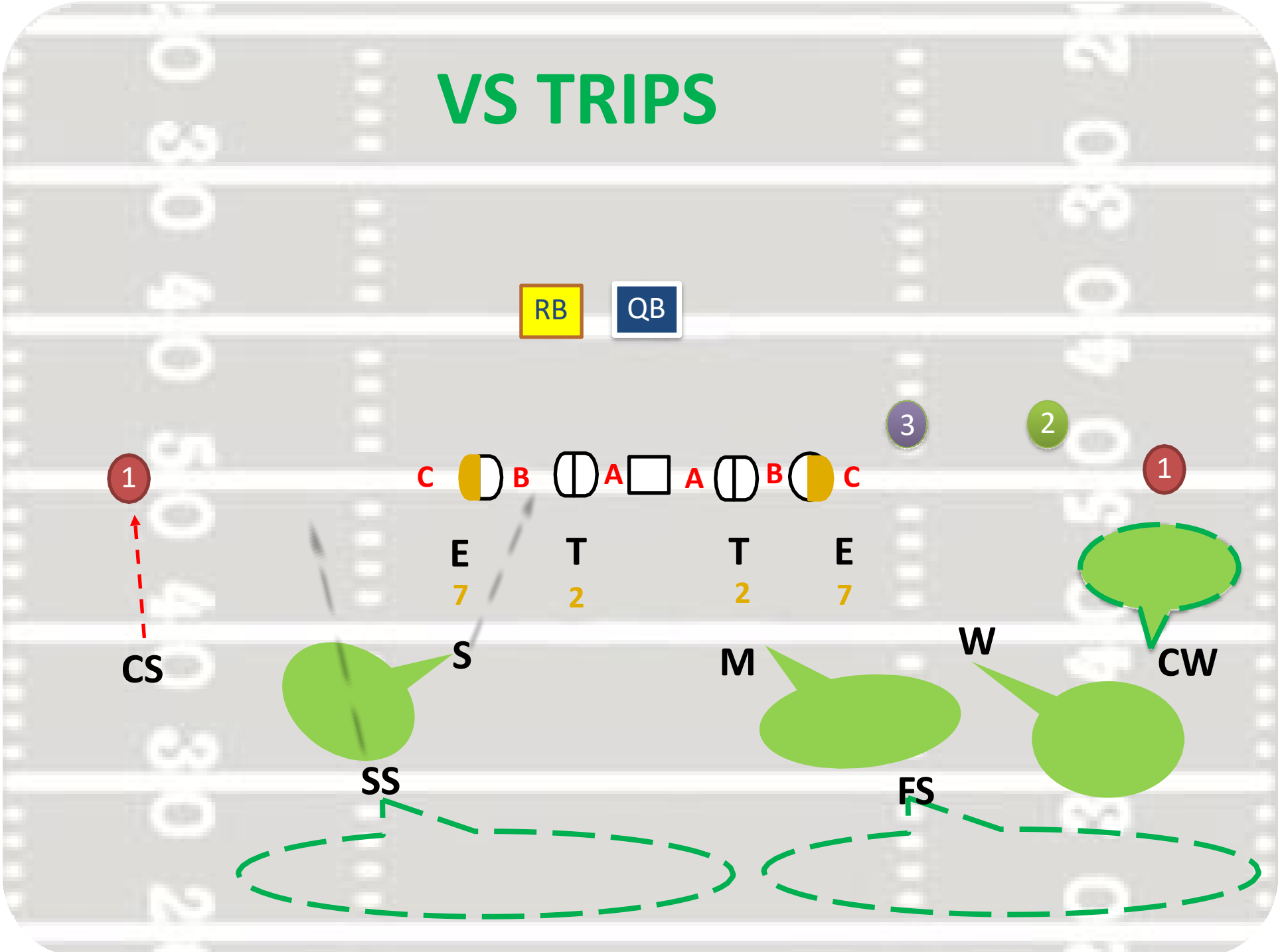
VS BALANCE FORM



GREEN

COVER 2

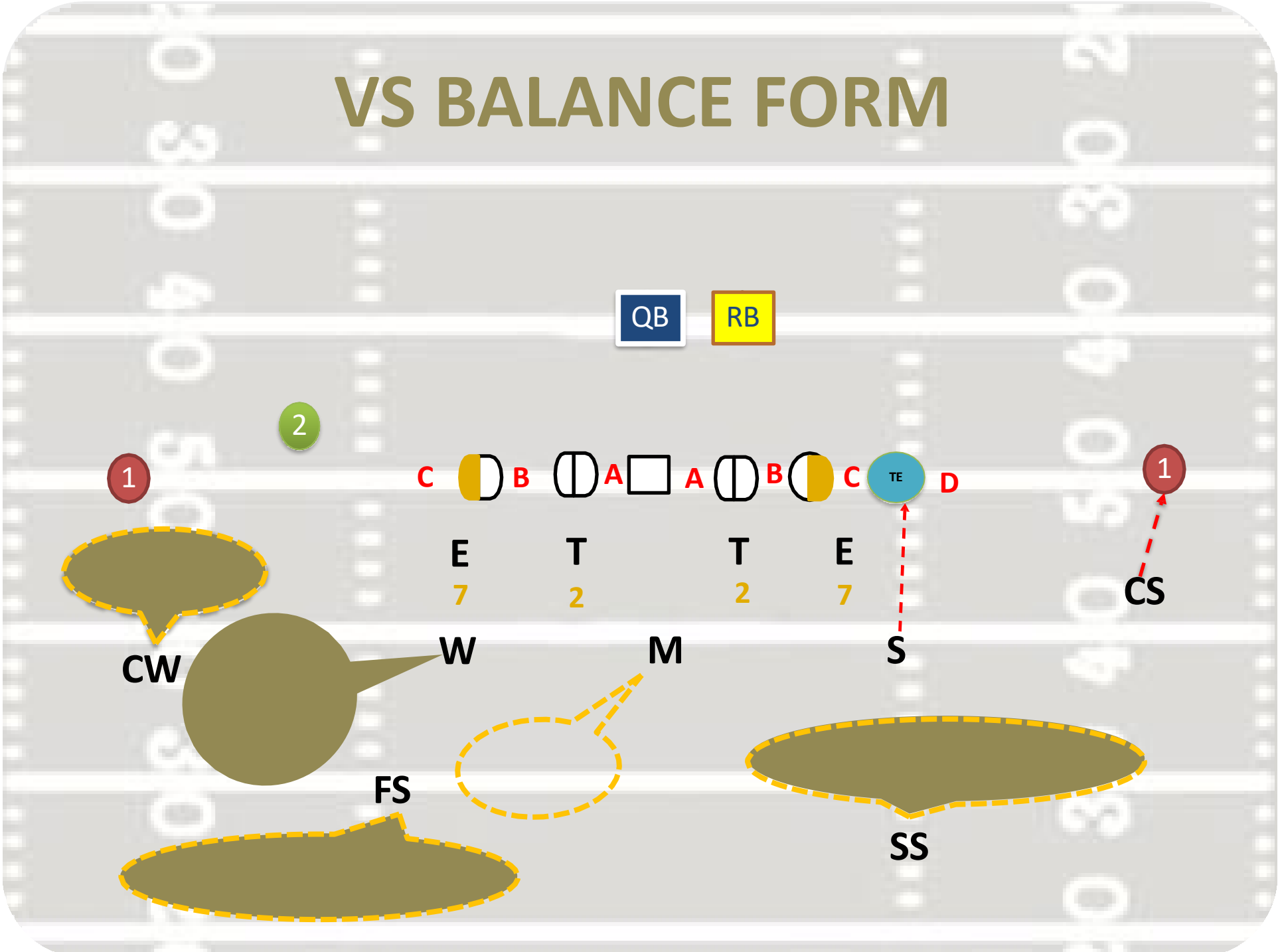
POSSIBILE JAM x CBS



GOLD

2 MAN

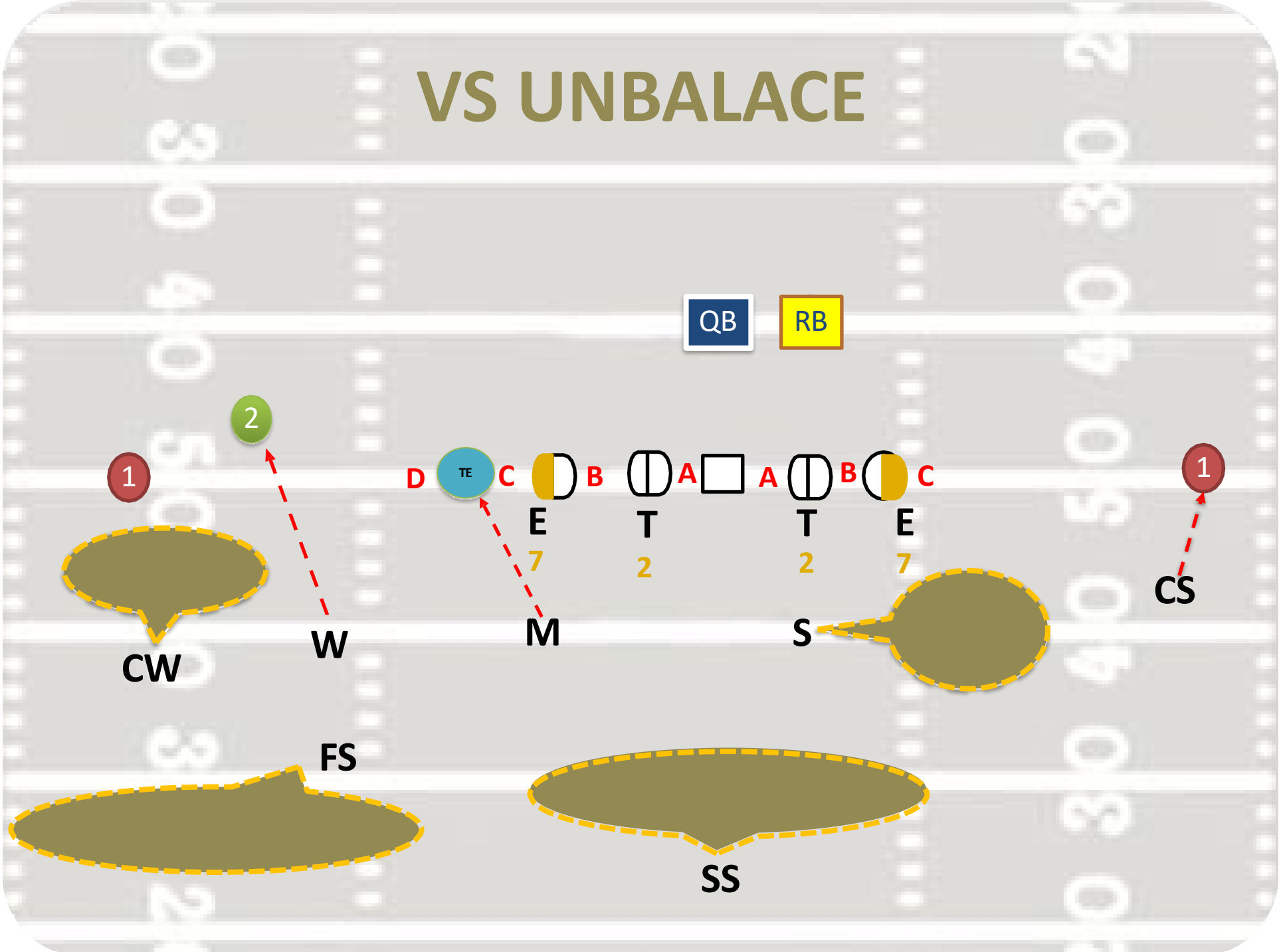
VS BALANCE FORM



GOLD

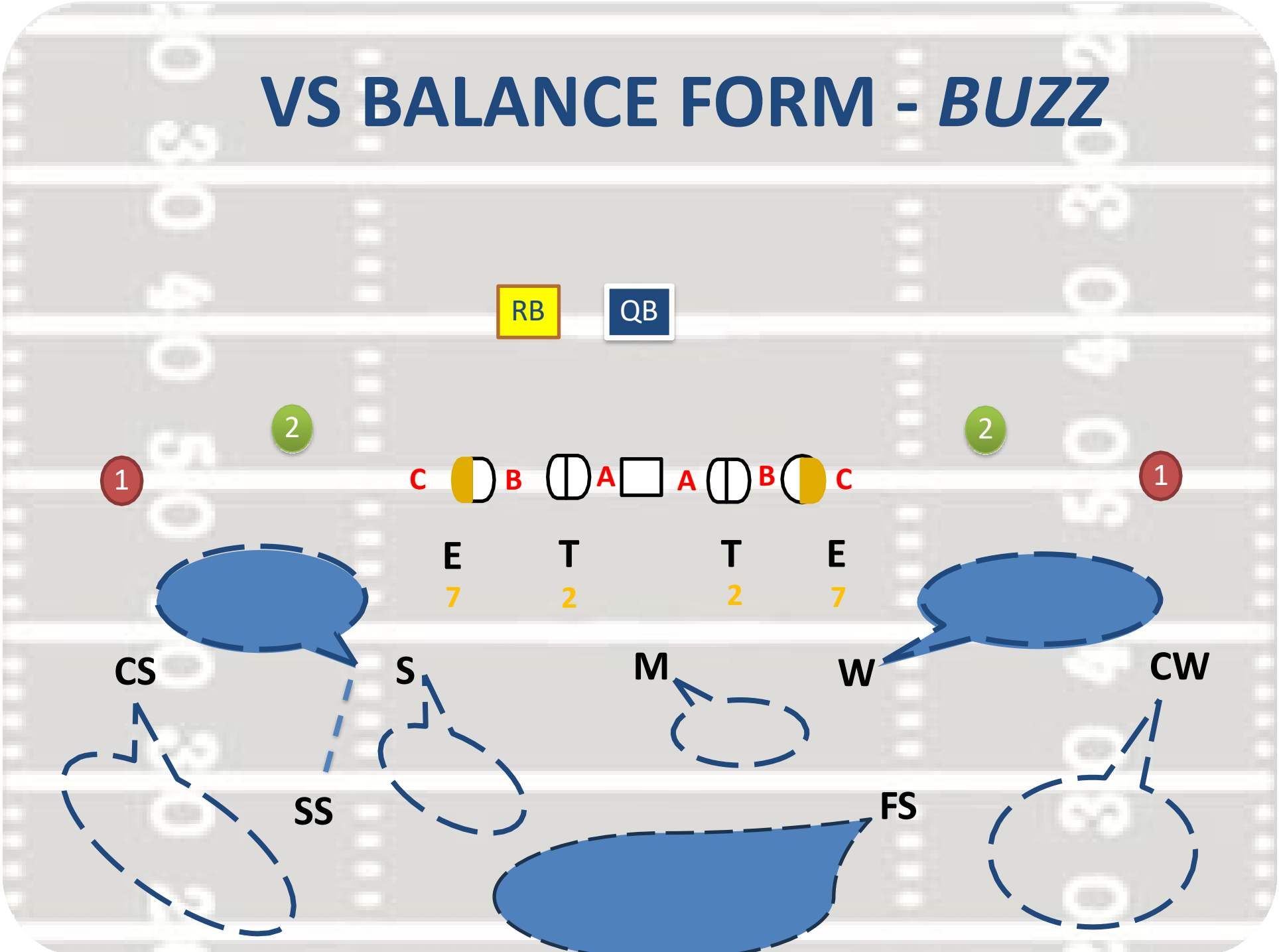
2MAN

VS UNBALACE



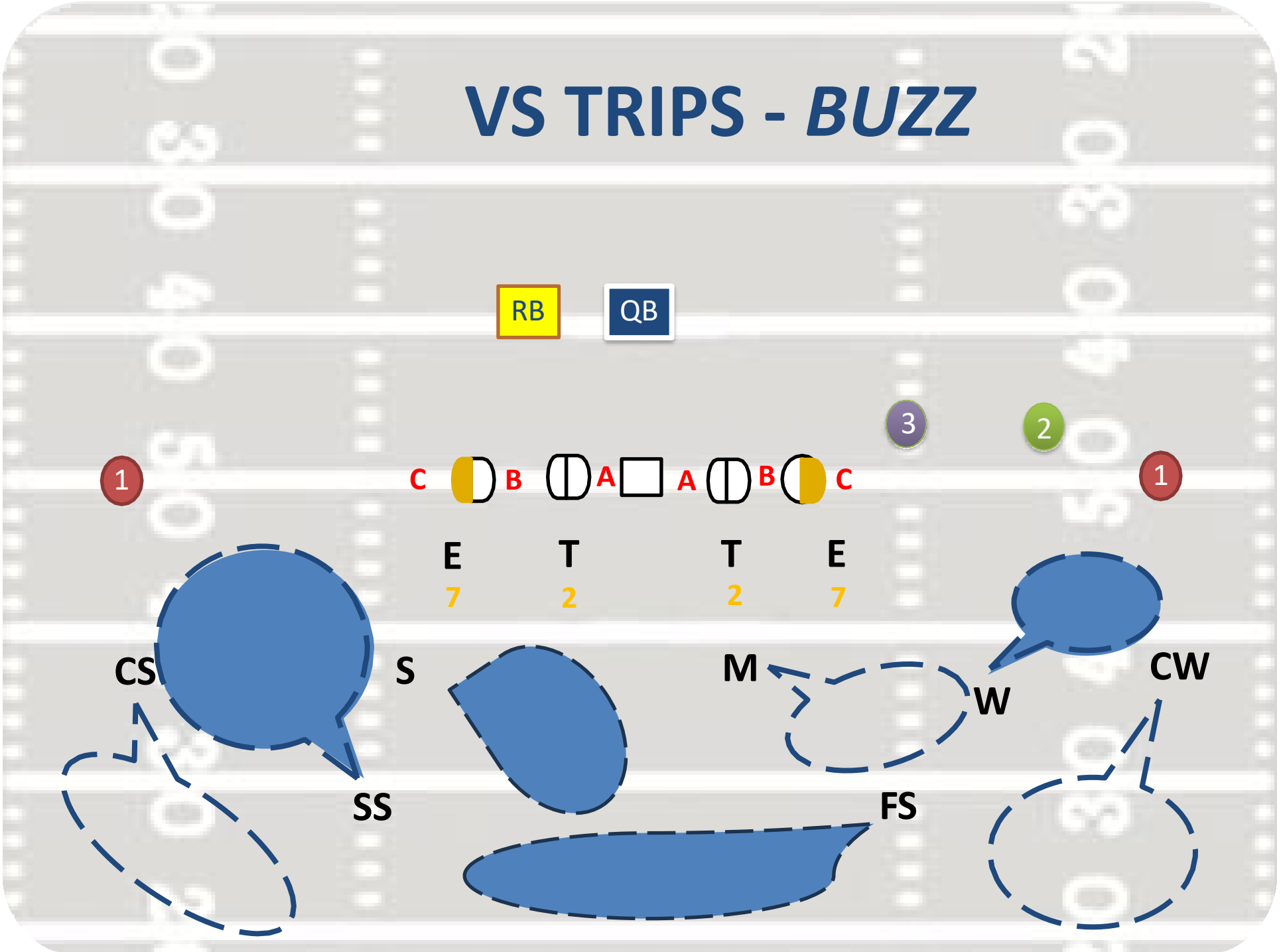
BLUE COVER 3

VS BALANCE FORM - *BUZZ*



BLUE COVER 3

VS TRIPS - *BUZZ*

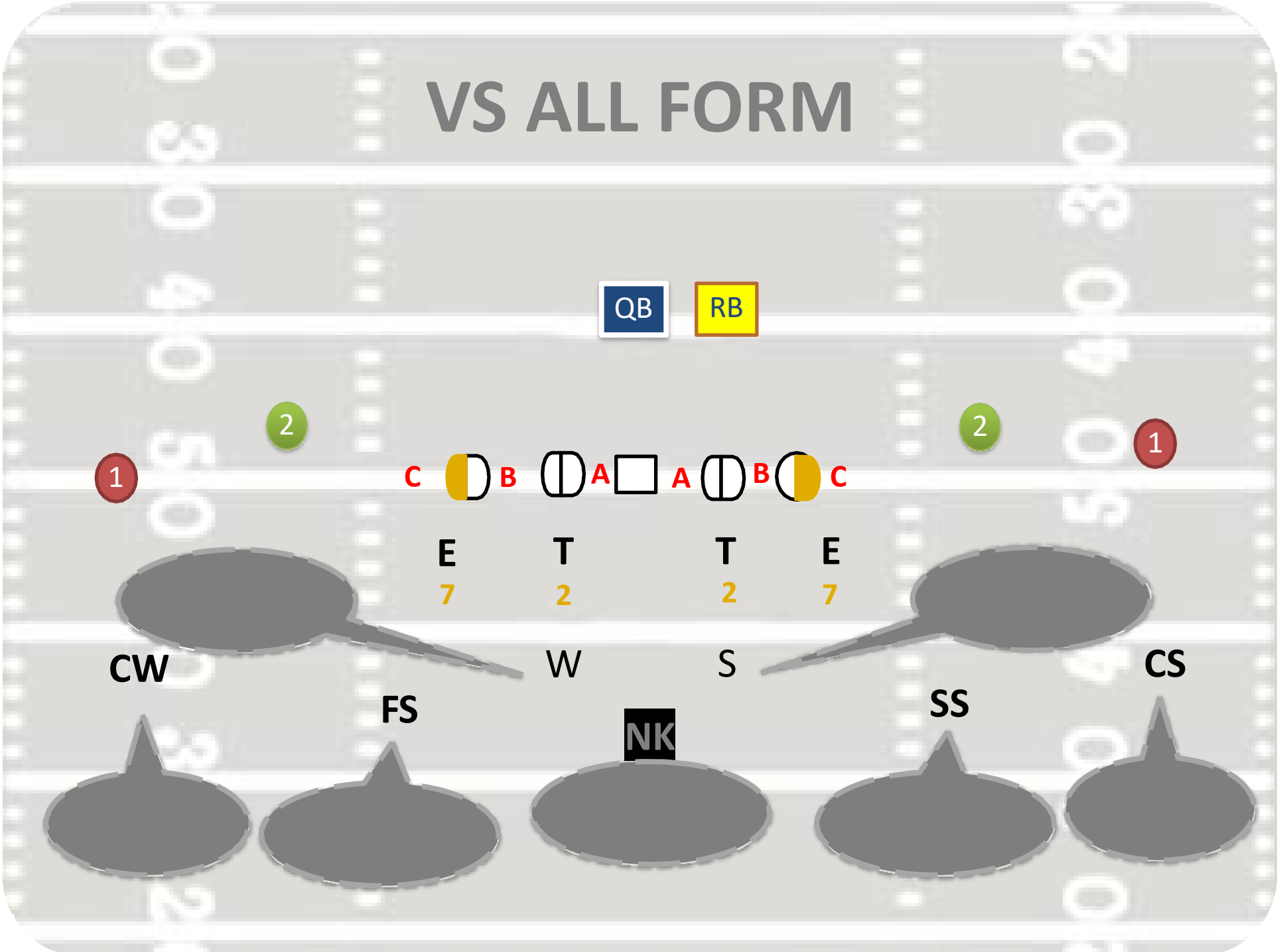


SILVER

COVER

5

VS ALL FORM



COVERAGES

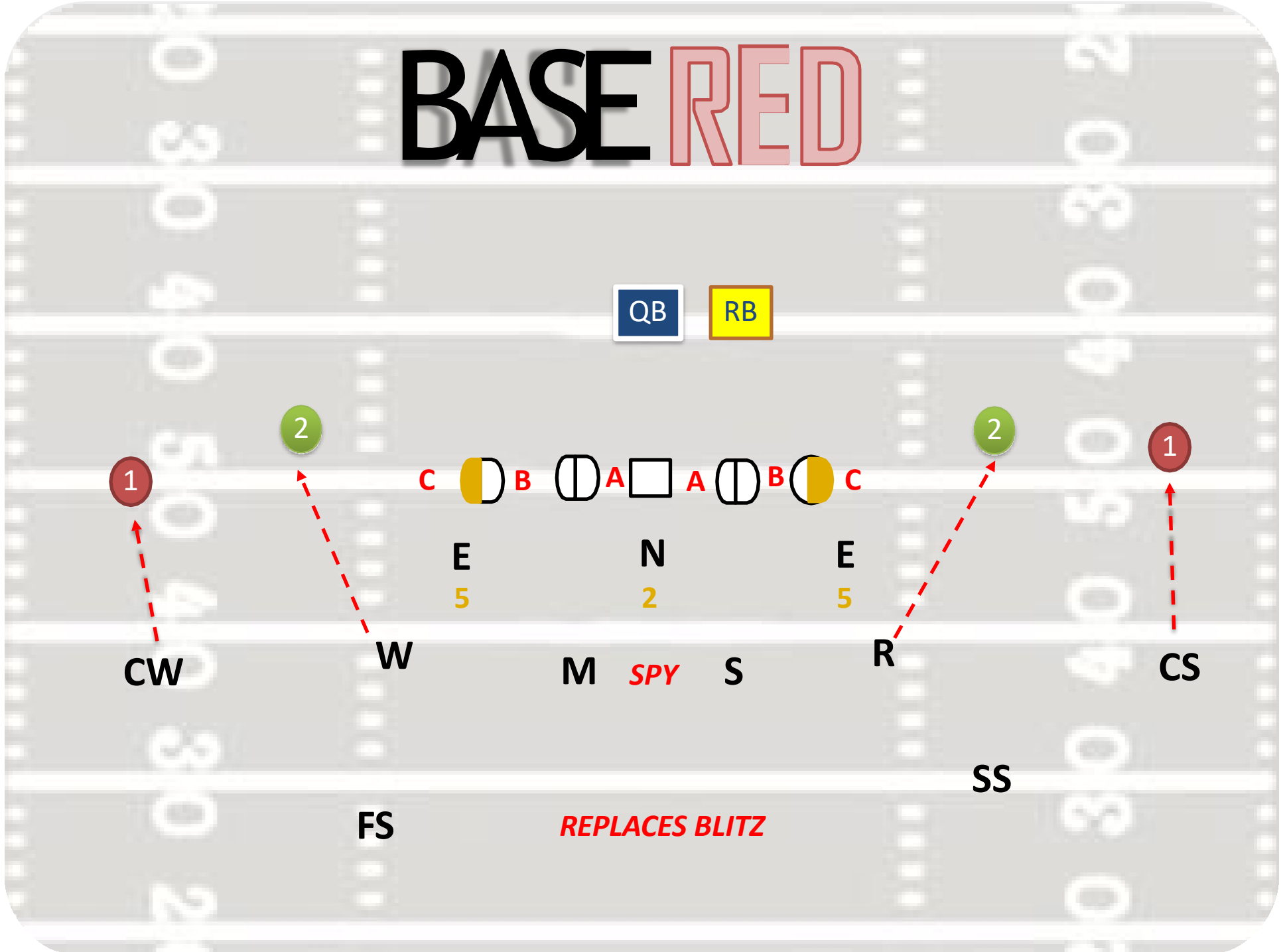


on 3-4 FRONTS

BASE RED

COVER

0

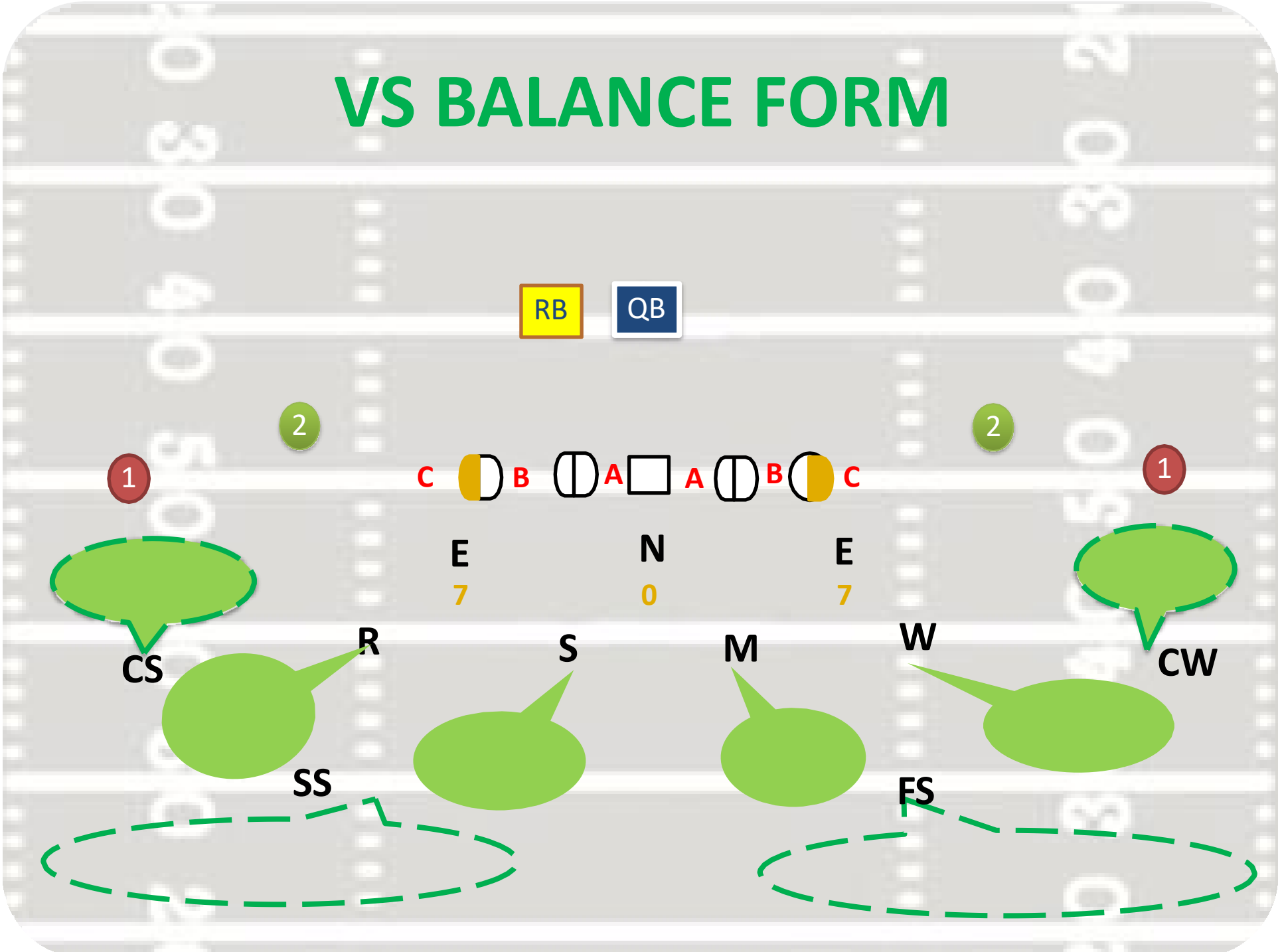


GREEN

COVER 2

POSSIBILE JAM x CBS

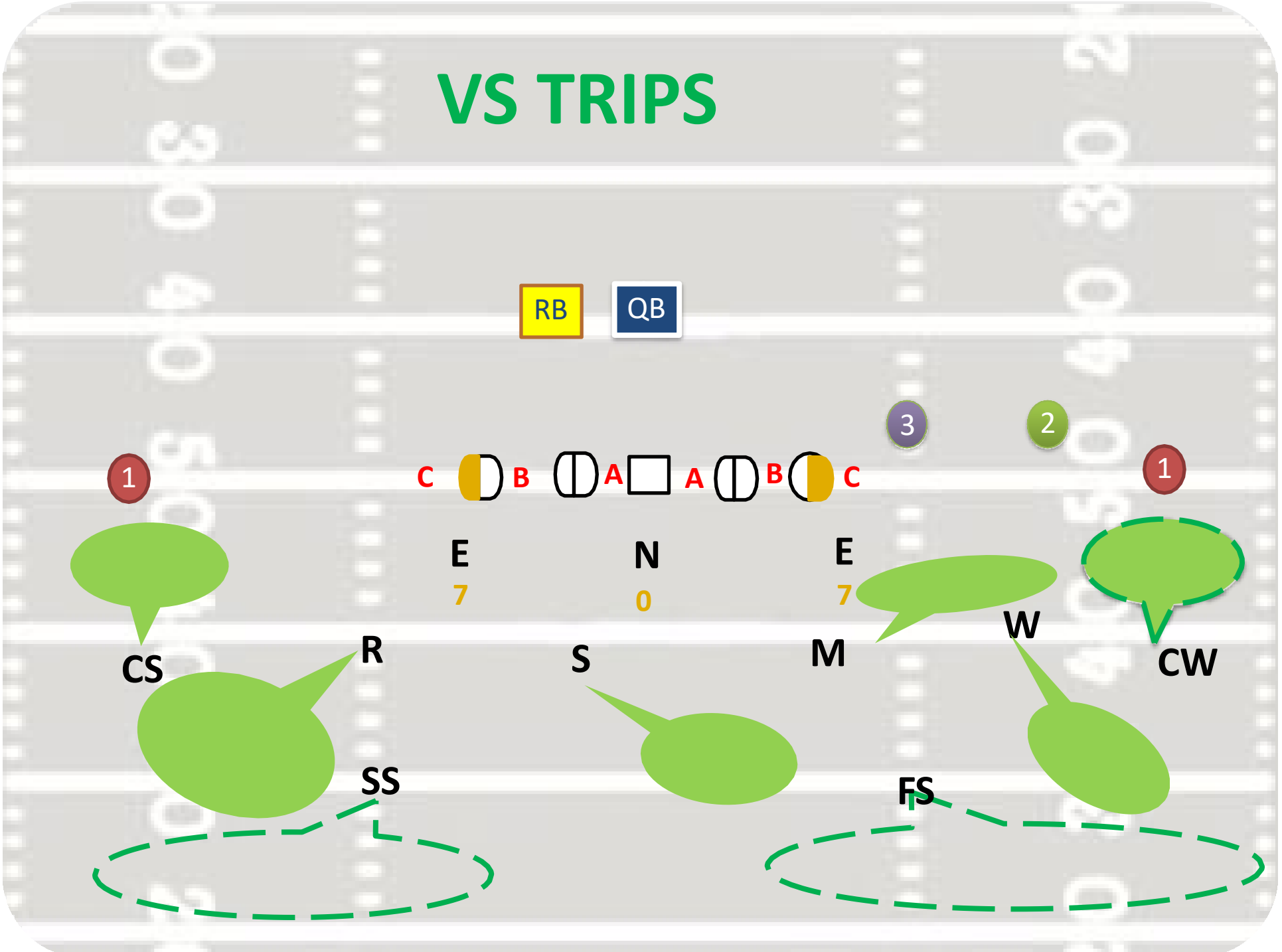
VS BALANCE FORM



GREEN

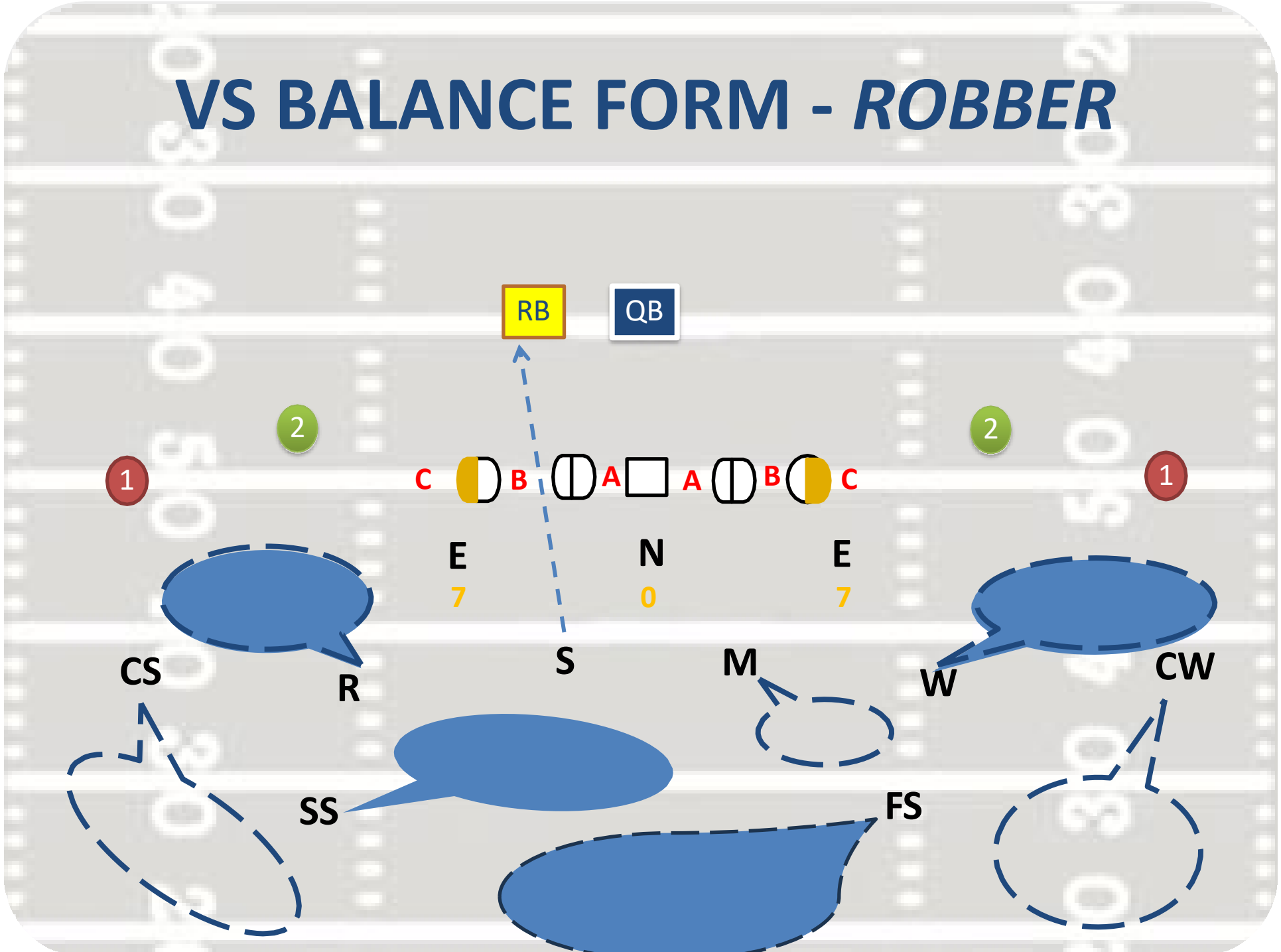
COVER 2

POSSIBILE JAM x CBS



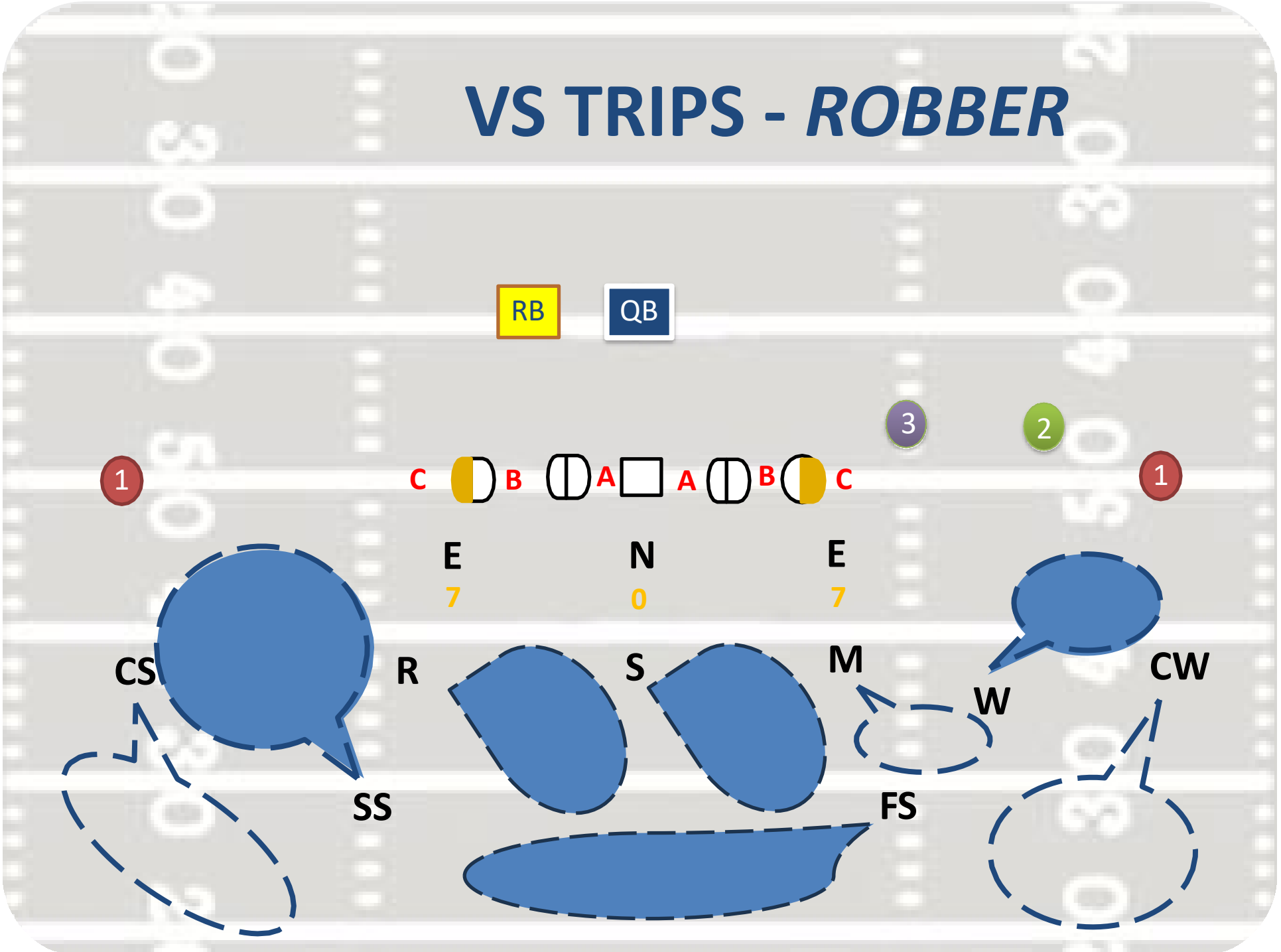
BLUE COVER 3

VS BALANCE FORM - *ROBBER*



BLUE COVER 3

VS TRIPS - *ROBBER*



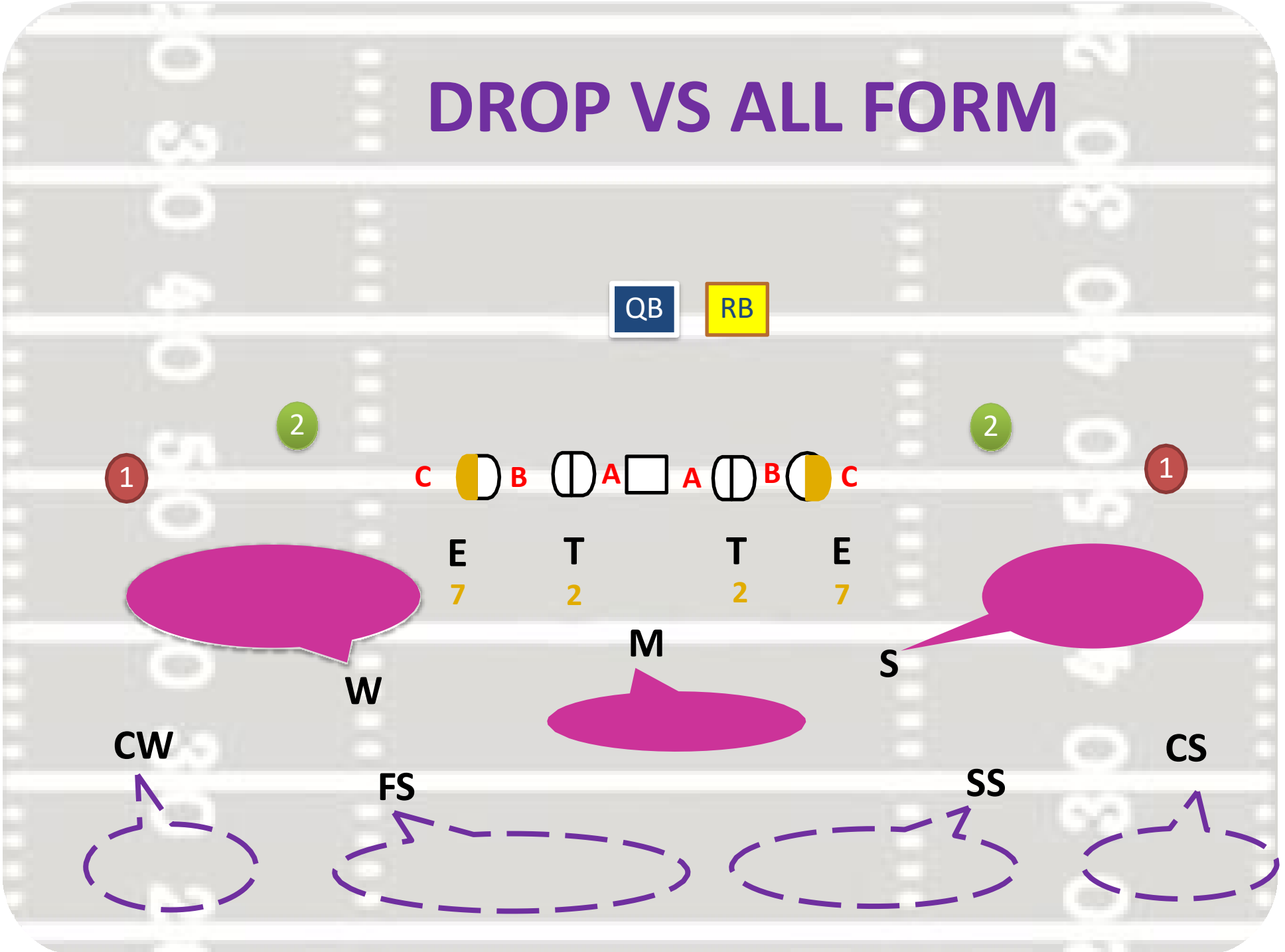
COVER 4 RULES

4-3 FRONT



PURPLE
COVER
4

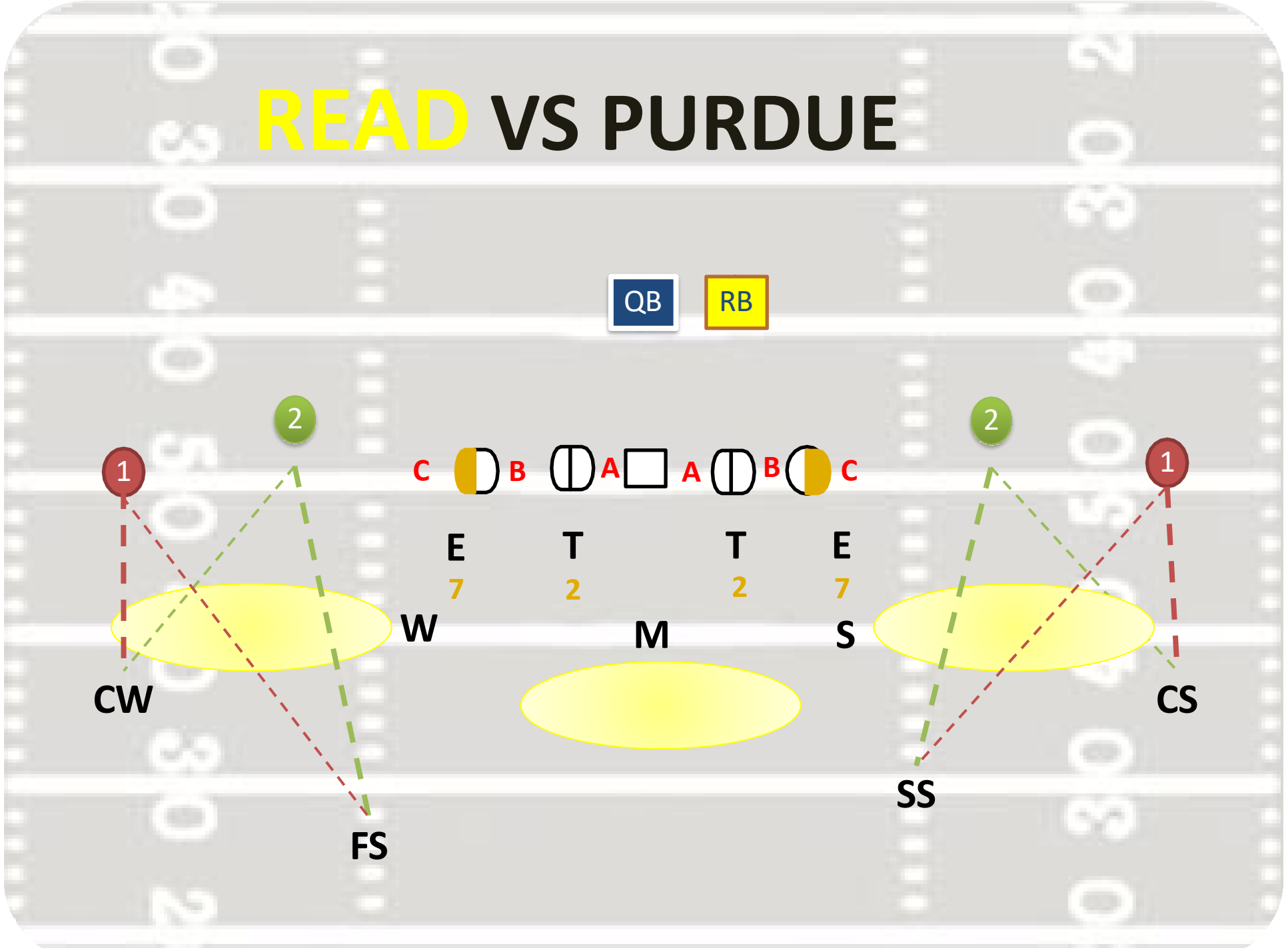
DROP VS ALL FORM



LIME COVER

I cornerback leggono dall'esterno verso l'interno e marcano la prima traiettoria profonda nella loro zona.
Le safety leggono dall'interno verso l'esterno e marcano la prima traiettoria profonda nella loro zona.
I OLB hanno le traiettorie corte esterne.

READ VS PURDUE

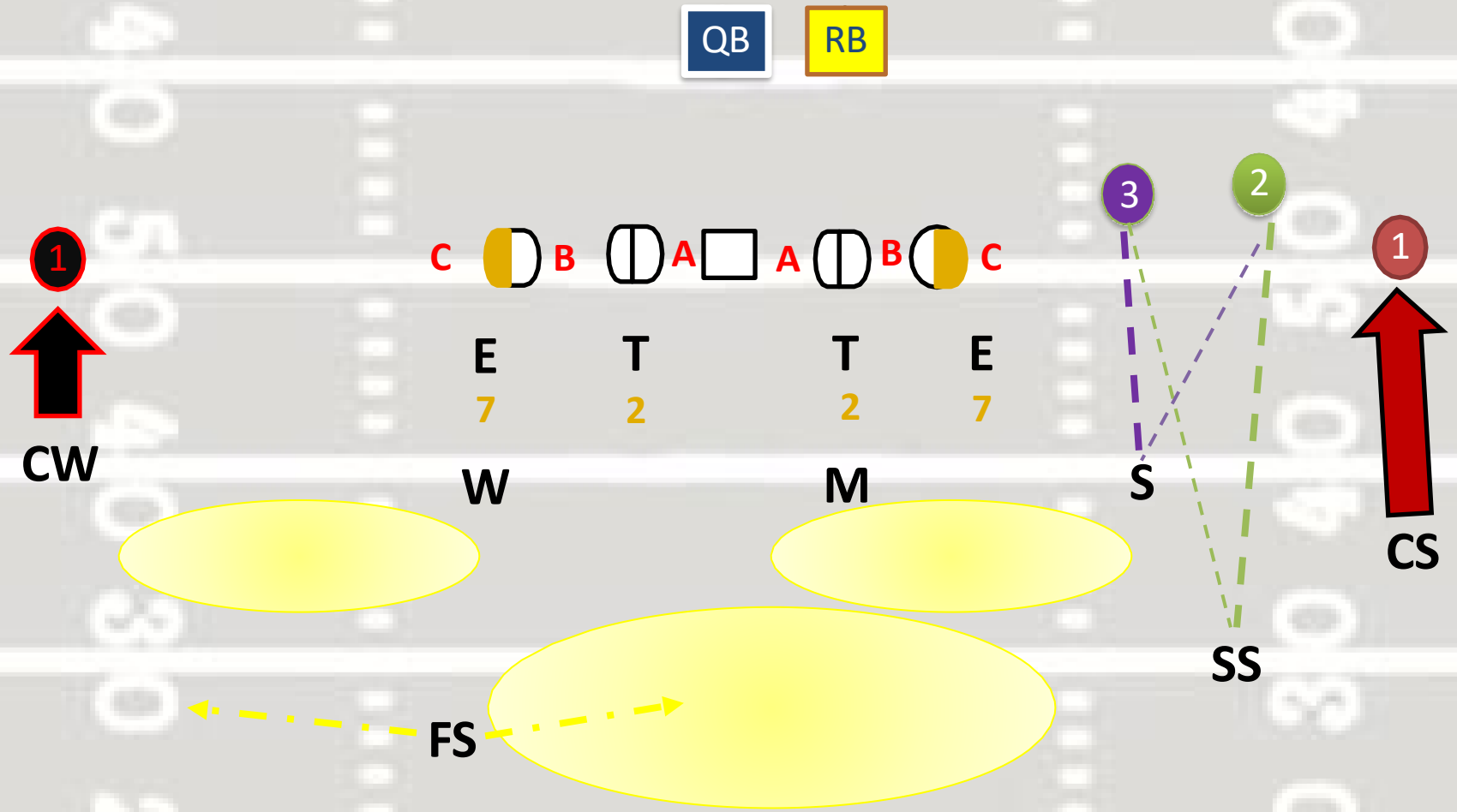


LIME COVER

READ VS TRIPS

<u>Uomo a uomo diretto sul lato debole.</u>

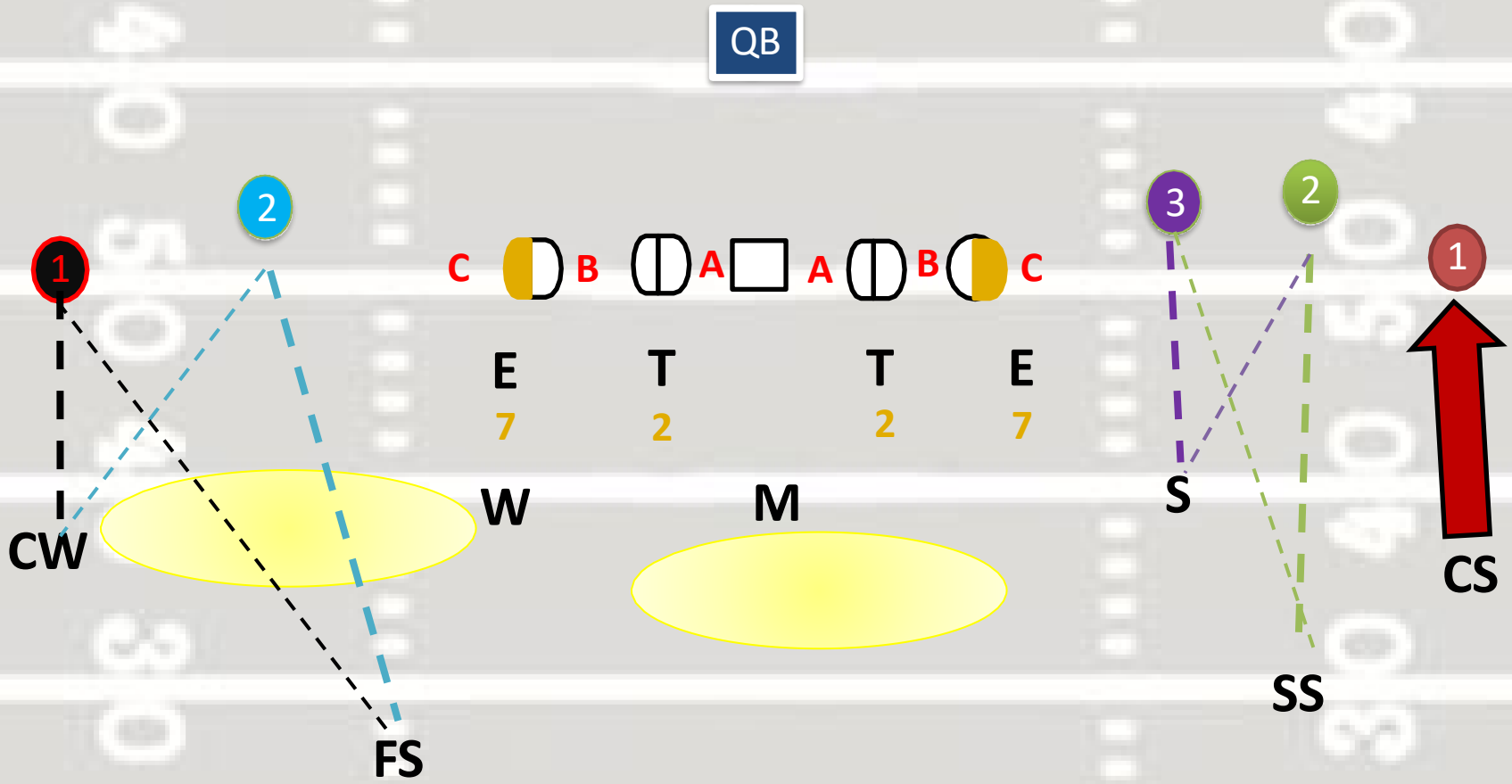
Sul lato forte.
Il cornerback lock #1
La strong safety leggerà il secondo ricevitore più interno fino al ricevitore #3 e marcherà una traiettoria profonda uscente.
La free safety cercherà di marcare una traiettoria profonda entrante dal ricevitore più interno o raddoppierà il ricevitore singolo sul lato.
SAM leggerà il ricevitore #3 fino al secondo ricevitore più interno e marcherà la prima traiettoria profonda interna.



LIME COVER

Le stesse regole per 2x2 si applicano al lato debole e le regole per 3x1 si applicano al lato forte.

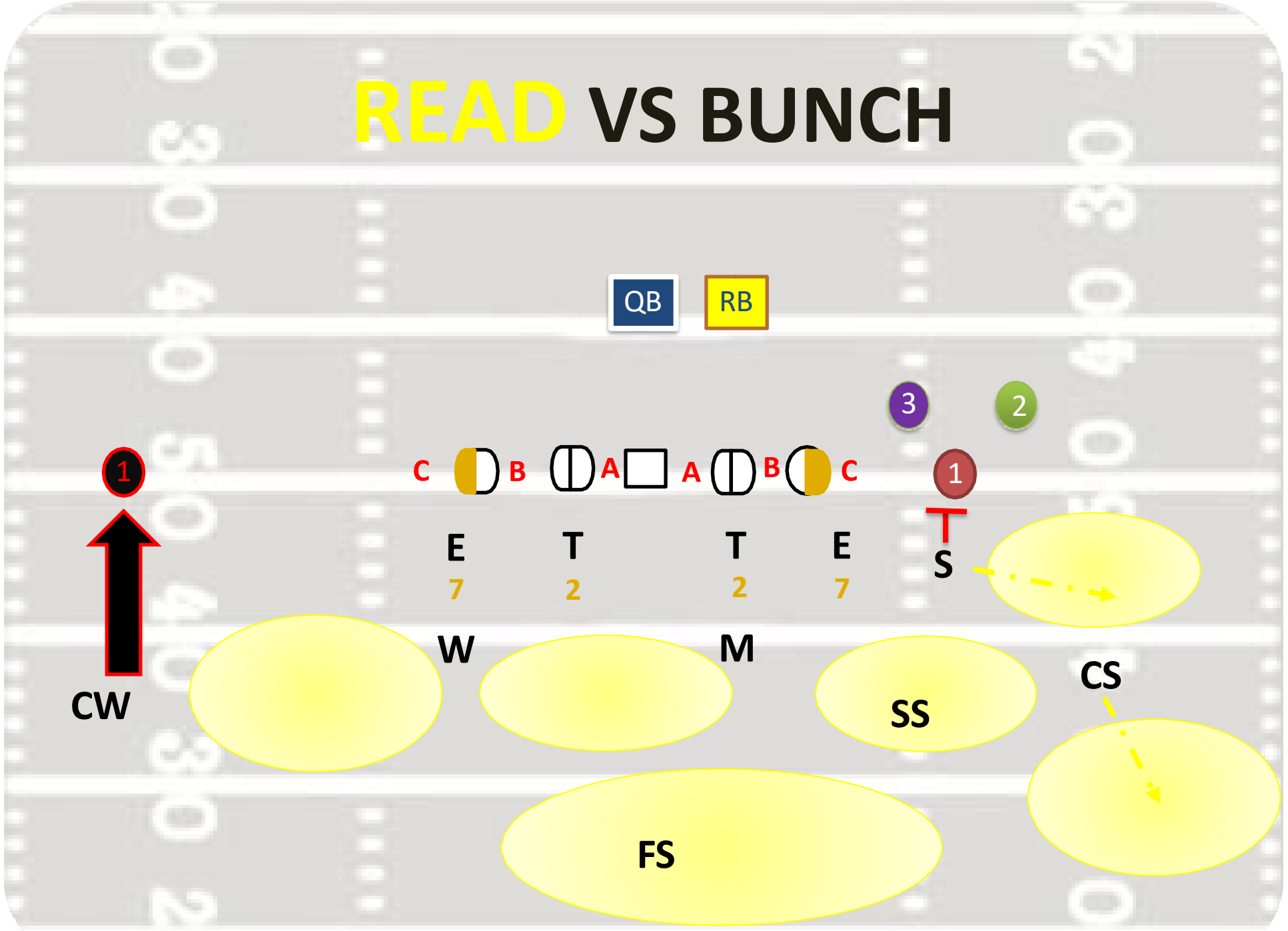
READ VS EMPTY



LIME COVER

READ VS BUNCH

box check contro formazioni bunch.
La SS marcherà una traiettoria profonda entrante,
CS marcherà una traiettoria profonda uscente,
S e SS marcheranno rispettivamente le traiettorie entranti e uscenti sotto.
Per bunch 3x1, la safety del lato debole si posizionerà per coprire 3 verticali sul lato bunch



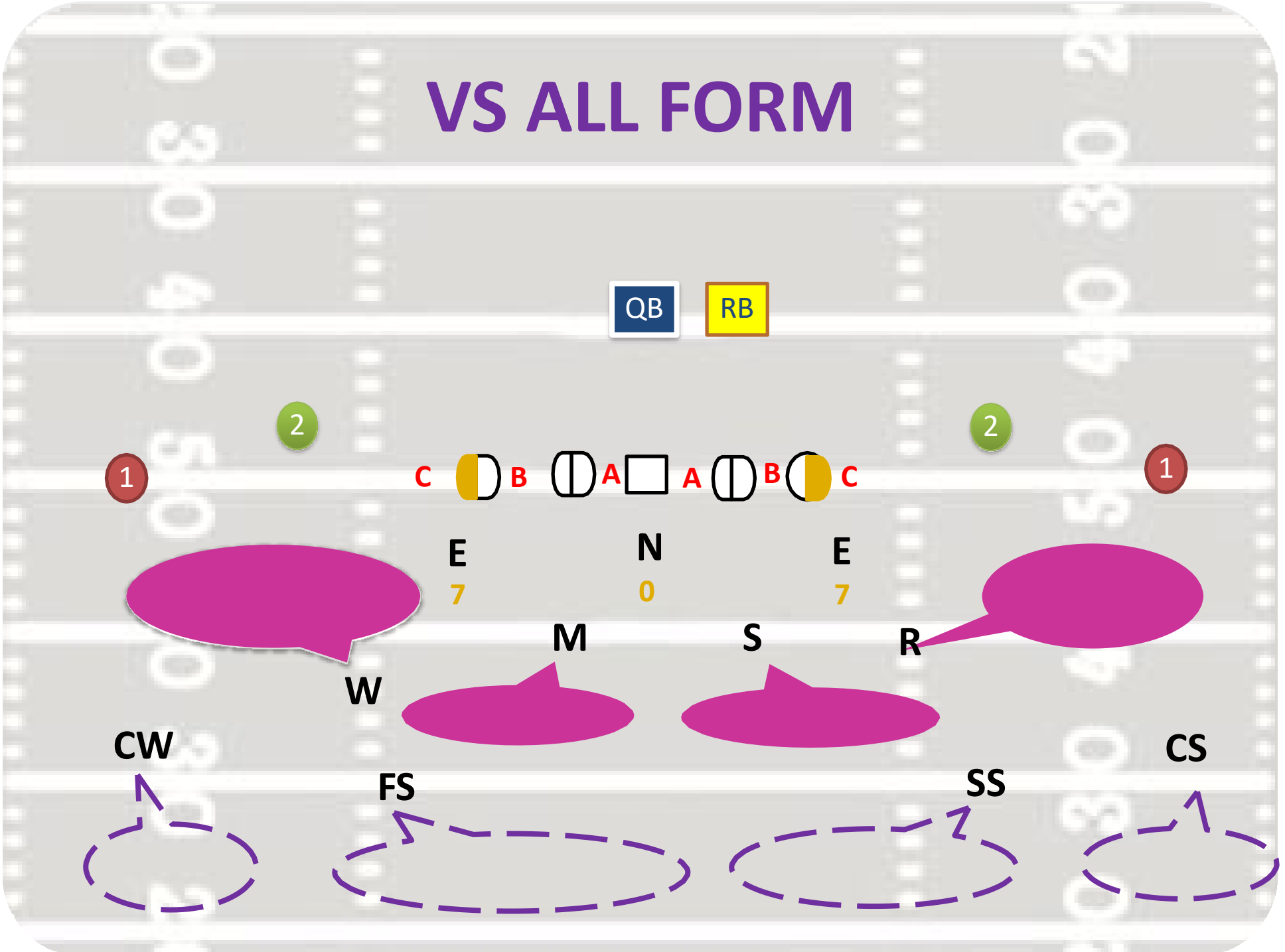
COVER 4 RULES

3-4 FRONT



PURPLE COVER 4

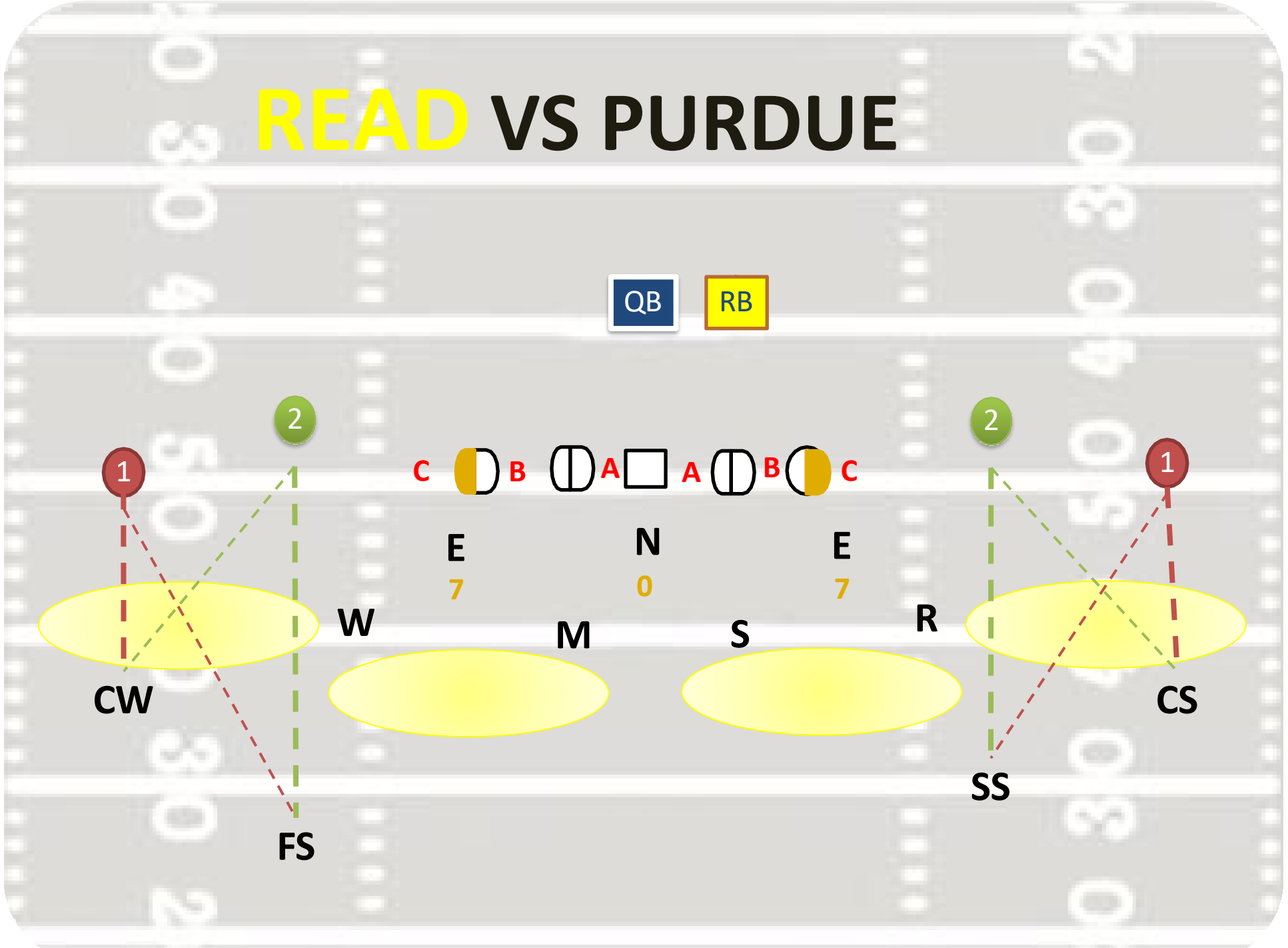
VS ALL FORM



LIME COVER

READ VS PURDUE

I cornerback leggono dall'esterno verso l'interno e marcano la prima traiettoria profonda nella loro zona.
Le safety leggono dall'interno verso l'esterno e marcano la prima traiettoria profonda nella loro zona.
I OLB hanno le traiettorie corte esterne.



LIME COVER

READ VS TRIPS

Uomo a uomo diretto sul lato debole.

Sul lato forte.
Il cornerback lock #1
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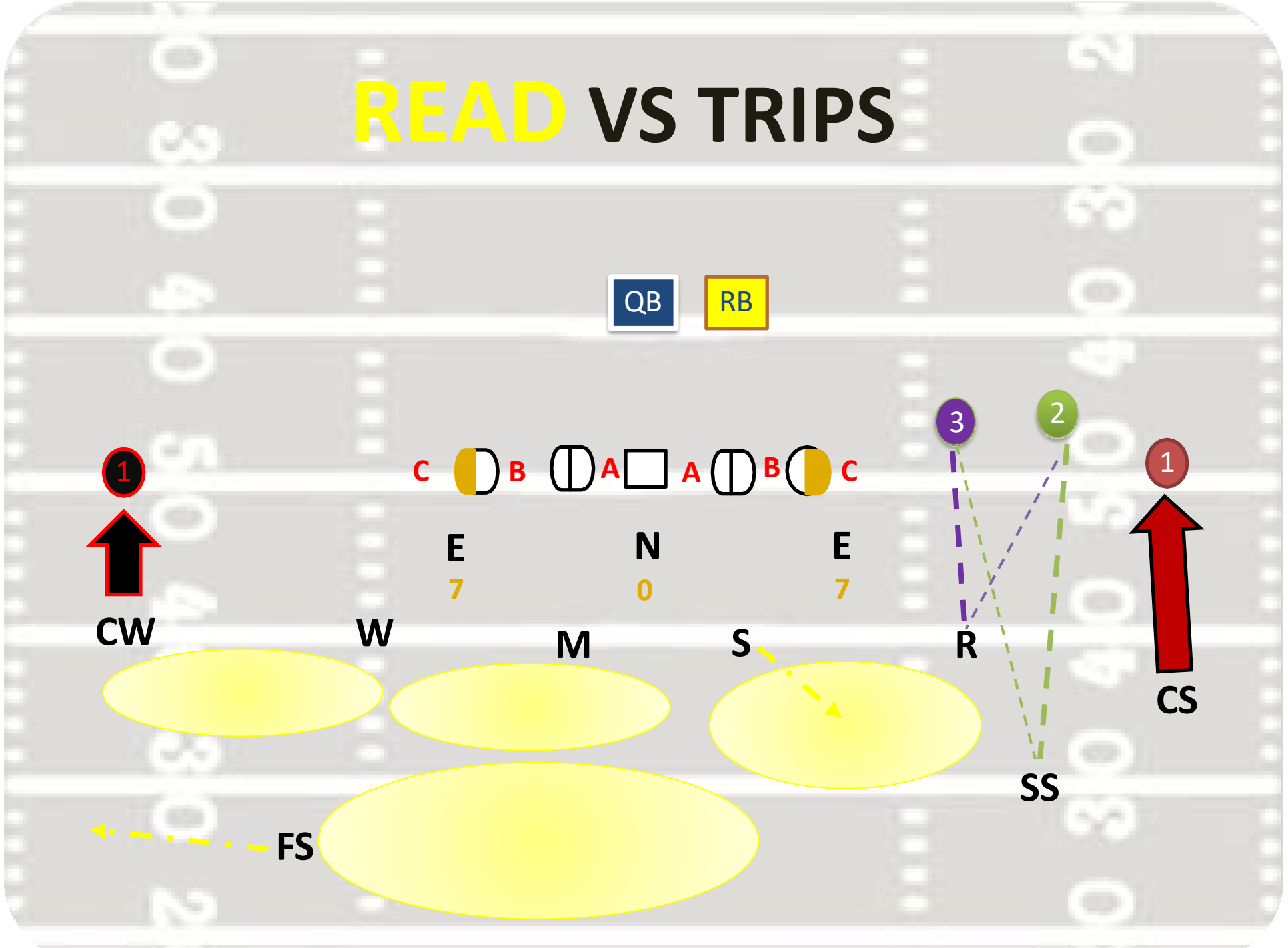
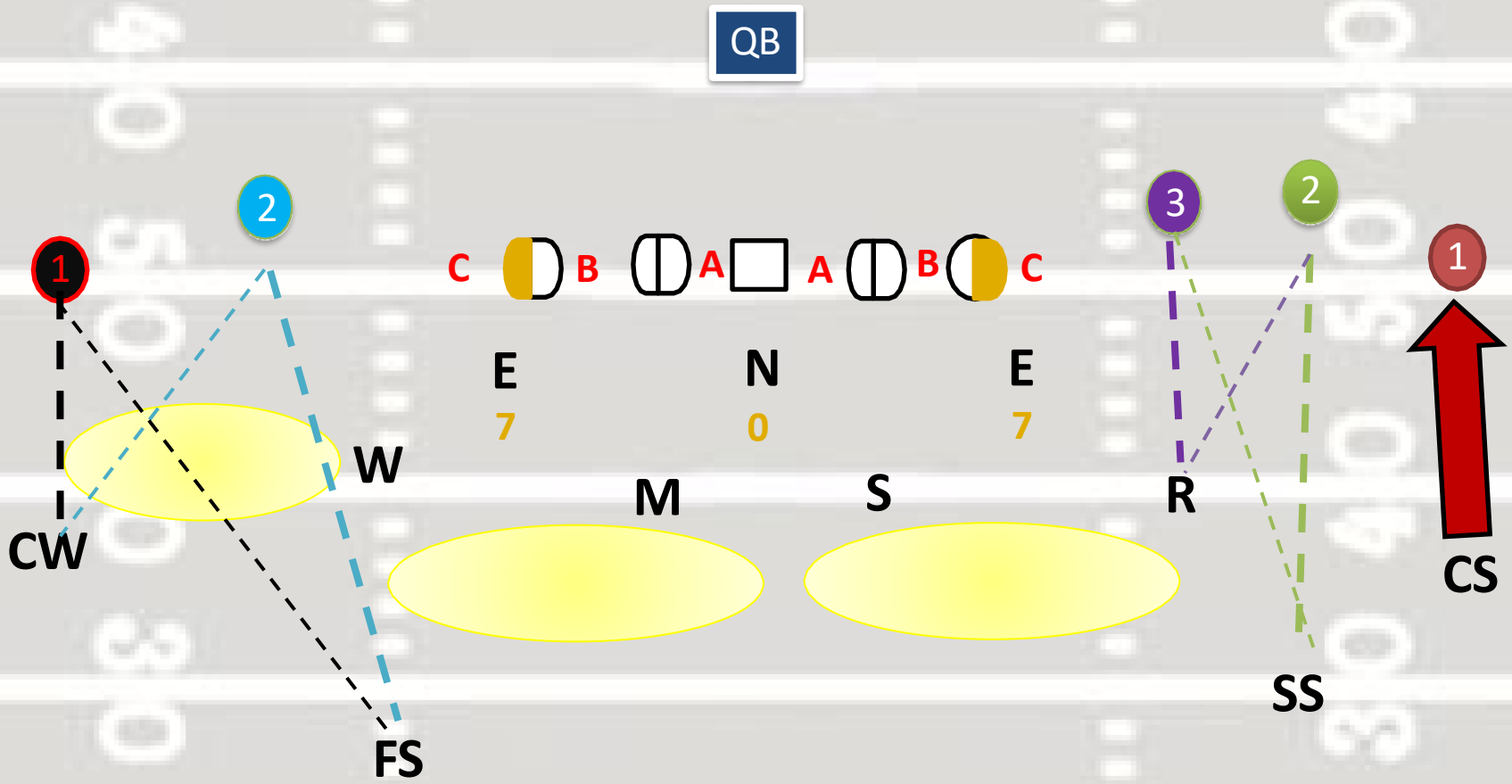
La free safety cercherà di marcare una traiettoria profonda entrante dal ricevitore più interno o raddoppierà il ricevitore singolo sul lato.
R leggerà il ricevitore #3 fino al secondo ricevitore più interno e marcherà la prima traiettoria profonda interna.



LIME COVER

Le stesse regole per 2x2 si applicano al lato debole e le regole per 3x1 si applicano al lato forte.

READ VS EMPTY



LIME COVER

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S e SS marcheranno rispettivamente le traiettorie entranti e uscenti sotto.
Per bunch 3x1, la safety del lato debole si posizionerà per coprire 3 verticali sul lato bunch

READ VS BUNCH

